

NURSB - 1687 - GROWTH AND DEVELOPMENT - GDTP (FEBRUARY-2010)_FEBRUARY-10 (APR-10).doc

Rajiv Gandhi University of Health Sciences, Karnataka

Second year B.Sc. (Nursing - Basic) Degree Examination – Feb - 2010

Time: Three Hours

Max. Marks: 80 Marks

GROWTH & DEVELOPMENT INCLUDING NUTRITION (Revised Scheme)

Q.P. CODE: 1687

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Write the developmental tasks of pre-school child
b) Social and emotional development of pre-school child
2. a) Explain the physiological and psychological changes in old age
b) Health problems and health needs of elderly
3. a) What are proteins? b) Write the types, sources and requirements of proteins
c) Explain the deficiency disorders of protein

SHORT ESSAYS (Answer any Eight)

8 x 5 = 40 Marks

4. Plan a diet for lactating mother
5. Effects of heat on cooking
6. Food adulteration and its prevention
7. Embryonic development
8. Preservation of water
9. Nutritional needs of adolescents
10. Preparation for marriage
11. Weaning
12. Intellectual development of school child
13. Vitamins

SHORT ANSWERS

10 x 2 = 20 Marks

14. Anaemia
15. Clear fluids
16. Balanced diet
17. Food preservation
18. Minerals
19. Meaning of growth and development
20. Macronutrients
21. Expectant mother
22. Define nutrition
23. Freud's theory
