

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. (Nursing - Basic) Degree Examination – 31-May-2022

Time: Three Hours**Max. Marks: 80 Marks****GROWTH AND DEVELOPMENT INCLUDING NUTRITION****(OS & RS)****Q.P. CODE: 1687**

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any Two)**2 x 10 = 20 Marks**

1. Explain the principles of growth and development.
2. Explain Freud theories of growth and development.
3. Explain physical, physiological, psychosocial growth and development of adolescent.

SHORT ESSAYS (Answer any Eight)**8 x 5 = 40 Marks**

4. Describe physical growth and development of infant.
5. Describe the cognitive and social development of school age child.
6. Describe the physical and psychological changes affecting the old age person.
7. Explain the types, sources, functions and deficiency disorders of protein.
8. Explain micronutrients and macronutrients.
9. Explain the parental guidance for common behavioural problems of toddlers.
10. Describe the dietary sources, daily requirements and deficiency disorder of vitamin A.
11. Explain the Erickson's theory of psychosocial development.
12. Describe principles of weaning.
13. Explain purpose and methods of cooking.

SHORT ANSWERS**10 x 2 = 20 Marks**

14. List the water soluble vitamins.
15. Mention examples of clear liquid diet.
16. What is planned parenthood?
17. Mention the sources and deficiency disorder of Iodine.
18. List common problems of middle age.
19. Define Nutrition.
20. List the common accidents in preschool children.
21. What is the importance of play in children?
22. What is the daily requirement of water for an adult?
23. List the sources of carbohydrate.
