

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. (Nursing - Basic) Degree Examination – April 2014

Time: Three Hours

Max. Marks: 80 Marks

GROWTH & DEVELOPMENT INCLUDING NUTRITION (Revised Scheme) **Q.P. CODE: 1687**

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Explain the factors influencing growth and development with suitable examples.
2. Discuss the physical growth and psychosocial development of infants.
3. Explain the concept of a Balanced Diet. Discuss steps would you consider while planning a diet plan for an Adolescent girl.

SHORT ESSAYS (Answer any Eight)

8 x 5 = 40 Marks

4. Psychosexual theory.
5. Development of organs in the fetal period.
6. Neuromuscular development of the newborn.
7. Preparation for schooling.
8. Developmental tasks of early adulthood.
9. Assessment of elderly.
10. Guidance during adolescent period.
11. Recommended dietary allowance for a Pregnant women.
12. Types, sources and requirement of fat.
13. Storage and preservation of food items.

SHORT ANSWERS

10 x 2 = 20 Marks

14. Soups.
15. Requirements of water.
16. Micronutrients.
17. Sources of Proteins.
18. Weaning.
19. Developmental task of old age.
20. Toilet training.
21. Teratogens.
22. Sibling rivalry.
23. Food adulteration.
