



**Mental Health (Psychiatric) Nursing
(RS3 & RS4)**

Q.P. CODE: 9639

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

ANSWER THE FOLLOWING

4 X 15 = 60 Marks

1. Extended and expanded role of psychiatric nurse.
2. Explain the biological and psychological response to stress and its management.
3. Describe the barriers of therapeutic communication and role of nurse to overcome barriers in each phases of therapeutic communication.
4. What are the characteristics of cognitive behaviour therapy? Explain in detail the techniques used in it.

SHORT NOTES (Answer any TWO)

2 X 10 = 20 Marks

5. Limbic system and its function
6. Factors affecting role performance
7. Role of nurse in assertiveness training
8. Side effects and risk factors related to Electro convulsive therapy

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