

[LG 1011] FEBRUARY 2015 Sub. Code: 4702

B.Sc (Nursing) DEGREE EXAMINATION (New Regulations for the candidates admitted from 2006-07 onwards) FIRST YEAR PAPER II – NUTRITION AND BIOCHEMISTRY

Q.P. Code: 664702

Time: Three hours Maximum: 75 marks

Answer Section A and Section B Separately SECTION A

(NUTRITION)

I. Elaborate on: $(1 \times 15 = 15)$

1. Write about Nutrition Education in detail.

II. Write notes on: $(3 \times 5 = 15)$

- 1. Plan a day's menu for a Pregnant mother
- 2. Iodine deficiency disorder(IDD)
- 3. Basic Five Food groups

III. Short answers on: $(5 \times 2 = 10)$

- 1. Objectives of Applied Nutrition Programmes
- 2. Functions of protein
- 3. Dental fluorosis
- 4. Define Balanced diet
- 5. List out four sources of Vit-E

SECTION B (BIOCHEMISTRY)

I. Elaborate on: $(1 \times 15 = 15)$

1. Write the sources, RDA, Biochemical functions of Vitamin D and the clinical manifestation of its deficiency.

II. Write notes on: $(2 \times 5 = 10)$

- 1. Regulation of Blood glucose
- 2. Enzymes of clinical importance

III. Short answers on: $(5 \times 2 = 10)$

- 1. Cytoskeleton
- 2. Essential fatty acids
- 3. Difference between DNA and RNA(any two)
- 4. Write any two functions of calcium
- 5. Ribosomes
