

## Rajiv Gandhi University of Health Sciences, Karnataka

III year B.Sc. Nursing Degree Examination - APRIL 2017

Time: Three Hours Max. Marks: 75 Marks

# MENTAL HEALTH NURSING (RS -2) O.P. CODE: 1770

Your answers should be specific to the questions asked Draw neat, labeled diagrams wherever necessary

### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. a) Define phobia.
  - b) List the various types of phobia.
  - c) Explain the management of phobia. (2+3+5)
- 2. a) What are the levels of prevention of mental health? Explain any one in detail.
  - b) Describe the mental health issues of an elderly client. (5+5)
- 3. a) What are sexual disorders?
  - b) Enlist classification of sexual disorders.
  - c) What is the nursing management for a client with sexual disorders? (2+3+5)

#### SHORT ESSAYS (Answer any Seven)

 $7 \times 5 = 35 Marks$ 

 $10 \times 2 = 20 \text{ Marks}$ 

- 4. Briefly explain the Mental Health Act of 1987.
- 5. Enlist the types of schizophrenia. Explain any one in detail.
- 6. Describe the nursing management of a 65 years old elderly client with dementia.
- 7. Explain the types of crisis and crisis intervention.
- 8. Management of child with mental retardation
- 9. Explain the nursing management of a client with alcohol withdrawal syndrome.
- 10. Discuss the management of client with post traumatic stress disorder.
- 11. Describe the side effects of antidepressants.
- 12. Define ECT. Explain the nurse's role during ECT.

#### SHORT ANSWERS

- 13. Define Perseveration.
- 14. List four clinical features of depression.
- 15. Define Akathesia.
- 16. Differentiate echolalia and echopraxia.
- 17. Conversion disorder
- 18. Name four psychological assessment tests.
- 19. Differentiate illusion and hallucination.
- 20. List the phases of nurse patient therapeutic relationship.
- 21. Meaning of Behaviour therapy
- 22. List any six alternative systems of medicine used for mentally ill clients.

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