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- 1. What is stress? Explain its effect on psychological functioning and physical health.
- What are physical, cognitive and socio-emotional developments in adolescence?

SHORT ESSAYS 10 X 5 = 50 Marks

- Operant conditioning.
- 4. Cognitive development in childhood.
- Phobia.
- Memory and types of memory.
- Triangular theory of love.
- Types of Schizophrenia.
- Sleep and dreams.
- Psychodynamic approaches to Personality.
- 11. Maslow's hierarchy of needs.
- Psychosexual dysfunction.

Multiple Choice Questions

10 X 1 = 10 Marks

- 13. The whole is greater than the sum of its parts is represented by which of the following?
 - a) The Gestalt psychologists
 - b) The behaviorists
 - c) The structuralists
 - d) The functionalists
- According to Freud, the mind's three components are:
 - a) Id, ego, superego
 - b) Unconscious, moral, immoral
 - c) Oral, anal, phallic
 - d) Primary, secondary, tertiary
- perspective is often referred to as the 'third force' in psychology and focuses on a person's freedom of choice in determining their behavior.
 - a) Biopsychological
 - b) Behaviorism
 - c) Cognitive
 - d) Humanistic
- The three functions of memory are
 - a) automatic processing, effortful processing and storage
 - b) encoding, processing and storage
 - automatic processing, effortful processing and retrieval
 - d) encoding, storage and retrieva

Page 1 of 2





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- In Schizophrenia, psychotic symptoms such as hallucinations, delusions, disorganized speech and catatonic behaviours are known as:
 - a) Negative symptoms
 - b) Positive symptoms
 - c) Mediating symptoms
 - d) Catastrophic symptoms
- 20. Who is well-known for his "modeling techniques" or "techniques of observational learning"?
 - a) Pavlov
 - b) J.B Watson
 - c) B.F Skinner
 - d) Albert Bandura
- 21. Psychology is the scientific study of _____ and cognitive functions.
 - a) Intelligence
 - b) Memory
 - c) Behavior
 - d) personality
- 22. Tip-of -the-tongue phenomenon is also known as
 - a) Persistence
 - b) Misattribution
 - c) Transience
 - d) Blocking





