

# Rajiv Gandhi University of Health Sciences, Karnataka

III year B.Sc. Nursing Degree Examination – APIRL 2018

**Time: Three Hours**

**Max. Marks: 75 Marks**

## MENTAL HEALTH NURSING (RS -2)

**Q.P. CODE: 1770**

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

### LONG ESSAYS (Answer any Two)

**2 x 10 = 20 Marks**

1. a) Define mental health nursing.  
b) List the principles of mental health nursing.  
c) What are the factors that cause mental illness? (2+3+5)
2. a) List the various treatment modalities used for mental disorders.  
b) What is the role of a nurse during electro convulsive therapy? (5+5)
3. a) Define schizophrenia.  
b) What are the clinical manifestations of paranoid schizophrenia?  
c) What is the nursing management of a client with paranoid schizophrenia? (2+3+5)

### SHORT ESSAYS (Answer any Seven)

**7 x 5 = 35 Marks**

4. Describe the role of alternative systems of medicine in psychiatric nursing.
5. Explain the mental health services available at various levels.
6. Clinical types of OCD
7. Explain mental status examination of a client.
8. What is EPS? Management of a client with EPS
9. Management of a child with mental retardation
10. Define dementia and explain the stages.
11. ICD-10 classification of mental disorders
12. Nursing management of a client with suicidal tendency

### SHORT ANSWERS

**10 x 2 = 20 Marks**

13. Enlist the types of Eating disorders.
14. Define delusion.
15. Detoxification in substance use disorder
16. Psychodrama
17. Differentiate mental health and mental illness.
18. Define Post traumatic stress disorder.
19. Name two radiological assessment tests in mental health.
20. Differentiate tangentiality and circumstantiality.
21. Indications of Time out
22. List the types of memory.

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