



**Mental Health (Psychiatric) Nursing
(RS3 & RS4)**

Q.P. CODE: 9639

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

ANSWER THE FOLLOWING

4 X 15 = 60 Marks

1. Discuss the role of Psychoanalytic theory in relevance to psychiatry.
2. Describe stress management.
3. Explain the Mental Health Problems related to Conception, Pregnancy and Puerperium with management and the role of nurse.
4. a) Define Assertive Communication.
b) Explain the Behavioural components and techniques of Assertive Communication.
c) Discuss the role of nurse in Assertive training. (2+6+7)

SHORT NOTES (Answer any TWO)

2 X 10 = 20 Marks

5. Evolution of Psychiatric Mental Health Nursing
6. Write the role of nurse in promoting self-esteem.
7. Behaviour therapy
8. Discuss diet and nutrition as an alternative system of medicine.
