

[LF 6271]

AUGUST 2014

Sub. Code: 6271

B.P.T. DEGREE EXAMINATION
SECOND YEAR / III & IV SEMESTER

PAPER IV – EXERCISE THERAPY - II AND SOFT TISSUE MANIPULATIONS

Q.P. Code: 746271

Time : Three Hours**Maximum : 100 marks**

Answer ALL questions

I. Elaborate on:**(2 x 20 = 40)**

1. Explain in detail about different techniques involved in facial massage and its physiological and therapeutic effect.
2. Explain in detail the techniques of proprioceptive neuromuscular facilitation by Dr. Herman Kabat and effects and uses.

II. Write notes on:**(8 x 5 = 40)**

1. Contracture and Deformity.
2. Causes of Muscle Paralysis.
3. Mobilisation of a stiff joint.
4. Measures for Prevention of Muscle wasting.
5. Grades of Spasticity.
6. Abnormal Posture.
7. Mobility Aids.
8. Gait cycle.

III. Short Answers on:**(10 x 2 = 20)**

1. Agility Exercises.
2. Isometric Exercises.
3. Endurance.
4. Hold and Pull.
5. Flaccidity.
6. Scissoring Gait.
7. Petrissage.
8. All or none law.
9. Torque.
10. Double joint muscle.
