

# Rajiv Gandhi University of Health Sciences, Karnataka II Year B.Sc. (Nursing - Basic) Degree Examination - 03-Mar-2023

Time: Three Hours Max. Marks: 80 Marks

## GROWTH AND DEVELOPMENT INCLUDING NUTRITION - (RS) Q.P. CODE: 1687

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. Define growth and development. Explain in detail about growth and development of toddlers
- 2. What is the Calorie requirement of Preschool children? Plan a detailed menu for preschooler
- 3. Define Nutrients. Classify Nutrients and elaborate in detail about proteins

#### **SHORT ESSAYS (Answer any Eight)**

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Factors influencing growth and development
- 5. Sources and importance of fat in the diet
- 6. List and explain the Freud's theory of psychosexual development
- 7. Stages of Embryonic development
- 8. Transitional adjustment of normal newborn
- 9. Plan a menu for school age children
- 10. Current trends and issues in pediatric nursing practices
- 11. Importance of sexual education in early adolescence
- 12. Physiological and psychological changes in old age groups
- 13. Values of play in children

#### SHORT ANSWERS

 $10 \times 2 = 20 \text{ Marks}$ 

- Define preterm baby
- 15 Sources of Vitamin A
- 16. Define enuresis and encopresis
- 17. Sibling rivalry
- 18. List optional vaccines
- 19. Define marasmus
- 20. Oedipal complex
- 21. Xerophthalmia
- 22. Infant Colic
- 23. Family centered care

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