

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. (Nursing - Basic) Degree Examination – 15-Sep-2020

Time: Three Hours**Max. Marks: 80 Marks**

GROWTH AND DEVELOPMENT INCLUDING NUTRITION (REVISED SCHEME) Q.P. CODE: 1687

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)**2 x 10 = 20 Marks**

1. Discuss the factors influencing growth and development.
2. Explain balanced diet.
3. Describe Psychological and social changes of old age.

SHORT ESSAYS (Answer any Eight)**8 x 5 = 40 Marks**

4. Physical adjustment in newborn.
5. Developmental task of infant (1 month to 1 year).
6. Emotional development (1-5 years).
7. Vocational interests of the adolescents.
8. Importance of Sex education.
9. Explain Physiological changes of late maturity.
10. Explain the methods of cooking.
11. APGAR score.
12. Factors influencing Food habits.
13. Explain Relation of food to health.

SHORT ANSWERS**10 x 2 = 20 Marks**

14. List down the deficiencies of minerals.
15. Breast feeding.
16. Define scurvy.
17. Menopause.
18. Bed wetting.
19. Sources of iron.
20. Define Goiter.
21. Define Amino acids.
22. RDA for calcium.
23. Cholesterol.
