

ELECTRO CARDIO GRAM [ECG]

ECG :-

Electrical activity of heart is graphically presented.

— ECG machine works on the principle of galvanometer.

① When no electrical activity in myocardium → Galv needle at 0 position

↳ When all cells are at RMP - no Action pot.
or when all are completely depolarised

② Whenever positive charges move toward +ve electrode needle is deflected towards +ve side.

③ When myocardium thickness is ↑ → more +ve charges enter on depolarisation → A longer vector i.e. a larger EMF.
+ve deflection larger

④ When +ve charges (wave of depolarisation) move away from +ve electrode - -ve deflection.

*** Last pt to depolarise is first to repolarise

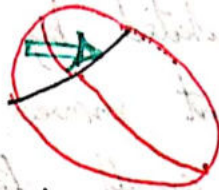
⑤ When -ve charges move towards -ve electrode +ve deflection of needle.

— Moderate conductor
deflection is with moderate vel.

Fast conductor
Needle is deflected with high velocity.

Electrical events during one cardiac cycle $\Rightarrow$ Cardiac Vectors $\Rightarrow$ ECG

- ① Atrial depolarisation $\rightarrow$ Atrial Vectors downwards & left
Weak and deflects moderately.
Small depolarising vector



Note :- The only electrical window B/W Atria & ventricles is AVN.

- ② Stimulation of AVN :- Spl slow conduction tiny tissue

Note :- Purk. Purkinje fibre - fast conduction

- | <u>AVN</u> | <u>PF</u> |
|--|------------------------|
| i) Cells are placed at right angle to direction of current | opp to AVN |
| ii) Many cells & small cells | Large cell & less cell |
| iii) No of gap joint is very less | More [too many] |
| iv) Depolarisation dependent on Ca^{2+} | Na^+ |
| v) Cells - less diameter More resistance | opp to AVN |
| vi) RMP - 60 mV | - 90 mV |

When depolarising current is passing thru AV node

It is very slow
Electrical vector is very small
it being a tiny tissue.
ECG does not pick it up.
It is not detected.

③ Depolarisation of Ventricle :-

3 stages

- a) Rapid Inter ventricular depo
- b) Major vent depo
- c) Basal vent depo.

a) Septum is stimulated by Lft bundle branch.

∴ Electrical current moves upwards & towards right
 but vector is small ~~downward~~ & rightward.
 but it is fast.

b) Inner myocardium is first stimulated
 The wave then moves outwards from inner
 to outward myocardium

Lft ventricle thick ⇒ vector is stronger

Lft → strong

Rt - vector is down & left

↳ weak

} Both add up

↓
 Net vector is directed
 down & left

c) Basal vectors - small upward & rightward for both.

* Repolarisation Activity in the Atria is masked by depolarisation of ventricles.

Electrical events of Hrt → conducted to body surface.

Hence electrodes can be applied on body surface
 to record ECG

+ve electrode - left foot
 -ve .. - Right hand

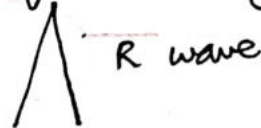
① Atrial vector — Moves towards +ve electrode
+ve deflection with moderate vel
P wave



② AVN depolarisation — Needle straight
electrically silent.

③ Septal depo vector — towards -ve electrode
-ve deflection small & fast
Q wave

④ Major vent depo vector — Moves towards +ve electrode
+ve deflection strong & fast
R wave



⑤ Basal Vent depo vector — towards -ve electrode
-ve deflection small & fast
S wave.

Note :- At end of QRS → Ventricles completely depolarised.
No current → No deflection of needle.

ST segment

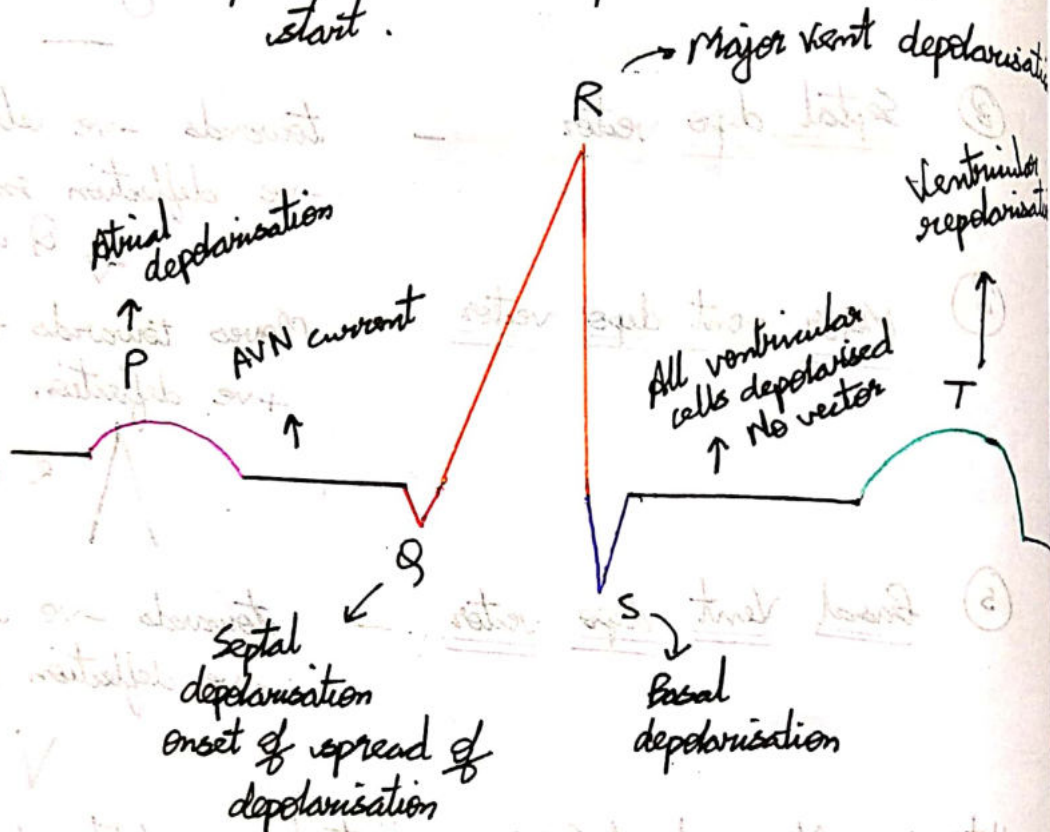
⑥ Ventricular repolarisation :- Repolarisation moves from out to inwards.

Net Repolarisation vector is directed right & upward. T wave
slow process - gradual. → +ve deflection

Note :- Ventricular depolarisation is represented by 3 waves
since its a fast process. Septal vectors are separate.
Whereas repolarisation is rep by one wave since its a
gradual process. the vectors overlap.

PR segment :- Isoelectric line starting at P wave & ending at beginning of Q wave.
 ↳ Rep AV nodal activity

ST segment :- Time during which whole ventricle is depolarised and Repolarisation is yet to start.



Phase 0 - QRS complex

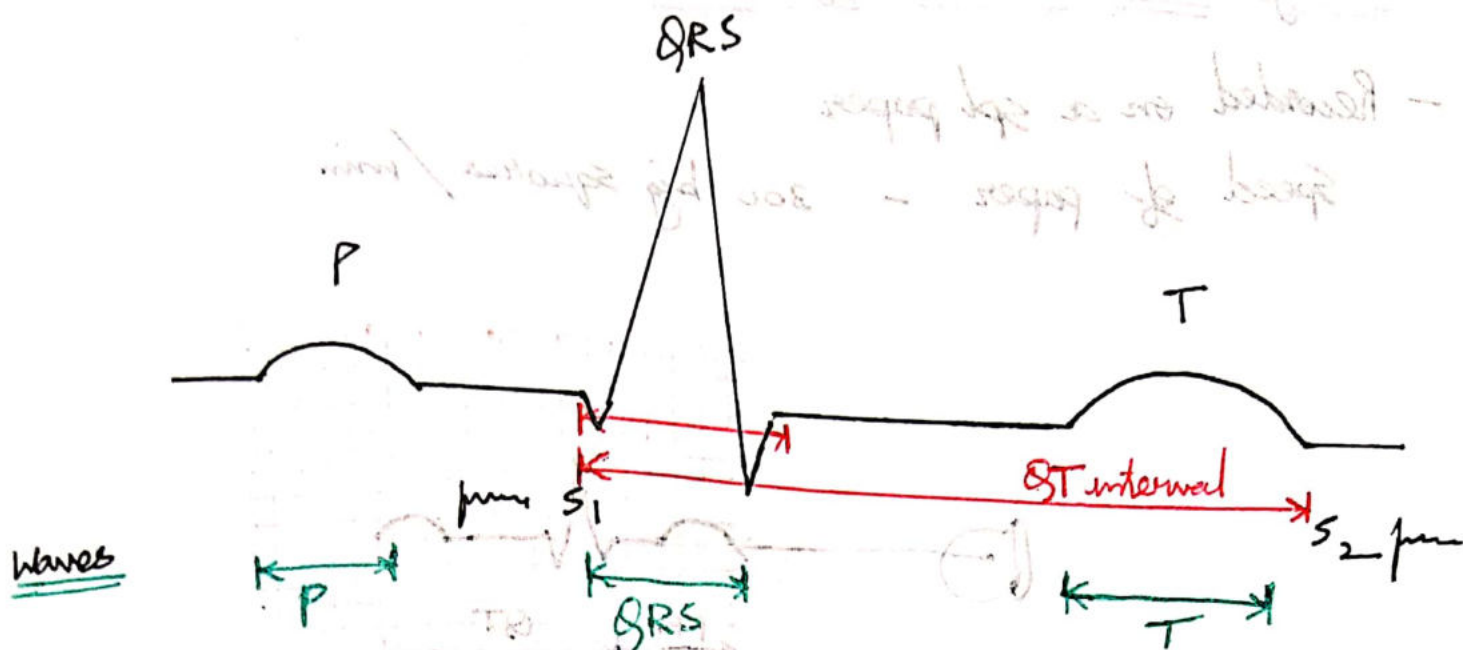
Plateau phase - ST segment

Phase 3 - T wave

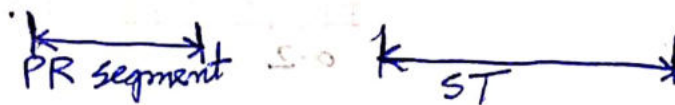
Waves :- deflections of the needle during ECG recording
 Patterns prod on ECG due to deflection of needle.

