

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. (Nursing - Basic) Degree Examination – OCT-2018

Time: Three Hours

Max. Marks: 80 Marks

GROWTH & DEVELOPMENT INCLUDING NUTRITION

(Revised Scheme)

Q.P. CODE: 1687

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Define Growth and Development.
b) explain the Growth and Development of a Pre-school child
2. a) Define Balanced diet.
b) Discuss the steps you would consider while planning a diet for an adolescent girl.
3. a) Explain the development tasks of a child from one to three years.
b) Describe the care and guidance to toddler during toilet training period.

SHORT ESSAYS (Answer any Eight)

8 x 5 = 40 Marks

4. Preparation for schooling
5. Types, sources and requirement of fat
6. Importance of Breast feeding
7. Psychological and social changes affecting old persons
8. Steps in planning balanced diet
9. Physical adjustment of new born
10. Functions and deficiencies of protein
11. Immunization Schedule
12. Behavioural problems of children
13. Factors Influencing food habits.

SHORT ANSWERS

10 x 2 = 20 Marks

14. Temper tantrum
15. Fluid diet
16. Types of Amino acids
17. Needs of Infant
18. Sibling Rivalry
19. Weaning diet
20. Genetic Counseling
21. Micronutrients
22. Sources of iron.
23. Types of Carbohydrates
