



LONG ESSAYS

1. Explain diseases of respiratory system and their management in naturopathy.
2. List out various cancers and their management in naturopathy.

SHORT ESSAYS

10 X 5 = 50 Marks

3. Naturopathy management in Acid peptic disease
4. Naturopathy management in PTSD
5. Naturopathy management in Headache
6. Naturopathy management in Chronic fatigue syndrome
7. Naturopathy management in Osteo arthritis
8. Naturopathy management in Aging
9. Naturopathy management in Obesity
10. Naturopathy management in Scoliosis
11. Naturopathy management in Fever
12. Naturopathy management in Jaundice

Multiple Choice Questions

10 X 1 = 10 Marks

13. Select the true statement from the following:
 - a) The older we get, the greater is our risk to develop high blood pressure
 - b) Hypertension shows symptoms in most people
 - c) Hypertension is inherited, so the best way is to take medicine
 - d) Being overweight is not related to hypertension
14. Naturopathy is based on
 - a) Foreign matter theory
 - b) Germ theory
 - c) Antibiotic theory
 - d) Vatha Pitta Kapha theory
15. What is NOT one of the underlying principles of naturopathy?
 - a) Treat the cause
 - b) Prevention
 - c) Like cures like
 - d) Physician as a teacher
16. Temperature of ten plays a role in Hydrotherapy as does
 - a) Time
 - b) Water pressure
 - c) Type of hydratic application
 - d) All of the above





19. Overweight is
- a) 26.0-30.0
 - b) 25.0-29.9
 - c) 25.0-29.0
 - d) 24.9-29.0
20. Meridians responsible in treating Eczema are:
- a) Lung
 - b) Liver
 - c) Spleen
 - d) All of the above
21. Leading cause of Renal failure are diabetes and
- a) Weight loss
 - b) Blood in urine
 - c) Hypertension
 - d) Cancer
22. Chocolates can be bad for health because of high content of:
- a) Cobalt
 - b) Nickel
 - c) Zinc
 - d) Lead

* * * * *

