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Fourth Year BPT Degree Examinations, October 2014

Physiotherapy in Cardio Respiratory and Intensive Care Management

Time: 3 Hours Total Marks: 100

· Answer all questions

Essays: (2x14=28)

- Define cardiac rehabilitation. Mention the indications and contraindications. Explain the phases in detail.
- Define postural drainage. Mention the indications and contra indications. Explain the postural drainage positions for right middle and lower lobes.

Short essays: (4x8=32)

- 3. Explain the physiotherapy techniques used to increase the lung volume
- 4. Plan an exercise prescription for a 48 years old female with hypertension
- Indications for PFT. Explain the differences between obstructive and restrictive lung disorders
- Name the different types of neurophysiological facilitation of respiration. Explain any four in detail

Answer briefly: (10x4=40)

- ACBT versus autogenic drainage
- 8. Manual hyperinflation
- 9. Indications for nebulisation and mention its types
- 10. Body mass index
- Diaphragmatic breathing exercise
- Principles of exercise prescription
- CPAP
- Clubbing
- 15. Indications for mechanical ventilation
- 16. Six minute walk test

