



1. Explain the history of development of hydrotherapy as a treatment modality.
2. Name different treatment modalities in Hydrotherapy. Explain full immersion bath.

SHORT ESSAYS

10 X 5 = 50 Marks

3. Discuss the management of Migraine through Hydrotherapy.
4. Discuss the management of Bronchial Asthma through Hydrotherapy.
5. Explain Graduated Bath with indication and contraindication.
6. Explain Gastric Lavage.
7. Define action and reaction. Add a note on different types of reaction.
8. Write the difference between Tonic and Atonic Effect.
9. Name different reflex areas and effect of hot on these areas.
10. Discuss the management of Obesity through Hydrotherapy.
11. Explain Percussion Douche and Fog Douche.
12. Explain Revulsive and Derivative effect.

Multiple Choice Questions

10 X 1 = 10 Marks

13. _____ has shown that general cold application increases the alkalinity of blood
 - a) Crawford
 - b) Strasser
 - c) Henocque
 - d) D' Arsonval
14. Lower dorsal spine and the epigastrium is reflexly related with _____
 - a) Kidney
 - b) Brain
 - c) Stomach
 - d) Lungs
15. _____ showed enhanced absorption from the GIT after cold douche
 - a) Fleury
 - b) Currie
 - c) Winternitz
 - d) Lungs
16. _____ reaction gives rise to unpleasant symptoms
 - a) Complete
 - b) Incomplete
 - c) Suppressed
 - d) Thermic





The secondary effect of an application of heat is _____

- a) Depressant
- b) Sedative
- c) FirstRanker's choice
- d) All the above

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19. Absorption of exudates in joints or muscles is _____ effect

- a) Resolvent
- b) Tonic
- c) Analgesic
- d) Alterative

20. Indications of increased heat production are _____

- a) Flushed face
- b) Warm moist skin
- c) Hot dry skin
- d) All the above

21. Hydrophore of Shutz is used for the irrigation of _____

- a) Colon
- b) Urethra
- c) Stomach
- d) Bladder

22. Stimulation of perspiration is _____ effect

- a) Calorific
- b) Tonic
- c) Sudorific
- d) Derivative

