

Course Content

(Based on Medical Council of India, Competency based Undergraduate curriculum for the
 Graduate, 2018. Vol. 2 ; page no.41-59)

Applicable for batch admitted in M.B.B.S Course from Academic Year 2019-2020

Subject: Community Medicine

Year: First

| Competency No. CM | Topics & subtopics |
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| | Health care of the community |
| 117.1 | Health care to community |
| | Visit to primary/secondary health facility |
| | Role of physician in health care delivery- Integration with AETCOM module 1.1 What does it mean |
| 17.2 | Community diagnosis |
| 17.3 | Primary Health Care- Def, Principles |
| 17.4 | National Health Policies , MDGs |
| | SDL- Current national / state level status of health indicators |
| 17.5 | Health Care delivery in India |
| | Nutrition |
| 5.1 | Common sources of various nutrients |

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| | Demonstration: Foods we eat & their nutritive values |
| | Special nutritional requirements according to age, sex, activity, physiological conditions |
| | SDL- Foods customs in our families for special groups such as children/ pregnant/lactating women (collection by interviewing 5 homemakers) |
| 5.2 | Nutritional assessment at individual level- DOAP |
| | Nutritional assessment at family and community level -DOAP |
| 5.3 | Common nutritional deficiency diseases- Epidemiology , prevention and control |
| 5.4 | Diet planning at individual level |
| | Diet planning at family level |
| 5.5 | Nutritional surveillance and rehabilitation |
| | Visit to Nutritional rehabilitation centre |
| | Nutrition education |
| 5.6 | National Nutritional Policy , National Nutritional Programs |
| 5.7 | Food hygiene , food adulteration |
| | Demonstration of simple tests to identify food adulteration |
| 5.8 | Food fortification , food additives |
| | Concept of Health and Disease |
| 1.1 | Concept of Public Health |
| 1.2 | Concept , definition , determinants of health |
| | Determinants of health- Group discussion |
| 1.3 | Epidemiological triad , multifactorial causation of disease |
| | SDL-Identification of multiple causative factors of 2 common diseases(interview in wards/ family |

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| 1.4 | Natural history of disease |
| 1.5 | Levels of Prevention |
| 1.6 | Health education , IEC, BCC |
| 1.7 | Indicators of health |
| | Exercise on calculation of indicators |
| 1.8 | Demographic profile of India |
| | Exercise on calculation of demographic indicators , fertility rates |
| | SDL- Demographic trends in India |
| 1.9 | Communication skills in Health |
| | DOAP-Verbal/non verbal communication |
| | Empathy- What does it mean to be patient? |
| | AETCOM module 1.2 |
| 1.10 | Doctor patient relationship |
| | SDL- Determinants of doctor patient relationship(Collection of data from patients/ relatives) |
| | Case discussions – Integration with AETCOM module 1.3 |
| | Principles of health promotion and education |
| 4.1 | Methods of health education |
| | Demonstration of various methods of health education |
| | Improving communication, barriers in communication- integration with AETCOM module 1.4 |
| 4.2 | Organization of health educational and counselling activities for individual & family |
| | Organization of counselling activity in ward/OPDs |
| | Organization of community based health educational activity(community/school) |

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| 4.3 | Evaluation of health education & promotion program |
| | SDL- Preparation of tool for evaluation |
| | Conducting evaluation of health education & promotion program |

Note:

1. The observations/ reflections of family / hospital visits , DOAP sessions , Self directed learning activities (SDL) entered in the log book immediately after the assignment.
2. The observer / facilitator / teacher will provide the written brief feedback in the log book for the learner relat