Intervals :- combination of waves eg QRS or segments

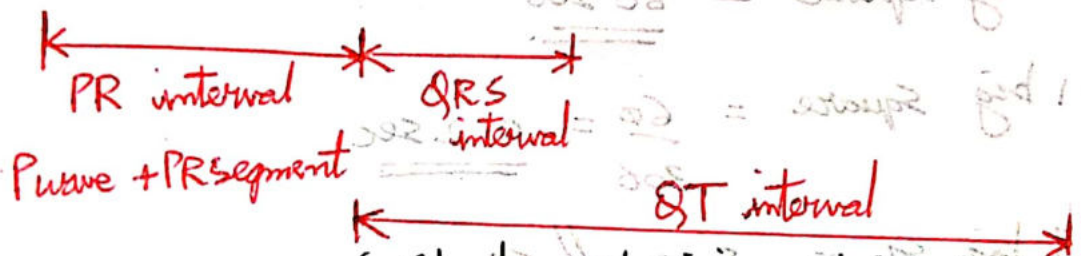
Segment :- Isoelectric event when needle is not moving



Segments



Intervals



→ It shows beginning of vent depolarisation and ends with end of vent rep. Beginning of Action pot to terminating AP

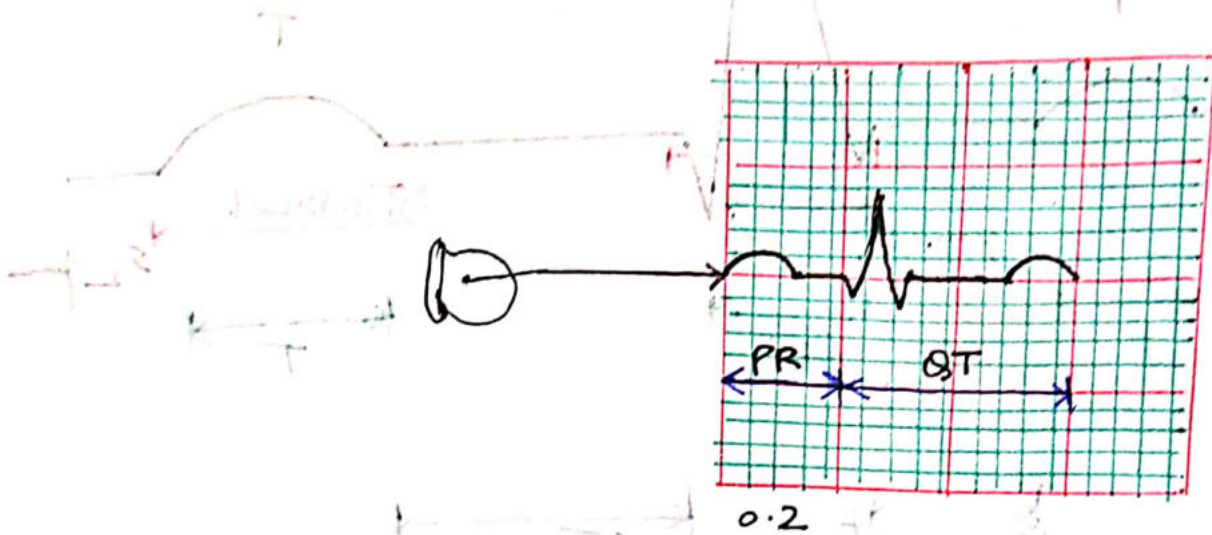
Rep Ventricular systole.

Note :- After T wave sometimes we see 'u' wave
A small wave rep electrical activity in papillary muscle.
Sometimes elec activity of Papillary muscle is out of phase with the rest of muscle

Timings and duration of ECG:-

- Recorded on a spl paper

Speed of paper - 300 big squares/min



300 big squares - 60 sec

1 big square = $\frac{60}{300} = \underline{0.2 \text{ sec}}$

1 big sq = 5 small sq = 0.2 sec

1 small sq = $\frac{0.2}{5} = \underline{0.04 \text{ sec}}$

P wave - $2\frac{1}{2}$ small sq = 0.1 sec

PR segment - $2\frac{1}{2}$ small sq = 0.1 sec

PR interval = 0.2 sec

QRS complex - $2\frac{1}{2}$ small sq = 0.1 sec

QT interval = 0.4 sec

MASTERING ECG LEADS :-

Bipolar limb leads :-

- ECG leads :- Basically a set of electrodes with wires connected on one side to ECG machine and other side the electrodes are attached to body surface.

Purpose is to record the electrical activity of hrt.

- Body is a vel conductor & it can conduct currents. Hence the electrical currents generated by the body hrt spread thru out the body.

- We can put electrodes at any two pts of the body & when the current is flowing, these electrodes will measure the pot diff B/w the # two pts.

+ve electrode $\Rightarrow$ Exploring electrode

-ve " $\Rightarrow$ Reference "

zero potential $\Rightarrow$ Reference "

- Circuit of lead :- the +ve & -ve electrode along with their wires are attached on one side to ECG mach & the other the electrodes are applied on the body surface forming a circuit.

- The leads are applied on the wrist for convenience

- Since the lead is having one +ve electrode & other -ve electrode which form two poles of the lead it is called Bipolar lead

- Electrical Axis of the lead :- It is determined by the placement of electrode on body

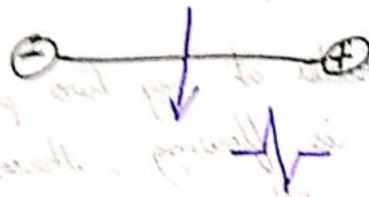
An imaginary line connecting the two electrodes drawn from -ve / Ref electrode towards +ve electrode

- Pattern of the lead:-

① when electrical vector moves towards exploring electrode $\Rightarrow$ deflection upward $\uparrow$

② when electrical vector moves $\Rightarrow$ Net deflection is zero
Ld to axis of lead
+ve & -ve deflection in eq magnitude

The electrical activity recorded by the lead is called Pattern of the lead.



- limb leads scan the electrical activity in frontal plane
chest horizontal plane.

- when there are cardiac pathologies which result in alteration of electrical activity of the hrt, to find where is the pathology we need to look the cardiac vector at different angles.

We need to look from multiple leads.

- when multiple leads are used :-

different leads are having different electrical vector projected from the QRS cardiac vector to the electrical axis of the lead.

- I lead system :- +ve on left arm -ve on right arm

II :- +ve on left leg -ve

III lead .. :- +ve -ve on left arm

Einthoven arranged this system so that major QRS complex should be +ve.

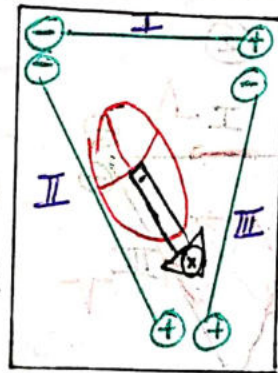
- To get mainly +ve deflection for QRS complex the +ve electrode must be placed downward or leftward
 $\therefore$ QRS vector is directed downwards & leftwards.



- Limb leads $\left\{ \begin{array}{l} 3 \text{ bipolar limb leads} \\ 3 \text{ Unipolar limb leads} \end{array} \right\}$ Conventional leads.
- Chest leads - 6

- Einthoven's triangle :-

Imaginary
 Δ around
 the heart.
 Δ on the
 frontal plane of
 the body's
 surface.



The axes of the 3 bipolar limb leads forms almost an equilateral Δ which is known as Einthoven's triangle

Einthoven's Law :- According to this law potential of lead II is whatever electrical potential recorded by lead I & III, if you put them together it should become eq. to that recorded by lead II.

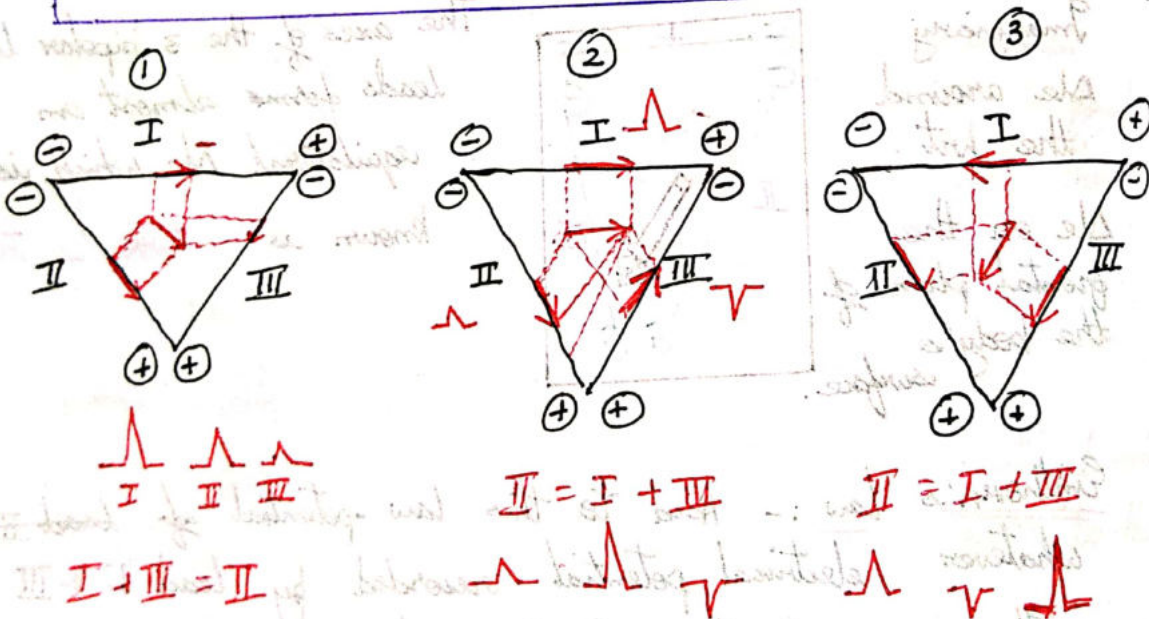
$$I + III = II$$

- As compared to the body potential the potential is -ve on the right & upwards, & +ve on the left & down $\therefore$ the ventricular depolarisation is moving downwards & left.

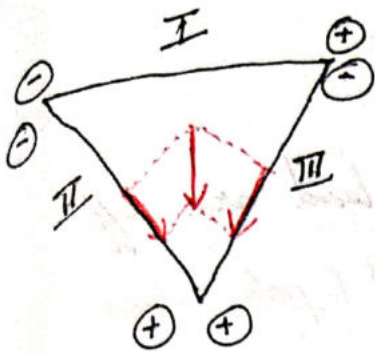
- Voltage of any two leads is known, the third can be determined.

- If the position of cardiac vector is changed, the pattern recorded by the leads changes but the Einthoven law remains unchanged i.e. $I + III = II$.

- Einthoven's Δ is a hypothetical Δ made by the 3 bipolar limb leads around the heart in the frontal plane of body's surface.



