

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. (Nursing - Basic) Degree Examination – OCT-2019

Time: Three Hours**Max. Marks: 80 Marks**

GROWTH & DEVELOPMENT INCLUDING NUTRITION (Revised Scheme) Q.P. CODE: 1687

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Define Growth and Development.
b) Discuss in detail the factors influencing growth and development.
2. a) Define balanced diet.
b) Discuss in detail the steps in planning balanced diet for a pregnant woman.
3. a) Explain functions, sources, requirement and deficiencies of Carbohydrates

SHORT ESSAYS (Answer any Eight)

8 x 5 = 40 Marks

4. Erickson's theory
5. Food adulteration and its prevention.
6. Purposes and methods of cooking.
7. Physiology and psychological changes affecting old age.
8. Physical development of an infant
9. Reflexes of newborn.
10. Vitamin D.
11. Sex education.
12. Extra uterine adaptation of newborn after birth
13. Problems of adulthood.

SHORT ANSWERS

10 x 2 = 20 Marks

14. Enuresis.
15. Anorexia Nervosa.
16. Fluid diet.
17. Weaning.
18. Sources of Vitamin C.
19. Micronutrients.
20. Empty nest syndrome.
21. Needs of Toddler.
22. Phallic stage.
23. Colostrum
