

[PBBSCN 0322]

**MARCH 2022**  
**(For August 2021 Session Examination)****Sub. Code: 4883****POST BASIC BACHELOR OF SCIENCE IN NURSING**  
**DEGREE EXAMINATION****(Regulations for candidates admitted from 2010-2011 Session onwards)****FIRST YEAR (Regular)****PAPER II – NUTRITION AND DIETETICS*****Q.P. Code: 684883*****Time: Two Hours****Maximum: 35 Marks****I. Elaborate on:****(1 x 15 = 15)**

1. Plan a menu for an anaemic pregnant women and explain the dietary modification in detail.

**II. Write notes on:****(2 x 5 = 10)**

1. Explain the factors to be consider while planning a menu for School Children.
2. Illustrate on processing of canning..

**III. Short answers on:****(5 x 2 = 10)**

1. Define protein sparing action.
2. List food included during Renal calculi.
3. Write 5 sources of Calcium.
4. Define Nutrition Education.
5. Colostrum.

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