

FINAL EXAM  
JUNE 2018

NATIONAL BOARD OF EXAMINATIONS

## PSYCHIATRY

## PAPER-IV

PSY/J/18/39/IV

Time: 3 hours

Max. Marks:100

Important Instructions:

- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space
- Answer all the parts of a single question together.
- Start the answer to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

- |  |         |
|--|---------|
| 1. What is palliative care? Discuss role of psychiatrist in palliative care.   | 2+8     |
| 2. Clinical features, comorbidity and treatment of hoarding disorder.  | 4+3+3   |
| 3. Core and associated behavioral symptoms seen in autism spectrum disorder.   | 4+6     |
| 4. What is transcranial direct current stimulation? Discuss its mechanism of action and role in psychiatric disorders.                                       | 3+(4+3) |
| 5. What are inhalants? Discuss clinical presentation and management of inhalant use disorder.  | 2+(4+4) |
| 6. What is mentalization based therapy? How does it differ from mindfulness? Briefly discuss its role in psychiatric disorders.                              | 2+4+4   |
| 7. What is personalised medication? Discuss its principles and application in psychiatry.  | 2+(4+4) |
| 8. Write briefly about the etiology of tardive dyskinesia. Discuss its pharmacological management in relation to recently approved drugs for its management. | 4+6     |
| 9. Assessment and certification of specific learning disability in India.  | 4+6     |
| 10. Define human rights. What are different rights of persons with mental illness as per Mental Health Care Act, 2017.                                       | 2+8     |

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