

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. (Nursing - Basic) Degree Examination – 03-Jan-2025

Time: Three Hours**Max. Marks: 80****GROWTH AND DEVELOPMENT INCLUDING NUTRITION – (RS)****Q.P. CODE: 1687**

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)**2 x 10 = 20 Marks**

1. a) Define growth and development
b) Explain the psychosocial (Erikson) theories of growth and development
2. a) Define balance diet
b) Prepare a diet plan for a pregnant woman
3. a) Define cooking
b) Explain different methods of cooking

SHORT ESSAYS (Answer any Eight)**8 x 5 = 40 Marks**

4. Immunization schedule
5. Explain in detail vitamin D
6. Explain immediate new-born care
7. Explain the factors influencing on growth and development
8. Explain the functions of water
9. Define food adulteration and explain in detail food adulteration act
10. Sex education
11. Explain the physical changes during puberty
12. Explain the different methods used nutritional assessment
13. Explain nurses role in prevention of accidents among toddlers

SHORT ANSWERS**10 x 2 = 20 Marks**

14. Hypernatremia and Hyperkalemia
15. Mention the four functions of sodium
16. Mention the different methods of food preservation
17. DPT vaccine
18. Initiative Vs Guilt
19. Mention the immediate need of a New – born
20. Mention four difference between Kwashiorkor and Marasmus
21. Associative play and parallel play
22. Mention the water and fat soluble vitamins
23. Mention the factors influencing on balance diet
