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## Second Year MPT Degree Regular Examinations October 2019

Paper II - Physiotherapeutics

(Common for all specialities)

(2016 Scheme)

Time: 3 Hrs Max. Marks: 100

Answer all questions

Essays (2x20=40)

- Define traction. Classify various types of spinal traction. Describe indication, contraindication and therapeutic effect of spinal traction. Explain the procedure for mechanical traction for lumbar spine.
- Explain in detail the neuro physiological principles and treatment principles of proprioceptive neuromuscular facilitation techniques. Describe about various proprioceptive neuromuscular facilitation techniques to improve stability.

Short Notes (10x6=60)

- 3. Lower limb tension test.
- Properties of fast and slow pain fibers.
- Exercise and education for osteoporosis.
- Fryett's law for spinal motion analysis.
- Dysfunction syndrome.
- Vector sweep in interferential current.
- Principles of stabilization training.
- 10. Arndt Schultz principle.
- Reverse Natural Apophyseal Glides (RNAG).
- Skin fold measurement.

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