



**PSYCHIATRIC (MENTAL HEALTH) NURSING**

**(RS 3 & RS 4)**

**Q.P. CODE: 9650**

Your answers should be specific to the questions asked.  
Draw neat labeled diagrams wherever necessary.

**ANSWER THE FOLLOWING**

**4 X 15 = 60 Marks**

1. Mrs. S admitted with the diagnosis of severe depression with somatic symptoms
  - a) Discuss the clinical manifestations of this client in the light of the diagnostic criteria
  - b) Discuss the epidemiology of this disorder
  - c) Discuss the medical management of this client
2.
  - a) Discuss the types of phobias
  - b) Discuss in detail the treatment modalities for phobia
  - c) Discuss the nursing management of these clients
3.
  - a) What is community mental health nursing?
  - b) Explain the public health model to community mental health
  - c) Discuss community based rehabilitation in detail
4. Discuss the aging individual in terms of bio-psycho-social aspects of aging and the management of these clients.

**SHORT NOTES (Answer any TWO)**

**2 X 10 = 20 Marks**

5. Discuss anger and its management
6. Discuss the medical and nursing management of a child with conduct disorder
7. Compare and contrast paranoid, catatonic and hebephrenic schizophrenia in terms of the manifestations and management and list the nursing diagnosis specific to each type
8. Categorize the psychoactive substances that may be abused and their management in case of intoxication and withdrawal

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