

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - 20-Feb-2020

Time: Three Hours**Max. Marks: 100 Marks****SWASTHAVRITHA - PAPER-II (RS-3)****Q.P. CODE: 1262**

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS**2 x 10 = 20 Marks**

1. Define 'Nisargachara' and explain Jala Chikitsa.
2. Define Family Planning and write contraceptive methods.

SHORT ESSAYS**10 x 5 = 50 Marks**

3. Pathyaapathya during Yogabhyasa.
4. Panchakosha.
5. Upavasa chikitsa.
6. Hatha Yoga.
7. Bhujangasana.
8. Role of Ayurveda in Primary Health Care.
9. Functions of PHC.
10. Universal Immunization Programme.
11. Postal Natal Care.
12. Under-Five's clinic.

SHORT ANSWERS**10 x 3 = 30 Marks**

13. Nadi shudhi lakshana.
14. Naishtiki chikitsa.
15. Yoga sidhikara bhava.
16. Acidic Diet.
17. Jalandhara Bandha.
18. Bharat Sevak Samaj.
19. Qualitative data.
20. Anganawadi Worker.
21. Life Expectancy.
22. Mean.
