

August 2011

[KZ 1011] Sub. Code: 4702

B.Sc (Nursing) DEGREE EXAMINATION

(New Regulations for the candidates admitted from 2006-07 onwards)
First Year

Paper II - NUTRITION AND BIOCHEMISTRY

Q.P. Code: 664702

Time: Three hours Maximum: 100 marks

Answer ALL questions.

Answer Section A and Section B SEPARATELY.

SECTION A (NUTRITION)

I. Essay: (1X20=20)

1. Define BMR. How will you determine the BMR? List the factors affecting the BMR of a person.

II. Write Short Notes on:

(4X 5 = 20)

- 1. Food groups.
- 2. Nutritive valve of Proteins.
- 3. Importance of nutrition in nursing.
- 4. Regulation of blood glucose.

III. Short Answer Questions:

(5X 2 = 10)

- 1. Two types of weaning foods.
- 2. Two national organizations associated with nutrition.
- 3. Sources of Iron.
- 4. List out the essential amino acids.
- 5. List dry heat methods of cooking foods.

SECTION B (BIOCHEMISTRY)

I. Essay: (1X20=20)

1. Write down the steps involved in Urea cycle and how it is regulated? What is the normal level of urea in an adult?

II. Write Short Notes on:

(4X 5 = 20)

- 1. Metabolic acidosis.
- 2. Role of Vitamin A in vision.
- 3. Renal function test.
- 4. Factors influencing enzyme action.

III. Short Answer Questions:

(5X 2 = 10)

- 1. Name two essential fatty acids.
- 2. Name two clinically significant transaminase measured in the laboratory.
- 3. Name two special products from tyrosine and their function.
- 4. What are the coenzymes of pyridoxine? Mention a reaction where it is used?
- 5. What is the end product of purine catabolism? What is its normal level?
