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Fourth Year BPT Degree Supplementary Examinations, March 2016

Physiotherapy in Cardio Respiratory and Intensive Care Management

Time: 3 Hours Total Marks:100

· Answer all questions

Essays: (2x14=28)

- A 72 years old male who is a known case of COPD is admitted in ICU with complaints of sudden onset of breathlessness, cough and sputum production. Explain the physiotherapy assessment in detail. Add a note on physiotherapy techniques to reduce breathlessness.
- Define pulmonary rehabilitation. Mention the indications and contra indications. Explain the components in detail.

Short essays: (4x8=32)

- Define humidification. Mention the indications and explain its types.
- Plan an exercise prescription for a 60 years old male with type II diabetes mellitus.
- Define oxygen therapy and explain its types in detail.
- Explain the anatomical difference between the adult and paediatric lung fields

Answer briefly: (10x4=40)

- 7. Broncho-pulmonary segments
- SIMV
- Active Cycle of Breathing Technique
- 10. Rib springing
- Cyanosis
- 12. Coughing Vs huffing
- Indications for ABG and explain respiratory acidosis
- Target heart rate
- Segmental expansion exercise
- 16. Name the muscles of respiration. Mention any one technique used in strengthening respiratory muscles.

