

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – MAY 2016

Time: Three Hours

Max. Marks: 75 Marks

PSYCHOLOGY (RS - 3)

Q.P. CODE: 1758

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define mental hygiene and discuss the principles of mental hygiene in various stages of life.
2. Discuss briefly the theories of motivation.
3. Elaborate on the factors influencing learning.

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Importance of aptitude
5. Role of the nurse in guidance and counseling
6. Normal changes due to old age
7. Creative thinking
8. Stress control
9. Neurotransmitters
10. Significance of individual differences
11. Strategies to promote mental health
12. Alterations in personality

SHORT ANSWERS

10 x 2 = 20 Marks

13. Define adjustment.
14. Types of perception
15. Vulnerable groups
16. Define frustration.
17. Steps to eliminate distraction
18. List the types of sensation.
19. List the tools of thinking
20. Stressors
21. Cognitive process
22. Mnemonics
