

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. (Nursing - Basic) Degree Examination – SEPTEMBER 2015

Time: Three Hours

Max. Marks: 80 Marks

GROWTH & DEVELOPMENT INCLUDING NUTRITION

(Revised Scheme)

Q.P. CODE: 1687

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Enumerate the physiological and psychological changes associated with ageing.
b) Discuss the safety precautions for the elderly people.
2. a) Discuss the importance of Sex education during adolescence.
b) Explain the physical growth from 6 year to 12 years age.
3. Write about types, sources, requirements and deficiency of proteins.

SHORT ESSAYS (Answer any Eight)

8 x 5 = 40 Marks

4. Secondary sexual characteristics
5. Weaning
6. Principles of growth and development
7. Normal problems of adulthood
8. Appraisal of newborn
9. Planned parenthood
10. Food preservation
11. Vitamins
12. Developmental task of an Infant
13. Premarital counseling

SHORT ANSWERS

10 x 2 = 20 Marks

14. Define Essential fatty acids.
15. Define Rickets and its prevention.
16. Importance of Breast feeding
17. Puberty
18. Types of Amino acids
19. Clear fluids
20. Types of carbohydrates
21. Fluid diet
22. Anthropometric measurement
23. Xerophthalmia