✶ Einthoven's law states that electrical activity of heart which results into a cardiac vector that will produce deflections in such a manner into lead I, II & III when their voltages are measured potential of lead II should be eq to the sum of the pot of I & III if all 3 leads are recorded simultaneously

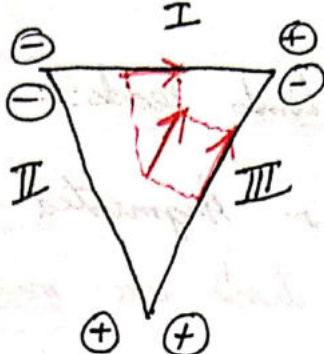


$$II = I + III$$

$$II = III$$

$$\therefore I = 0$$

$$\Delta = \Delta$$



$$I = \Delta$$

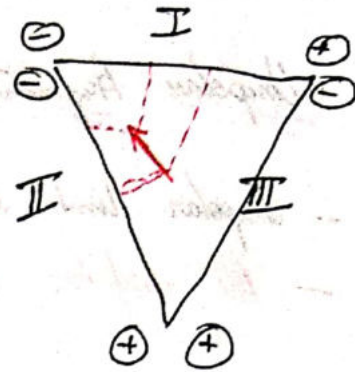
$$III = \nabla$$

$$II = 0$$

$$II = I + III$$

$$0 = I - III$$

$$I = III$$



$$III = 0$$

$$II = I + III$$

$$\nabla = \nabla$$

$$III = 0$$

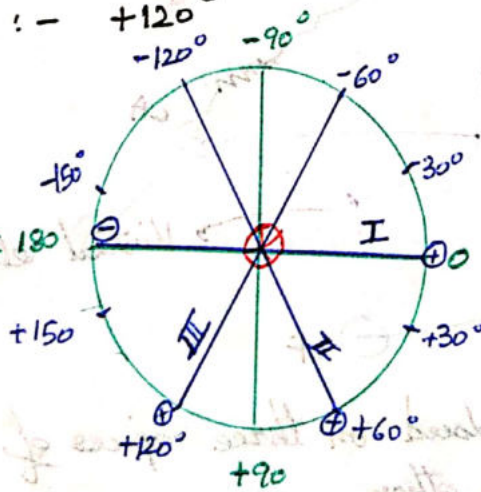
- Trinical Reference System :-

With Reference to +ve electrode the electrical axes in frontal plane are oriented with the center of heart as:-

Lead I :- 0°

Lead II :- $+60^\circ$

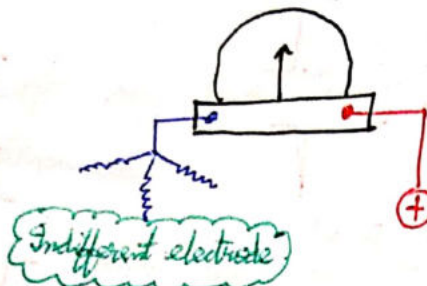
Lead III :- $+120^\circ$



Lead I axis - reference axis

Unipolar Augmented Limb Leads:-

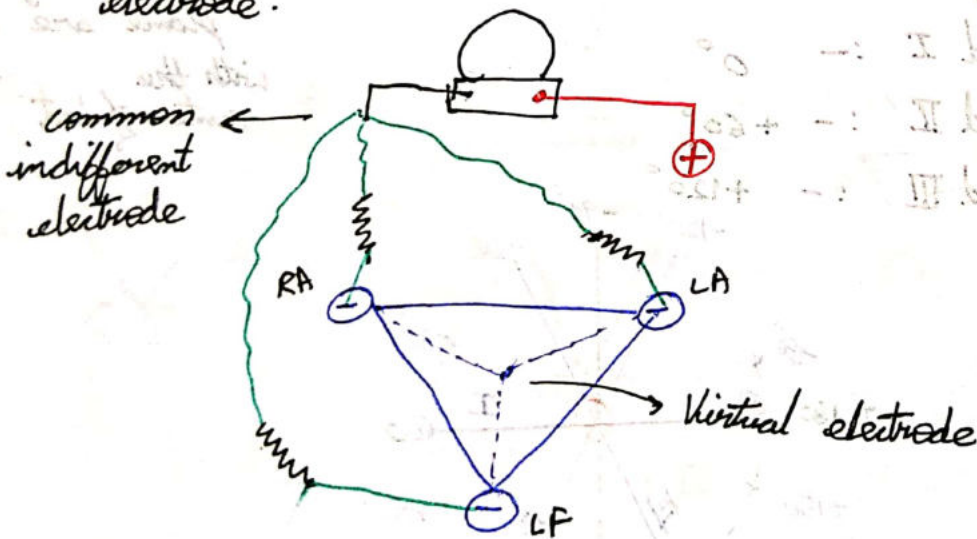
- Unipolar limb lead & Augmented Uni lead are diff
- All unipolar limb leads are modified Bipolar leads



-ve terminal thru multiple connections & resistances is converted into indifferent electrode / Near zero electrode

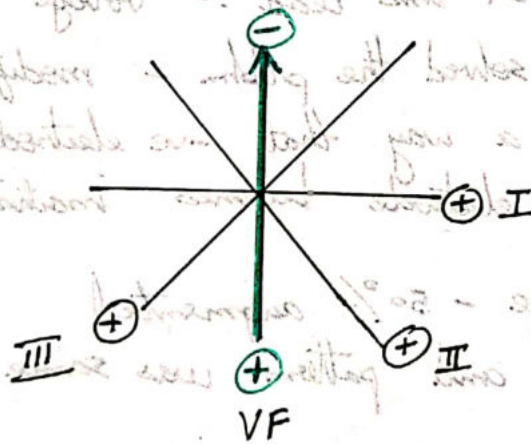
Also called Null / virtual electrode $\rightarrow$ It senses almost zero potential

$\therefore$ Unipolar limb lead is constructed with +ve electrode as exploring electrode & -ve electrode as indiff electrode.



-ve electrodes placed on three apices of eq Δ & each reach other.

Wilson converted -ve electrode by a set of multiple -ve electrodes into virtual electrode & achieved near zero potential virtual electrode placed at centre of the WCT

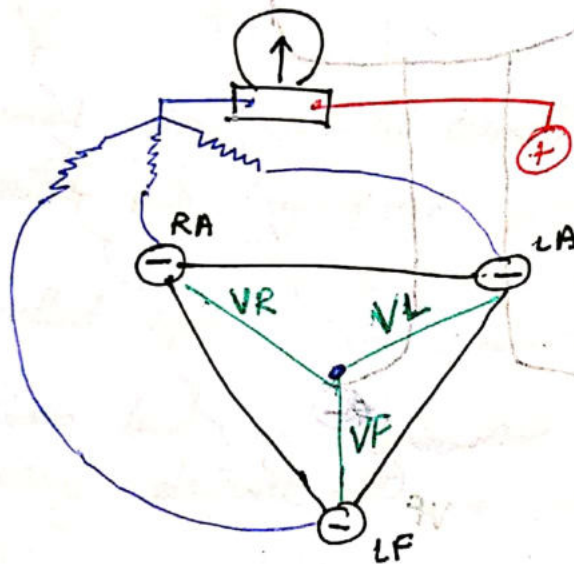


- Whenever +ve electrode is exploring the voltage rel. to the indiff electrode in the body this lead is called V lead.

↳ Tol voltage sensed by this is significantly reduced.
as compared to bipolar leads.

- Wilson - 9 unipolar leads
 - 3 - UPL leads
 - 6 - unipolar chest leads.

- Once an indiff electrode is made the ones can be changed only by changing the position of the electrode. He was able to make 3 unipolar leads only by changing +ve electrode position.



① VF - voltage from VF

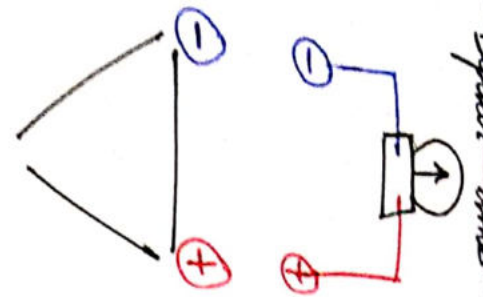
② VR

③ VL

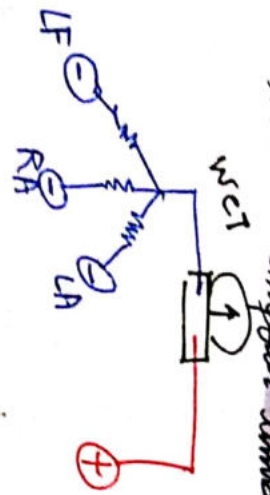
- Disadvantage of UP limb lead :- voltage recorded was $V_{L/2}$
 - ↳ Goldberger solved the problem - modify the WCT in such a way that -ve electrode near the exploring electrode becomes inactivated.

Augmented unipolar lead → voltage - 50% augmented and pattern was same.

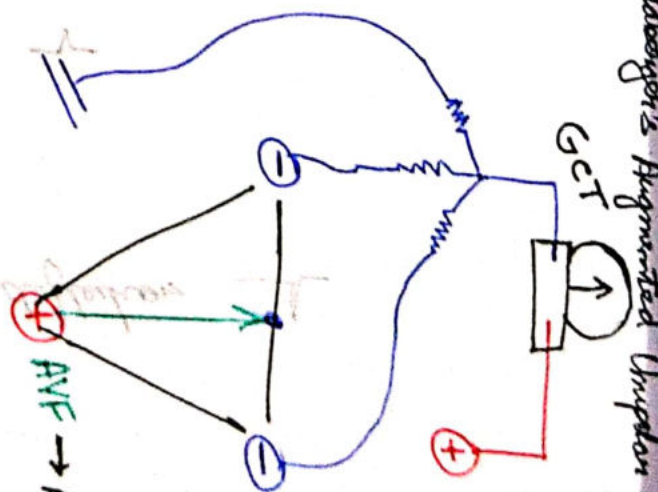
Einthoven's limb leads



Wilson's Unipolar limb leads

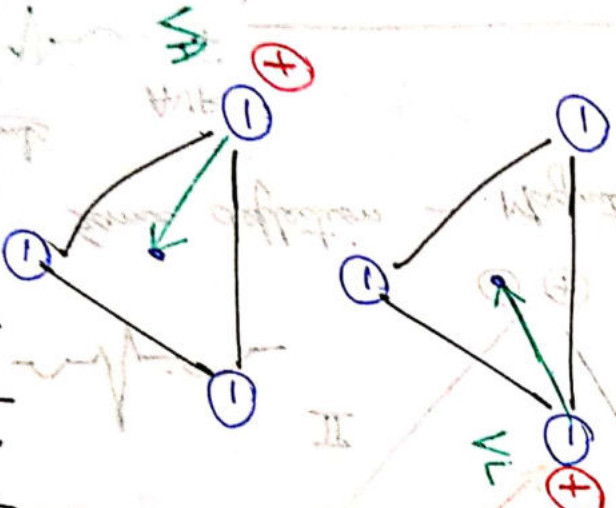
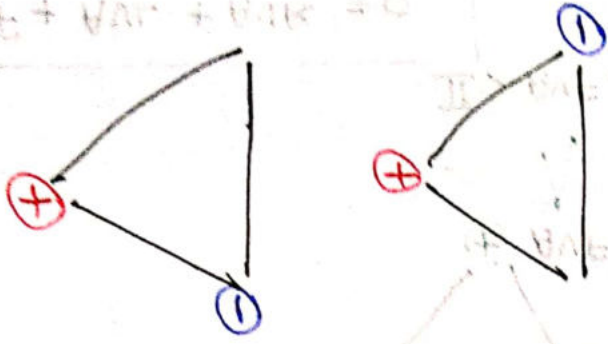


Goldberger's Augmented Unipolar limb leads



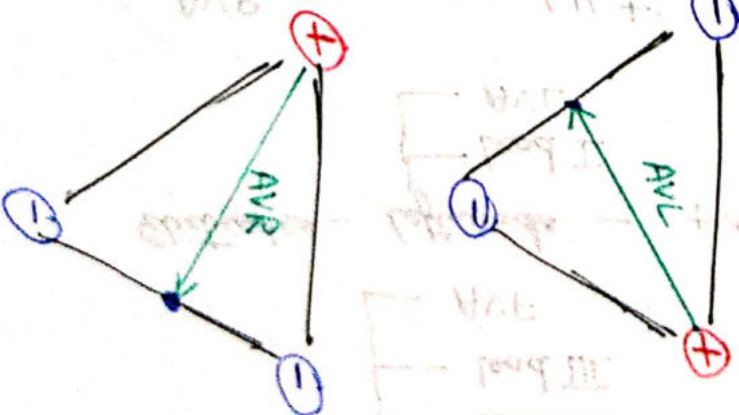
aVF → Augmented Velt from feet

$$V_{AB} + V_{BC} + V_{CA} = 0$$



Vc → Velt from chest

Indiff electrode placed in the center of but but magn of voltages picked up was small.
No more used.



