

Q.P. CODE: 1781

## Rajiv Gandhi University of Health Sciences, Karnataka II Semester B. Sc Nursing Degree Examination - 18-Jun-2025

Time: Three Hours Max. Marks: 75

## NURSING FOUNDATION I & II (RS-6) Q.P. CODE: 1781 (QP Contains Two Pages)

Your answers should be specific to the questions asked Draw neat, labeled diagrams wherever necessary

LONG ESSAY 2 x 15 = 30 Marks

1. Define Sleep. Describe NREM and REM sleep. Explain the factors affecting rest and sleep.

2. Describe the types of Nursing Diagnosis statements with examples. Write briefly on the errors which can occur in Nursing Diagnostic statement with suitable examples

SHORT ESSAYS  $5 \times 5 = 25 \text{ Marks}$ 

- 3. Explain the non-pharmacological pain-relieving measures
- 4. What is first aid? Explain the scope of first aid management
- 5. Explain the methods of data collection from the client
- 6. Explain the nursing management of client with urinary retention
- 7. Write a short note on "subcutaneous administration of medication"

SHORT ANSWERS 4 x 2 = 8 Marks

- 8. Explain meaning of code of ethics
- 9. Outline the method of disinfection of soiled linen
- 10. List two indications of Bland Diet
- 11. Define Spiritual distress

## **Multiple Choice Questions**

 $12 \times 1 = 12 \text{ Marks}$ 

- 12. Among the following preventive levels, the true preventive level is
  - A. Primary prevention
  - B. Secondary prevention
  - C. Tertiary prevention
  - D. Focus prevention
- 13. The order of equipment and maintenance process in the hospital as follows:
  - A. Condemnation, Inventory, Maintenance and Procurement
  - B. Inventory, Condemnation, Procurement and Maintenance
  - C. Maintenance, Condemnation, Procurement and Inventory
  - D. Procurement, Inventory, maintenance and Condemnation
- 14. Hearing problem in communication is an example of
  - A. Physiological barrier
  - B. Psychological barrier
  - C. Social barrier
  - D. Environmental barrier



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- 15. If you make a mistake in record how should it be corrected?
  - A. With correction fluid
  - B. Scribble it out
  - C. Put a single line through the record
  - D. Tell your mentor
- 16. Absconding refers to
  - A. Patient runs away from the ward/hospital
  - B. Patient discharges from hospital against medical advice
  - C. Planned discharge
  - D. When patient cannot afford further treatment
- 17. A major advantage of Magnetic Resonance Imaging (MRI) is
  - A. It is inexpensive
  - B. It does not use ionizing radiation
  - C. It can be used for overweight/obese individuals
  - D. It can be used in patients with metallic foreign bodies
- 18. In the process of osmosis
  - A. Chloride ions follow the movement of sodium ions of a region of low concentration
  - B. Sodium ions move through a semi permeable membrane
  - C. Water moves from a region of low solute concentration to a region of high solute concentration
  - D. Water moves from a region of high solute concentration to a region of low solute concentration
- 19. A patient has both hearing and visual sensory impairments which psychological nursing diagnosis will the nurse add to the care plan
  - A. Impaired socialization
  - B. Impaired physical mobility
  - C. Risk for falls
  - D. Self-care deficit
- 20 The following is NOT a component of Hospice care
  - A. Terminal care
  - B. Pain management
  - C. Surgery
  - D. Spiritual care
- 21 A nurse assesses her/his own self concept by understanding:
  - A. One's thoughts, feelings, lifestyle.
  - B. Unaware of own attitudes, values and expectations.
  - C. Patients' values and beliefs.
  - D. Organization's values and principles
- 22. A 12-year-old girl is admitted in the medical ward with bronchial asthma and has lots of questions about the bodily changes that she is undergoing. The nurse's response would be to educate the girl on
  - A. Unwanted Pregnancy
  - B. Role of Hormones
  - C. Sexually transmitted diseases
  - D. Choosing life partner
- 23. The hormone released during stress response and impairs immune activity is
  - A. Estrogen
  - B. Thyroid
  - C. Cortisol
  - D. Parathormone

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