

**Course Content**

(Based on Medical Council of India, Competency based Undergraduate curriculum for the
Graduate, 2018. Vol. 2 ; page no.41-59)

Applicable for batch admitted in M.B.B.S Course from Academic Year 2019-20 &

Subject: Community Medicine

Year: First

Competency No. CM	Topics & subtopics
	Health care of the community
117.1	Health care to community
	Visit to primary/secondary health facility
	Role of physician in health care delivery- Integration with AETCOM module 1.1 What does it mean
17.2	Community diagnosis
17.3	Primary Health Care- Def, Principles
17.4	National Health Policies , MDGs
	SDL- Current national / state level status of health indicators
17.5	Health Care delivery in India
	Nutrition
5.1	Common sources of various nutrients



	Demonstration: Foods we eat & their nutritive values
	Special nutritional requirements according to age, sex, activity, physiological conditions
	SDL- Foods customs in our families for special groups such as children/ pregnant/lactating women (collection by interviewing 5 homemakers)
5.2	Nutritional assessment at individual level- DOAP
	Nutritional assessment at family and community level -DOAP
5.3	Common nutritional deficiency diseases- Epidemiology , prevention and control
5.4	Diet planning at individual level
	Diet planning at family level
5.5	Nutritional surveillance and rehabilitation
	Visit to Nutritional rehabilitation centre
	Nutrition education
5.6	National Nutritional Policy , National Nutritional Programs
5.7	Food hygiene , food adulteration
	Demonstration of simple tests to identify food adulteration
5.8	Food fortification , food additives
	Concept of Health and Disease
1.1	Concept of Public Health
1.2	Concept , definition , determinants of health
	Determinants of health- Group discussion
1.3	Epidemiological triad , multifactorial causation of disease
	SDL-Identification of multiple causative factors of 2 common diseases(interview in wards/ family)



1.4	Natural history of disease
1.5	Levels of Prevention
1.6	Health education , IEC, BCC
1.7	Indicators of health
	Exercise on calculation of indicators
1.8	Demographic profile of India
	Exercise on calculation of demographic indicators , fertility rates
	SDL- Demographic trends in India
1.9	Communication skills in Health
	DOAP-Verbal/non verbal communication
	Empathy- What does it mean to be patient?
	AETCOM module 1.2
1.10	Doctor patient relationship
	SDL- Determinants of doctor patient relationship(Collection of data from patients/ relatives)
	Case discussions – Integration with AETCOM module 1.3
	Principles of health promotion and education
4.1	Methods of health education
	Demonstration of various methods of health education
	Improving communication, barriers in communication- integration with AETCOM module 1.4
4.2	Organization of health educational and counselling activities for individual & family
	Organization of counselling activity in ward/OPDs
	Organization of community based health educational activity(community/school)



4.3	Evaluation of health education & promotion program
	SDL- Preparation of tool for evaluation
	Conducting evaluation of health education & promotion program

Note:

1. The observations/ reflections of family / hospital visits , DOAP sessions , Self directed learning activities (SDL) entered in the log book immediately after the assignment.
2. The observer / facilitator / teacher will provide the written brief feedback in the log book for the learner relat