- The main QRS vector is directed downwards & leftwards
- Electrodes placed downwards - +ve deflection

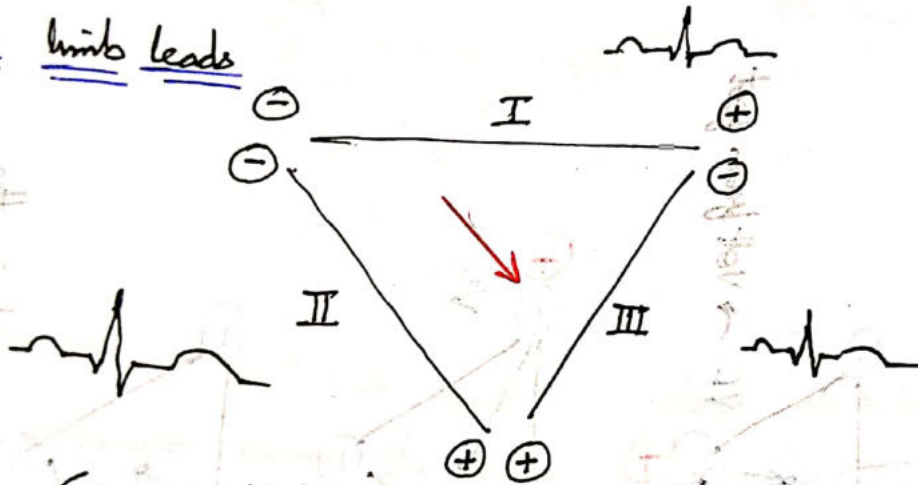
Lead II
Lead III
AVF

- Electrodes - leftwards - +ve deflection

Lead I
aVL

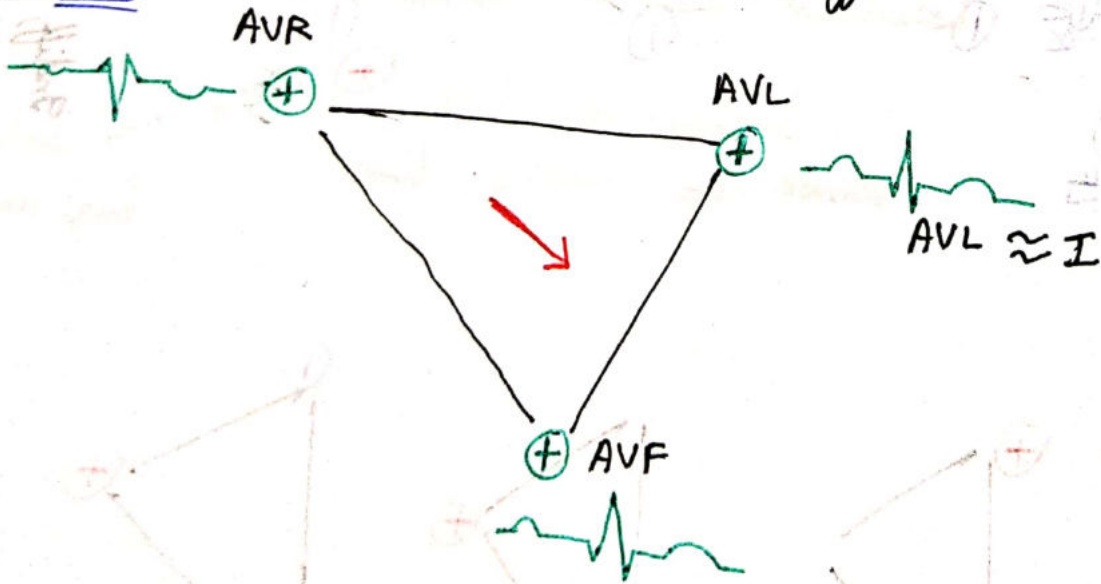
AVR - -ve deflection

- Bipolar limb leads



Same deflection - Magnitude differs

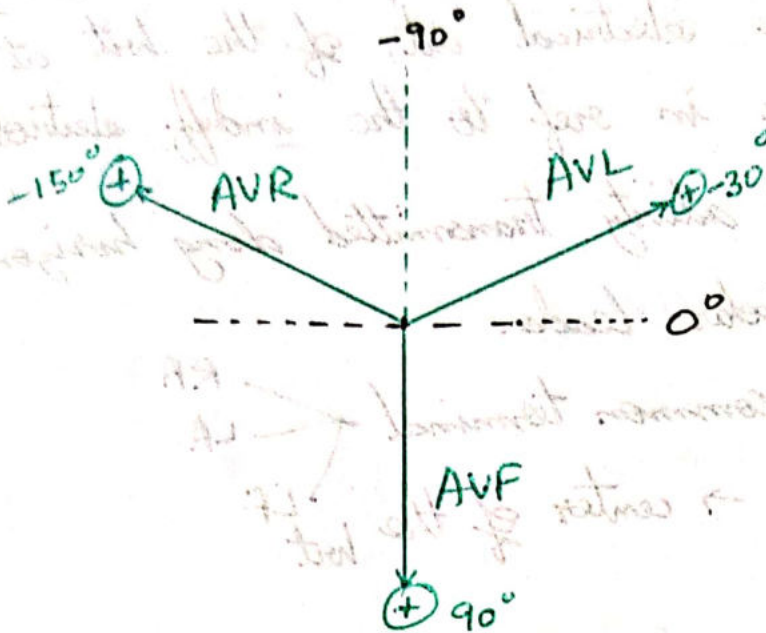
- Augmented limb leads



$II > aVF > III$

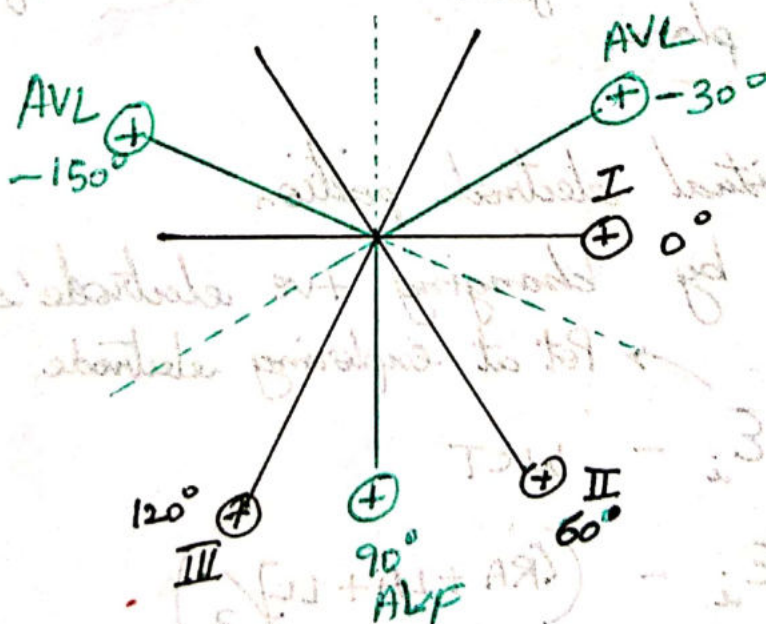
$$aVF + aVL + aVR = 0$$

Trinaxial Reference System (AUPL) :-
Lead I axis is used as reference



Hexagonal Ref System

Angle of orientation and Polarity of leads.
Used to determine the electrical axis of the heart.

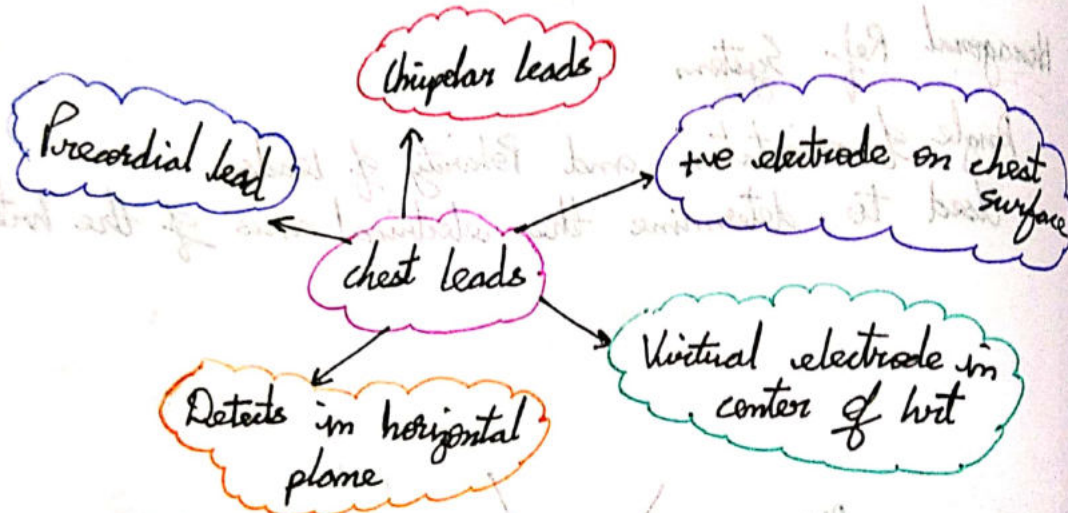


Chest leads :- Also called Preordial ECG leads

- The exploring electrode :- on chest wall
 which determines the electric pot at the site of electrode
 prod by the electrical act. of the hrt at the site
 of electrode in ref to the indiff electrode.

detects electrical activity transmitted along horizontal plane

- They are also unipolar leads.
- -ve terminal → common terminal
 virtual electrode → center of the hrt



- No change in virtual electrode position.
 Recording done by changing +ve electrode's position.

Pot at exploring electrode

$$V_i = E_i - WCT$$

Pot detected by chest lead

$$= E_i - \left(\frac{RA + LA + LF}{3} \right)$$

- ~~★~~ Potential of the virtual electrode is not only ^{near} zero but it is constant through out the cardiac cycle or it does not fluctuate significantly.
 But exp electrode records the electric activity of the hrt

to pred during diff phases of cardiac cycle in a diff way

- Six chest leads:- standard.

$V_1 \Rightarrow$ +ve on 4th intercostal space right

$V_2 \Rightarrow$ " " " " " left

$V_4 \Rightarrow$ on the 5th intercostal space on midclavicular line

$V_3 \Rightarrow$ midway B/W position of V_2 & V_4

$V_5 \Rightarrow$ At the same level of V_4 laterally on Anterior axillary line

$V_6 \Rightarrow$ At the same level of V_4 & V_5 more laterally on mid axillary line.

