

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. (Nursing - Basic) Degree Examination – 01-Dec-2020

Time: Three Hours

Max. Marks: 80 Marks

GROWTH & DEVELOPMENT INCLUDING NUTRITION

(Revised Scheme)

Q.P. CODE: 1687

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Discuss the characteristics of Newborn. Explain the immediate adjustment of newborn to extra-uterine life.
2. Discuss development of secondary sexual characteristics in adolescence and the changes taking place in both male and female.
3. Discuss the nutritional requirements during pregnancy and lactation. Prepare a 24 hours diet plan for pregnant mother.

SHORT ESSAYS (Answer any Eight)

8 x 5 = 40 Marks

4. Factors influencing fetal development
5. Methods of cooking
6. Problems of old age
7. Sources and deficiency of minerals
8. Protein energy malnutrition
9. Marital adjustment
10. Advantages of breast feeding
11. Appraisal of infant
12. Sources, requirements and deficiency of vitamin C.
13. Nutritional needs of Teenagers

SHORT ANSWERS

10 x 2 = 20 Marks

14. Define Balanced diet.
15. Rickets
16. Functions of Protein
17. Define growth and development.
18. Emotional preparation for success in school
19. Vitamin 'K'
20. Freud theory
21. Sex education
22. RDA
23. Embryo
