

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. (Nursing - Basic) Degree Examination – MAY 2016

Time: Three Hours**Max. Marks: 80 Marks**

GROWTH & DEVELOPMENT INCLUDING NUTRITION (Revised Scheme) **Q.P. CODE: 1687**

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)**2 x 10 = 20 Marks**

1. Discuss Freud's theory of growth and development.
2. What are food groups? Explain their role in balanced diet.
3. List and describe the factors influencing Foetal development.

SHORT ESSAYS (Answer any Eight)**8 x 5 = 40 Marks**

4. Immediate adjustment of newborn.
5. Social problems of infant (1 month to 1 year).
6. Guidance during 1-5 years age of child.
7. Describe about the macronutrients.
8. Explain the effects of heat on cooking of foods.
9. Write the Psychological changes in senior citizens.
10. Importance of Growth chart.
11. Explain the purpose of cooking.
12. What are the methods of Food storage?
13. Developmental tasks of adult hood.

SHORT ANSWERS**10 x 2 = 20 Marks**

14. Mention the types of minerals.
15. Enumerate the techniques of breast feeding.
16. PICA.
17. Menarche.
18. Thumb sucking.
19. Define Recommended dietary intake.
20. Enumerate the Sources of Vitamin A.
21. Define Nutritional Anaemia.
22. Define Fatty acids.
23. RDA for protein.