- Orientation of chest leads:-

I Anatomical orientation $\left. \begin{matrix} V_1 \\ V_2 \end{matrix} \right\}$ oriented over the right side of hrt

$\left. \begin{matrix} V_5 \\ V_6 \end{matrix} \right\}$ " " " " left

$\left. \begin{matrix} V_3 \\ V_4 \end{matrix} \right\}$ Over Inter ventricular septum

II Functional $\left. \begin{matrix} V_1 \\ V_2 \end{matrix} \right\}$ Most sensitive to Septal depo $\Rightarrow$ Septal leads

$\left. \begin{matrix} V_5 \\ V_6 \end{matrix} \right\}$ " " " " Major Ventricular depo $\Rightarrow$ Left leads which is leftwards

V_3 & V_4 " " " " Anterior MI

MI on septal area $\Rightarrow V_1 \& V_2$

MI on left side $\Rightarrow V_5 \& V_6$

Anterior MI $\Rightarrow V_3 \& V_4$

Antero Septal MI $\Rightarrow V_1 V_2 V_3 V_4 \Rightarrow$ Antero Septal leads

Antero Lateral MI $\Rightarrow V_3 V_4 V_5 V_6 \Rightarrow$ Antero Lateral leads

Large Anterior MI $\Rightarrow V_2 V_3 V_4 V_5$

- Angle of axis of one lead with ref to the axis of the other lead $\Rightarrow 30^\circ$ [approx]

QRS complex - Nomenclature :-

$\hookrightarrow$ Graphical Rep of electrical activity of hrt when it is undergoing ventricular depolarisation.

- Isoelectric line :- extends B/W T wave & P wave

$\hookrightarrow$ TP segment No electrical act. of hrt.

★ PR & ST segment can be elevated in pathological cond so cannot be used as ref. Hence not called Isoelectric line.

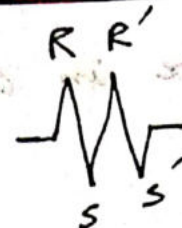


① Initial -ve wave $\Rightarrow$ 'q' wave or 'Q' wave

Note:- small letter $\rightarrow$ small amplitude
Capital letter $\rightarrow$ large amplitude

② 1st +ve wave $\Rightarrow$ 'r' or 'R' wave

③ -ve wave after R wave $\Rightarrow$'s' or 'S' wave



④ If we 2nd + wave in QRS complex $\Rightarrow$ R' or R'

Note:- First +ve wave $\rightarrow$ R wave

Any -ve before R wave $\rightarrow$ Q wave

" " after " " $\rightarrow$ S wave

⑤ -ve wave after R' $\Rightarrow$ S' wave

Note:- When deflection $>$ 3 small squares $\Rightarrow$ large
deflection $<$ 3 small sq $\Rightarrow$ Small.

① Triphasic QRS complex $\Rightarrow$ 3 waves $\leftarrow$ QRS
R' or R'

② Biphasic QRS complexes $\leftarrow$ QR, rR, Qr, qR, RS, rS, Rs, rS

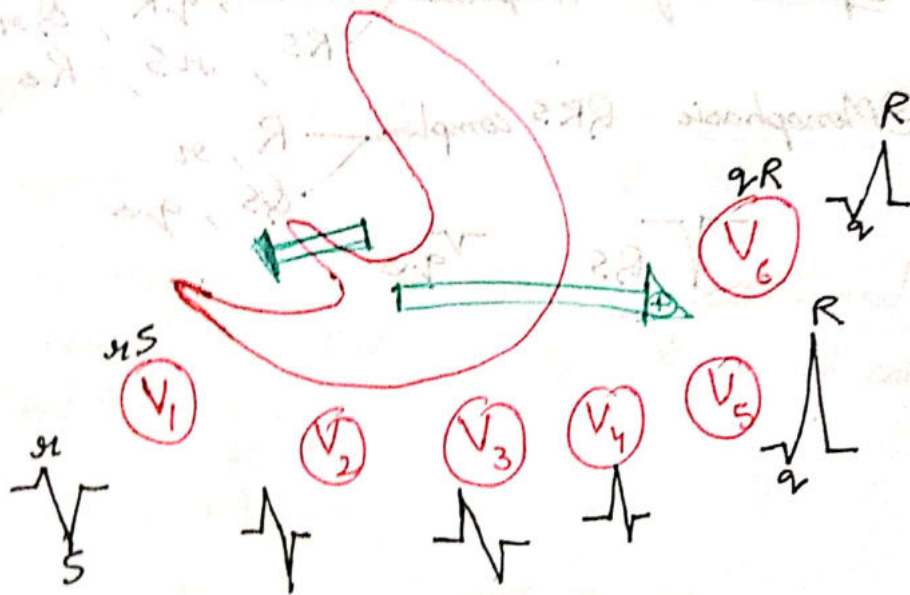
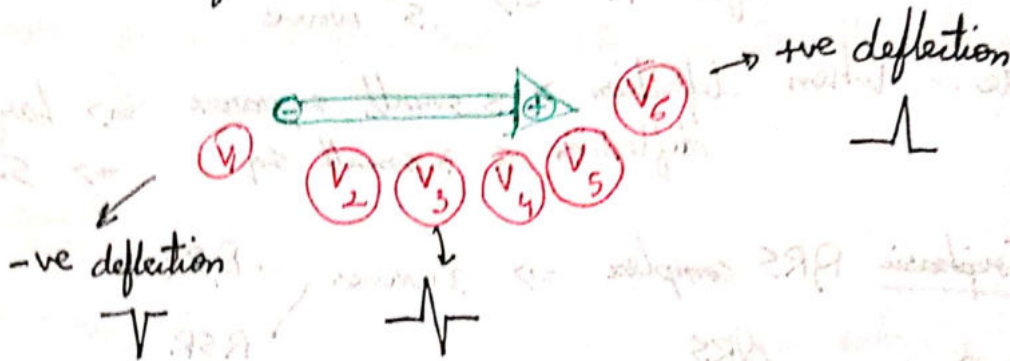
③ Monophasic QRS complex $\leftarrow$ R, r, QS, qS

∇_{QS}

∇_{qS}

QRS complex in chest leads:-

- Chest leads record the electrical activity projected along horizontal plane.
- The 6 chest leads record the electrical activity of heart differently.
- WRT major ventricular vector the position of +ve electrode is moved from tail end of the vector progressively to its front.



$V_1 \Rightarrow rS$

$V_6 \Rightarrow qR$

V_5 has taller R than V_6
bcg lung is B/W V_6 & heart
so the amplitude is reduced

As we move from sit to lfl $\rightarrow$ QRS comes from very -ve to very +ve.

- R wave progression :- The $\uparrow$ in amplitude of R wave progressively from right sided chest lead to left sided chest lead.

- $\uparrow$ in amplitude from V_1 to V_4/V_5 of R wave

- $\downarrow$ in amplitude of S wave from V_1 to V_4/V_5

- In either V_3/V_4 R and S becomes eq. This lead is called transitioning lead.

$V_3 \approx V_4$ - Transition zone.

V_2 - Early transition zone - if R & S become eq at V_2

V_5/V_6 - delayed - if R & S become eq here.

- Abnormalities of R wave progression

① Accentuated R wave progression $\Rightarrow$ Increased more than normal.
- progressively the ht of R wave $\uparrow$ but increase is more than normal.

Accentuated means $\Rightarrow$ more depolarising currents move from ~~right~~ ^{Powerful vectors} to left

$\left\{ \begin{array}{l} \text{Rt sided leads} - \text{S wave deeper than normal} \\ \text{Lft} \quad \quad \quad - \text{R - taller} \end{array} \right.$

Powerful vector moving from ~~left~~ ^{right} to left and its power is more than normal, and is more leftward

Conditions :- a) Lft ventricle becomes hypertrophied
it is seen in $\hookrightarrow$ Lft ventricle vector more powerful
vector more towards left side.

Hence the resultant vector is more towards left
 ↳ forces are added on left side - more powerful.

This extra power - taller R wave

Whenever major ventricular dep vector is more powerful & more leftward it will prod accentuated R wave progression

b) When Rt ventricular vector & left vent vector become out of phase due to some abnormality in conduction system.

Rt - occurs earlier & left is delayed

Since they're not simultaneous → them Rt fails to partially neutralise the left vector.

It happens in left bundle branch block.

The dep of left side is delayed and it'll be out of phase with rt one.

The delayed QRS vector - leftward
 QRS complex - wide & taller

c) Rt vent vector is reduced - Rt vent MI

Left Ventricular hypertrophy

↳ Rare.

Accentuated R wave

Right Ventricular MI

Left bundle branch block

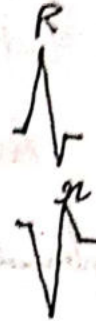
② Reversed R wave progression :-

- When the major ventricular depo vector is reversed in direction. - Resultant vector towards right.

- Progressive $\downarrow$ in R waves

$V_1 \& V_2 \Rightarrow$ tall R waves

$V_5 \& V_6 \Rightarrow$ short R waves



Causes :- a) Rt ventricular hypertrophy

b) Rt bundle branch block

$\hookrightarrow$ Large Rt vector.

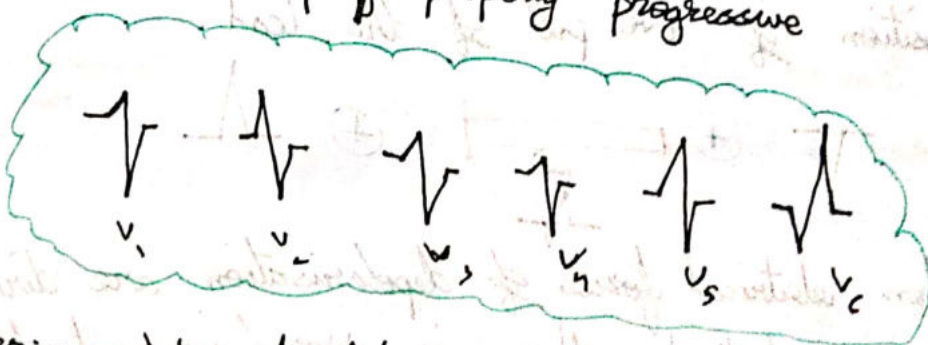
$\Rightarrow$ delayed depolarisation of Rt Ventricle & Also prolonged

c) Posterior MI $\Rightarrow$ Forces leftward - Reduced unable to cancel Rt vent depo vector

$\therefore$ The R waves progressively $\downarrow$ from V_1 to V_5

③ Poor R wave progression :-

- R wave not progressing properly



Causes :-

a) Loss of Anterior forces - Ant MI

$\hookrightarrow$ This does not allow Ant leads $V_3 \& V_4$ to form tall R waves

Note :- Poor R wave progression is not diagnostic but is suggestive of Anterior MI

b) Left Vent hypertrophy

Hence in Left hypertrophy two kinds of abnormalities are seen

Accentuated & Poor R wave progression depending on degree and rotation of electrical vector

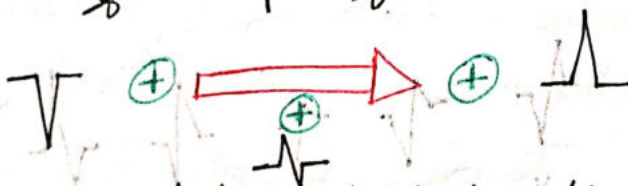
If purely leftward
↓
2 more amplitude
Accentuated

If not 1d to V_3
↓
Poor R wave

c) Rt Ventricular hypertrophy - If the vector moves too much Rightward

QRS complex in limb leads:-

- There are 18 different normal variants of QRS complex in limb leads.
- Most of leads pick up the electrical act. of Septal & Major Ventricular depolarisation.
- Law of ECG :- The same electrical activity vector will produce diff patterns in diff leads depending upon position of +ve pole of the lead.

