

# Rajiv Gandhi University of Health Sciences, Karnataka

**II Year B.Sc. (Nursing - Basic) Degree Examination – ARPIL 2018**

**Time: Three Hours**

**Max. Marks: 80 Marks**

## **GROWTH & DEVELOPMENT INCLUDING NUTRITION**

**(Revised Scheme)**

**Q.P. CODE: 1687**

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

### **LONG ESSAYS (Answer any Two)**

**2 x 10 = 20 Marks**

1. a) Define growth and development.  
b) Explain the principles of growth and development. (2+8)
2. Describe the behavioural problems of toddlers
3. a) Classify carbohydrates  
b) Explain sources, requirements and deficiency of carbohydrates (2+8)

### **SHORT ESSAYS (Answer any Eight)**

**8 x 5 = 40 Marks**

4. Psychosexual theory
5. Development task of early adulthood
6. Food selection, storage and preservation
7. Factors influencing foetal development
8. Nutritional requirement of a lactating mother
9. Diet plan for adolescent age group
10. Vitamin a deficiency disorders
11. Effect of heat on cooking of food
12. Importance of breast feeding
13. New born appraisal

### **SHORT ANSWERS**

**10 x 2 = 20 Marks**

14. Anthropometric measurement
15. Thumb Sucking
16. Kwashiorkor
17. APGAR score
18. List the health problems of elderly
19. Micronutrients
20. Classification of proteins
21. Genetic counseling
22. Rickets
23. Food adulteration

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