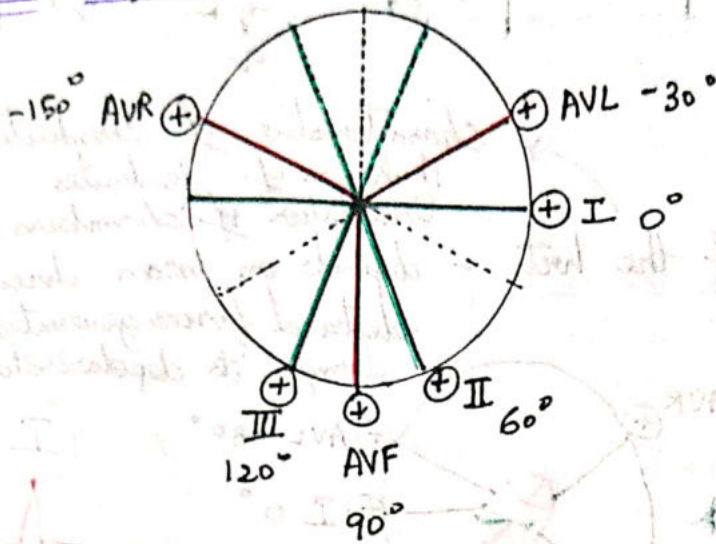


* When electrical forces of depolarisation are directed towards +ve electrode there is +ve/upward deflection.

When vector is 1d to +ve electrode $\Rightarrow$ No net change
Biphasic



Hexaxial diagram

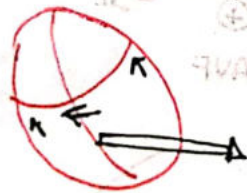


- QRS pattern recorded depends on
 Placement of +ve electrode
 Direction of movement of the depolarisation

Patterns by AVR

- AVR is oriented upwards & Rightwards

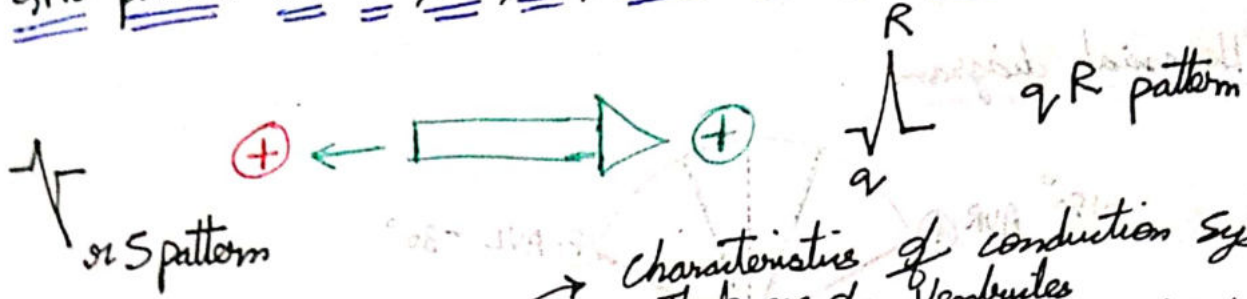
QRS pattern in AVR - predominantly ^{AVR} +ve



Septal towards AVR +ve
Major Vent opposite

- All of them have -ve deep deflection
Major Vent is always recorded
- ① $\Rightarrow$ rS pattern septal recorded
 - ② $\Rightarrow$ Septal > basal not recorded QS pattern
 - ③ $\Rightarrow$ rS pattern
Basal is recorded
Septal not "
 - ④ $\Rightarrow$ rS r' - All are recorded - rare

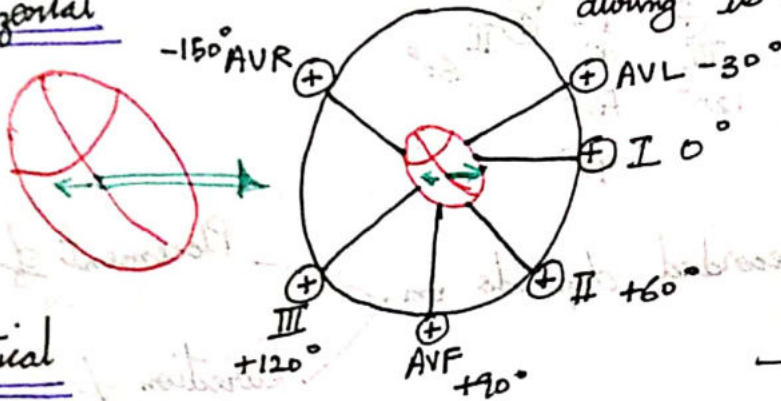
- QRS pattern in I, II, III, AVF and AVL leads :-



Electrical Position of the heart

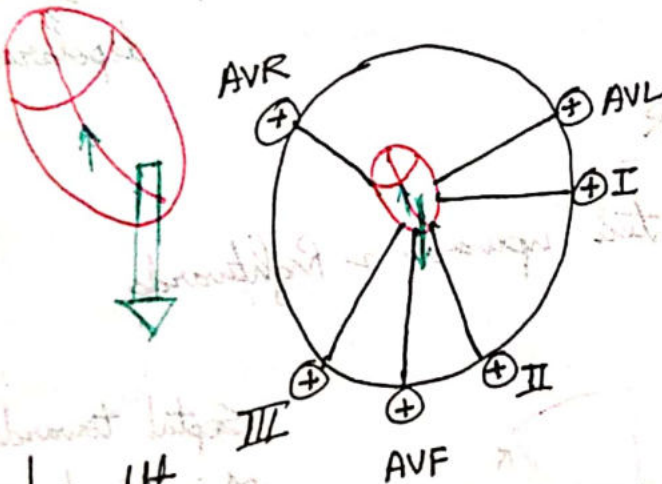
Characteristics of conduction sys
Thickness of ventricles
Orientation of chambers of heart
depends on mean direction of electrical forces generated by ventricles during its depolarisation

① Horizontal

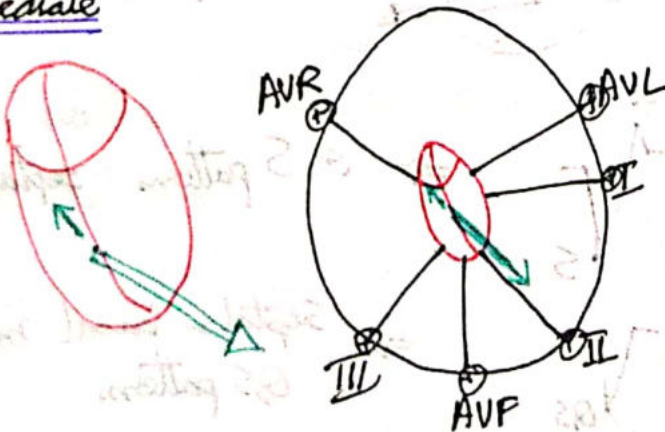


large as parallel

② Vertical



③ Downward & left Intermediate



AVR - will always be -ve

II



III



AVR



RS

AVL



AVF



Id to vector



RS



RS



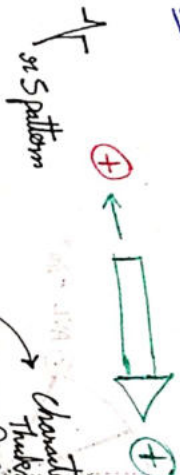
Biphasic



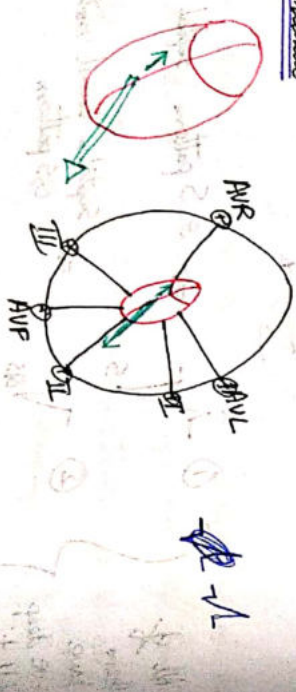
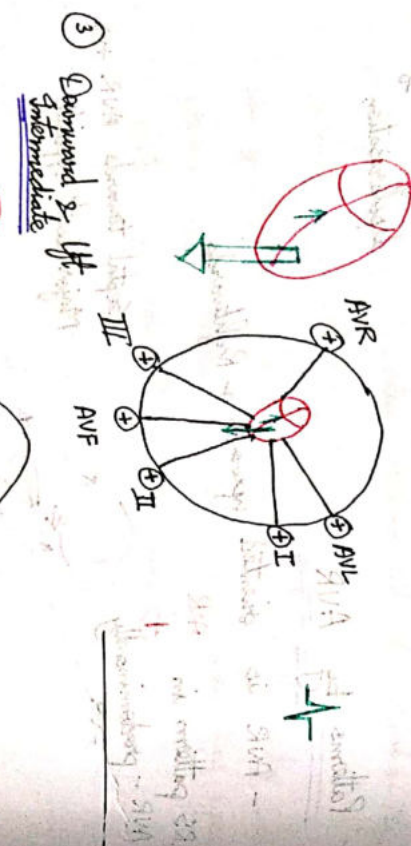
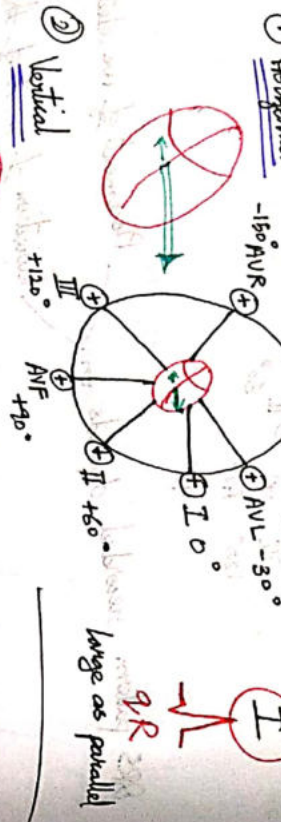
RS



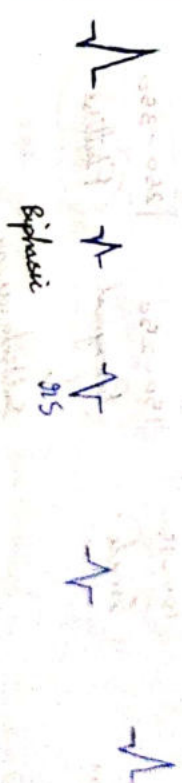
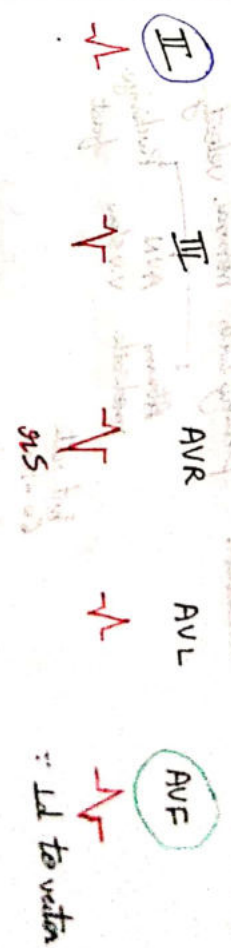
- QRS pattern in I, II, III, aVR and aVL leads.



Characteristics of conduction system
Thickness of chamber of heart
Direction of chamber of heart
Direction of conduction of electrical forces generated by ventricle during its depolarisation



aVR - will always be -ve



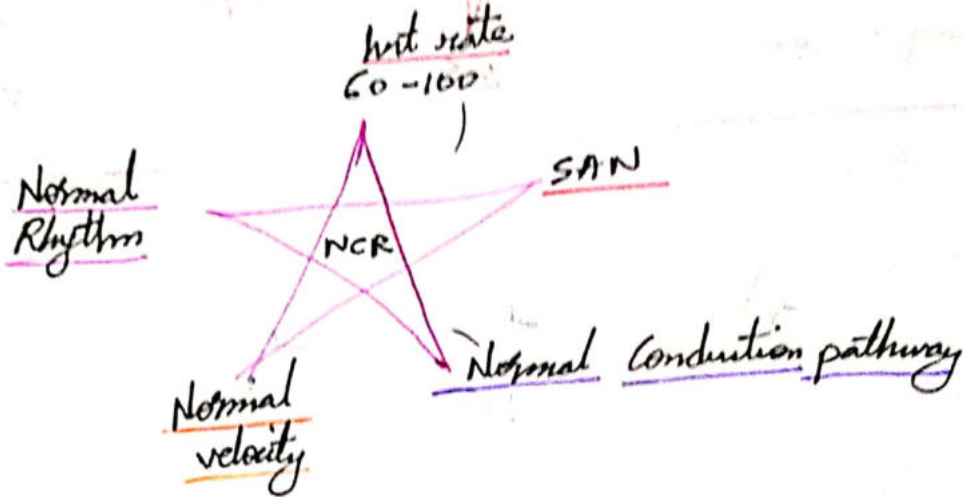
Cardiac Arrhythmias:-

- Deviation from normal rhythm of the heart.

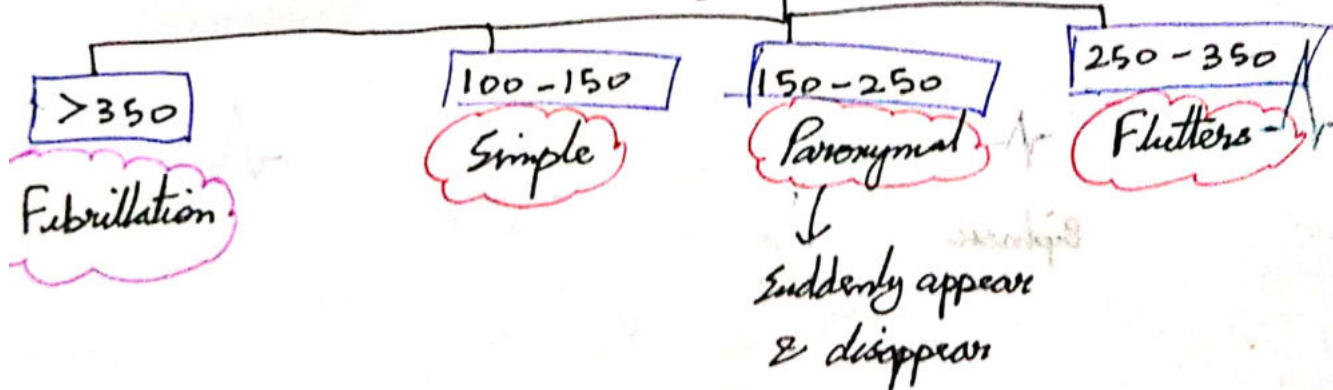
- Normal cardiac rhythm

- ① Heart rate :- 60 to 100
- ② Every heart beat must originate from SAN
- ③ Cardiac impulses should propagate thru normal conduction pathway with normal velocity.

Abnormal moderate AVN V.V slow Purkinje fast



- Heart rate $< 60 \Rightarrow$ Bradyarrhythmias
Heart rate $> 100 \Rightarrow$ Tachyarrhythmias



Heart rate 40-60 $\Rightarrow$ Mild BA
20-40 $\Rightarrow$ Moderate BA
 $< 20 \Rightarrow$ Severe BA

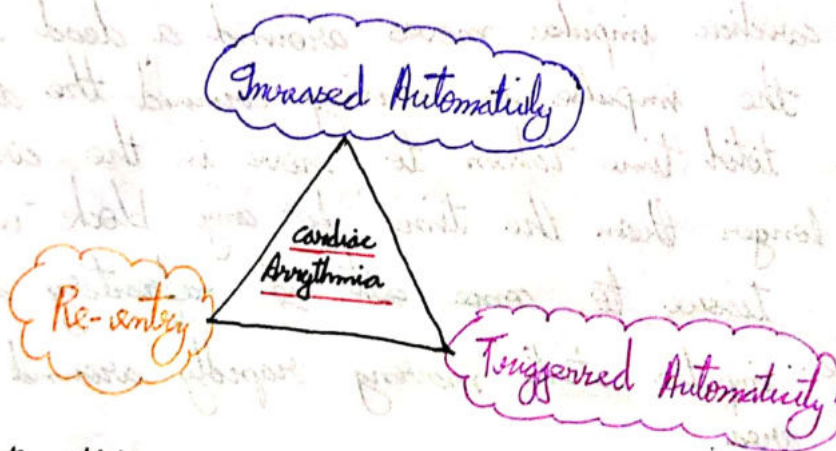
Supra ventricular
Tachycardias

Accd to site

- ① Sinus Arrhythmia $\Rightarrow$ Abnormal Rhythms in SAN
- ② Atrial Arrhythmia $\Rightarrow$ " " in Atria
- ③ Junctional Arrhythmia $\Rightarrow$ " " AV node.
or nodal arrhythmia
- ④ Ventricular Arrhythmia $\Rightarrow$ " " Ventricles

- Mechanisms of Cardiac Arrhythmias :-

- ① ① Automaticity :-
- ② Triggered Automaticity
- ③ Phenomenon of Pentry / Arus most



① ① Automaticity :-

- SAN generates potentials spontaneously - Pacemaker.
ie shows automaticity.

- ① automaticity $\rightarrow$ stimulation of β_1 adrenergic receptors by epinephrine
 $\rightarrow$ Threshold attained rapidly and there are more frequent action pot.
 firing More frequently

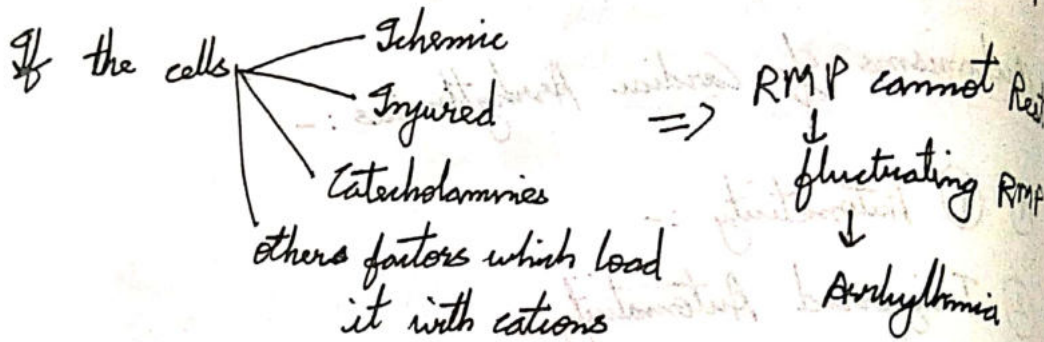
② Triggered Automaticity :-

Ventricular cell - Na^+ dependent depo



- ① Early After depolarisation $\Rightarrow$ depo starts early
- ② fluctuating RMP $\Rightarrow$ delayed after depolarisation

Triggered automaticity induced Tachy arrhythmias are



③ Re entry / Circus movt :-

If a cardiac impulse moves around a dead area when the impulse is moving around the dead area the total time taken to move in the circle is longer than the time for any block in the tissue to come out of refractory area, the impulse starts moving rapidly around the dead area.

Ischemic hrt disease

Sinus Arrhythmias and ECG patterns.

① Physiological :- Normal phenomenon - very mild

- Vagus controls the automaticity of SAN & AVN
- Inhibitory influence of Vagus
- Vagal activity fluctuates during Respiratory cycle

Vagal tone fluctuations

Inspiratory phase

Vagus inhibited

Heart rate $\uparrow$ slightly

Expiration
opposite

Heart rate $\downarrow$ slightly

- Diabetic patient

$\rightarrow$ Autonomic neuropathy

$\rightarrow$ Vagus not firm

$\rightarrow$ Heart rate will not fluctuate during Resp cycle

- Transplanted Heart

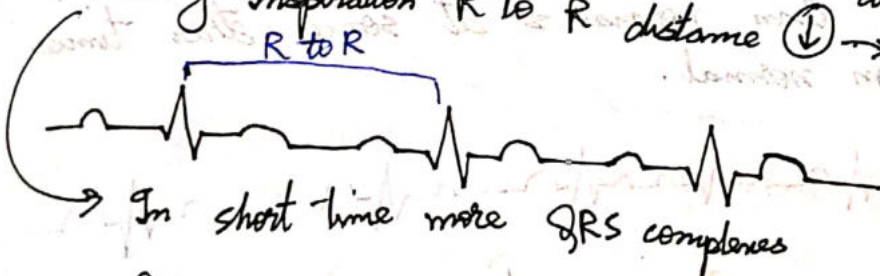
$\rightarrow$ denervated

$\rightarrow$ No Vagal influence

$\rightarrow$ does not undergo physiological sinus arrhythmia

- During Inspiration R to R distance $\downarrow$

$\rightarrow$ short RR distances



$\downarrow$ small time more complexes

During expiration $\rightarrow$ Vagal influence $\uparrow \rightarrow$ Heart rate $\downarrow$
R to R distance larger

② Sinus Tachycardia :-

$\rightarrow$ Heart rate more than 100 due to $\uparrow$ activity in SAN

Exercise

Fever

Thyrotoxicosis

$\rightarrow$ overstimulation of SAN

P waves prod more frequently

RR distance will be less



③ Sinus Bradycardia:-

↳ slow heart rate < 60

→ Athletes → due to ↑ vagal tone

→ Hyperthyroidism

→ Hypothermia

→ Obstructive Jaundice → Bile acid accumulates in SAN.

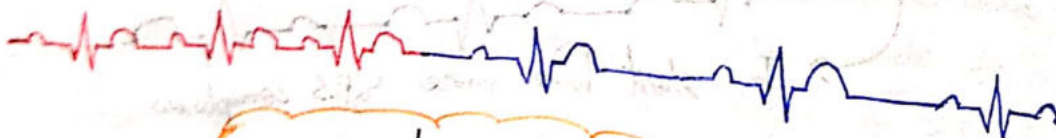


P wave frequency is less

R-R distance larger than normal

④ Sinus Tachybrady syndrome / Sick Sinus Syndrome:-

SAN behaves pathologically - sometimes it is firing faster than normal & at some other times slower than normal.



Physiological - Mild due to vagal tone fluctuations

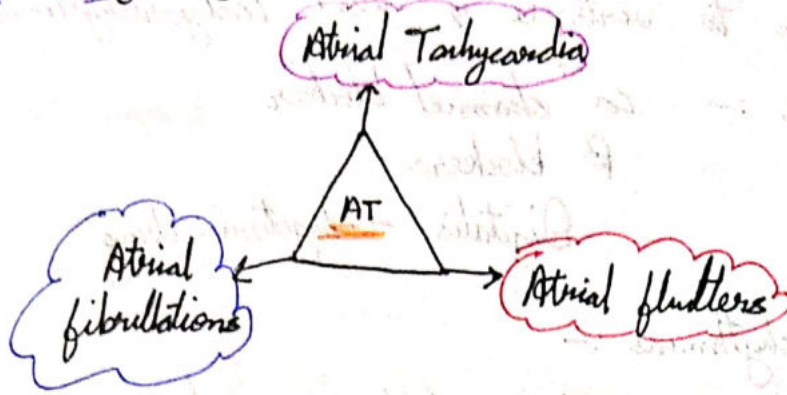
Sick Sinus - SAN underdrives the heart

Sinus Arrhythmias

Sinus Tachy - SAN overdrives the heart

Sinus Brady - SAN underdrives the heart

Atrial Tachyarrhythmias and ECG:-



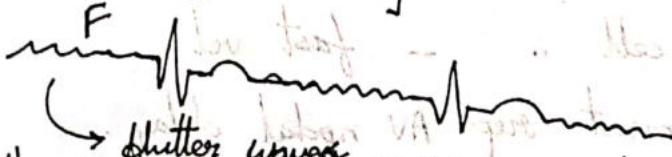
① Atrial Tachy:- [125 - 250/min - electrical activity]
→ Atria is abnormally irritated

→ Multiple P waves followed by one QRS
→ well defined & recognisable

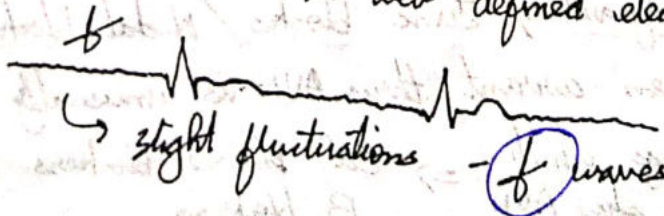


② Atrial flutter:- [250 - 350]

→ Flutter waves - very rapid atrial dep. present in atrial tissue.
→ sawtooth base line.



③ Atrial fibrillation:- More than 1 ectopic foci - simultaneously firing.
→ Small Multiple Vectors directed in diff directions
→ dysynchronised
→ No well defined electrical vector in atria



If Atrial tachyarrhythmias are transmitted to ventricles then they can precipitate Vent Tachyarrhythmias which are life threatening

Digitalis - Vagotonic drug

voltage gate Na^+
are not Ca^{2+}
branches

↳ In bundle of this, bundle branches & Purkinje fibres

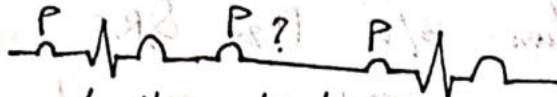
Purkinje cell .. - fast vel.

↳ drug like caffeine, sympathomimetic drugs

PR interval is prolonged $\Rightarrow$ 1st degree

- 1st degree block :- Every impulse / current from atrium is allowed to enter the ventricle but is held in the AVN for usually longer duration

- 2nd degree block :-



Some of the atrial depolarisations are suppressed / aborted in the AVN.

ie Some P are not followed by QRS

- 3rd degree block :- drug like Adenosine completely suppresses the AV node.

- None of the Atrial depts are trans to Ventricles
- As a result a new pacemaker dev for Ventricles.
- Atrial & Vent activity dissociated from each other.
- Complete hrt block.

(N)

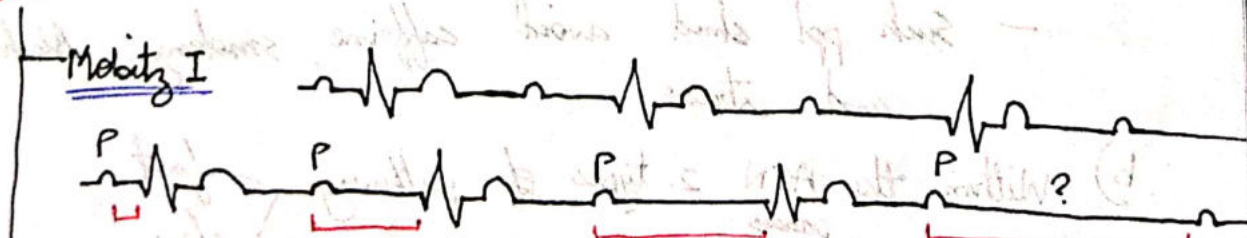


I^o HB



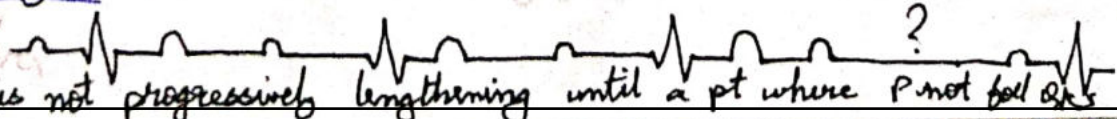
PR prolonged but every P followed by QRS

II^o HB



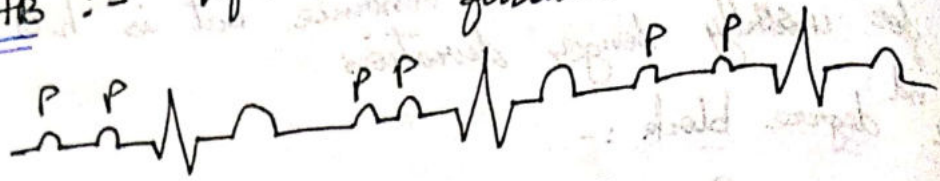
Progressive elongation of PR interval until one P wave is not foll by QRS complex

Mobitz II

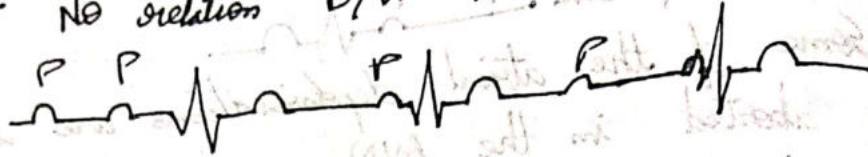


PR is not progressively lengthening until a pt where P not foll QRS

II^o HB :- After two P waves a QRS complex followed

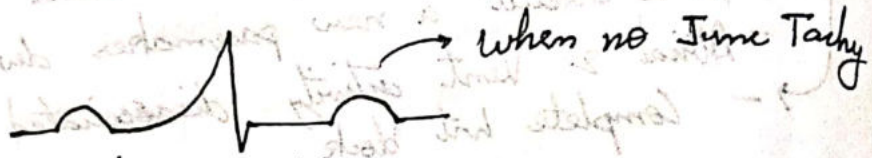


III^o HB :- No relation B/W P & QRS



② Junc Tachycardia :-

a) - Abnormal / Pathological connection B/W atria & vent is called Bundle of Kent
↳ faster than AVN.



↳ Junc Wolff Parkinson Syndrome -

- When any phenomenon makes the AVN conduct faster they ppt dangerous Junc Tachy.

↳ An impulse from Bundle of Kent enters the A
Heart rate is doubled. reenters
↳ circus
mort

- Such ppl shud avoid caffeine, smoking, Alcohol, and stress.

b) Within the AVN 2 types of pathway fast
slow
Current ^{passes} thru fast and then reenters thru the slow - intranodal reentrant phenomenon.

Treatment :- Massaging Carotid Sinus → Vagal outflow

↓
AVN inhibi

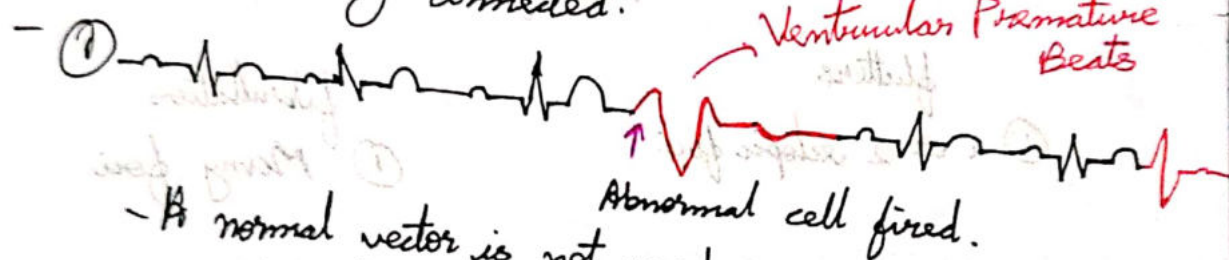
Ventricular Arrhythmias :-

- Common cause:- irritable foci in the ventricles - fire in a pathological way.

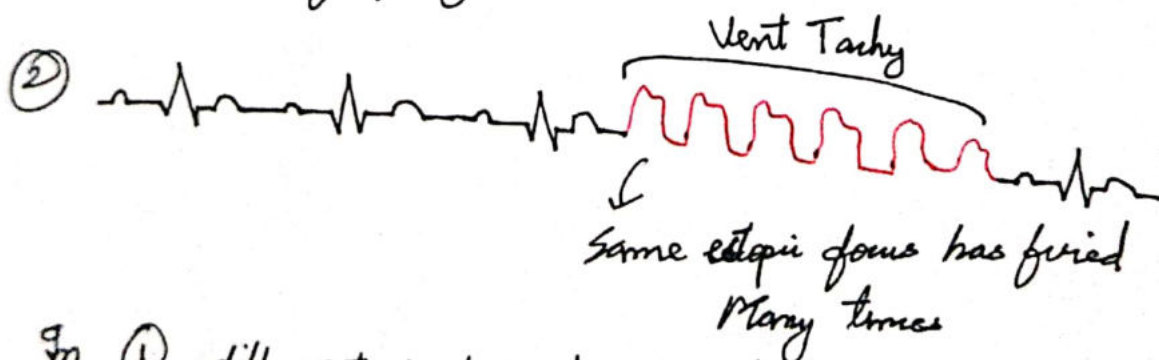
eg:- Ischemic cell $\Rightarrow$ O_2 supply $\downarrow \Rightarrow$ less ATP $\Rightarrow$ Na^+/K^+ fluctuating RMP $\leftarrow$ RMP is less -ve $\leftarrow$ Na^+ ventrapped in cell. $\leftarrow$ ATPase does not pump

Injured Ischemic cell $\Rightarrow$ leaky to cations.

- $\$$ Biventricular arrhythmia :: both ventricles are electrically connected.



- A normal vector is not made
- Moderate vel hence wider
- Current not coming thru Bundle of His
- It is thru an ectopic focus
- If they are occasional - Not dangerous
- " " " occurring more frequently - dangerous.



In ① diff ectopic foci have fired.

- flutter
 $\hookrightarrow$ If cont for long time cardiac output will $\downarrow$
Multiple areas of severe Ischemia appear in heart $\leftarrow$ Every area starts firing on its own