R19 M.PHARM PHARMACOLOGY

# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD

# M.PHARMACY (PHARMACOLOGY)

# COURSE STRUCTURE AND SYLLABUS Effective from Academic Year 2019-20 Admitted Batch

# IYEAR I Semester

Course Code	Course Title	L	T	Р	Credits
Professional	Advanced Pharmacology – I	3	0	0	3
Core-I					
Professional	Clinical Pharmacology and Pharmacotherapeutics	3	0	0	3
Core-II					
Professional	Pharmacokinetics and Drug Metabolism	3	0	0	3
Elective-I	Clinical Research and Pharmacovigilance				
	3. Principles of Drug Discovery				
Professional	Animal cell cultures and applications	3	0	0	3
Elective-II	2. Molecular Biology				
	3. Principles of Toxicology				
MC	Research Methodology and IPR	2	0	0	2
Laboratory-I	Advanced Pharmacology - I Lab	0	0	4	2
Laboratory-II	Clinical Pharmacology and Pharmacotherapeutics Lab	0	0	4	2
Audit	Audit Course - I	2	0	0	0
	TOTAL	16	0	8	18

# I YEAR II Semester

Course Code	Course Title	L	Т	Р	Credits
Professional	Advanced Pharmacology- II	3	0	0	3
Core-III					
Professional	Pharmacological Screening Methods and Toxicology	3	0	0	3
Core-IV					
Professional	Quality Use of Medicines	3	0	0	3
Elective-III	2. Pharmacoepidemiology and Pharmacoeconomics				
	Advanced Drug Delivery Systems				
Professional	Pharmaceutical Management	3	0	0	3
Elective-IV	2. Nutraceuticals				
	3. Pharmacokinetic and therapeutic drug monitoring				
Laboratory-III	Advanced Pharmacology – II Lab	0	0	4	2
Laboratory-IV	Pharmacological Screening Methods and Toxicology lab	0	0	4	2
	Mini project with seminar	2	0	0	2
Audit	Audit Course – II	2	0	0	0
	TOTAL	16	0	8	18



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# Audit Courses 1 & 2

- 1. English for Research Paper Writing
- 2. Disaster Management
- 3. Sanskrit for Technological Learning
- 4. Value Education
- 5. Constitution of India
- 6. Pedagogy Studies
- 7. Stress Management by Yoga
- 8. Personality Development through Life Enlightenment Skills

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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

### ADVANCED PHARMACOLOGY- I (Professional Core-I)

**Course Objective:** The subject is designed to strengthen the basic knowledge in the field of pharmacology and to impart recent advances in the drugs used for the treatment of various diseases. In addition, this subject helps the students to understand the concepts of drug action and mechanisms involved.

**Course Outcome:** Upon completion of the course the student shall be able to:

- Discuss the pathophysiology and pharmacotherapy of certain diseases
- Explain the mechanism of drug actions at cellular and molecular level
- Understand the adverse effects, contraindications and clinical uses of drugs used in treatment of diseases

### UNIT - I

# **General Pharmacology:**

- a. Pharmacokinetics: The dynamics of drug absorption, distribution, biotransformation and elimination. Concepts of linear and non-linear compartment models. Significance of Protein binding.
- b. Pharmacodynamics: Mechanism of drug action and the relationship between drug concentration and effect. Receptors, structural and functional families of receptors quantitation of drug receptors interaction and elicited effects.

### **UNIT-II**

# **Neurotransmission**

- a. General aspects and steps involved in neurotransmission.
- b. Neurohumoral transmission in autonomic nervous system (Detailed study about neurotransmitters- Adrenaline and Acetylcholine).
- c. Neurohumoral transmission in central nervous system (Detailed study about neurotransmitters-histamine, serotonin, dopamine, GABA, glutamate and glycine].
- d. Non-adrenergic non-cholinergic transmission (NANC). Cotransmission
- Systemic Pharmacology A detailed study on pathophysiology of diseases, mechanism of action, pharmacology and toxicology of existing as well as novel drugs used in the following systems Autonomic Pharmacology Parasympathomimetics and lytics, sympathomimetics and lytics, agents affecting neuromuscular junction

### **UNIT-III**

# Central nervous system Pharmacology

General and local anesthetics Sedatives and hypnotics, drugs used to treat anxiety. Depression, psychosis, mania, epilepsy, neurodegenerative diseases. Narcotic and non-narcotic analgesics.

## **UNIT-IV**

# **Cardiovascular Pharmacology**

Diuretics, antihypertensives, antiischemics, anti- arrhythmics, drugs for heart failure and hyperlipidemia. Hematinics, coagulants, anticoagulants, fibrinolytics and antiplatelet drugs.

# **UNIT-V**

# **Autacoid Pharmacology**

The physiological and pathological role of Histamine, Serotonin, Kinins Prostaglandins Opioid autacoids. Pharmacology of antihistamines, 5HT antagonists.



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### **REFERENCES:**

- 1. The Pharmacological Basis of Therapeutics, Goodman and Gillman's
- 2. Principles of Pharmacology. The Pathophysiologic basis of drug Therapyby David E Golan, Armen H, Tashjian Jr, EhrinJ, Armstrong, April W, Armstrong, Wolters, Kluwer-Lippincott Williams & Wilkins Publishers.
- 3. Basic and Clinical Pharmacology by B. G Katzung
- 4. Hand book of Clinical Pharmacokinetics by Gibaldi and Prescott.
- 5. Applied biopharmaceutics and Pharmacokinetics by Leon Shargel and Andrew B. C. Yu.
- 6. Graham Smith. Oxford textbook of Clinical Pharmacology.
- 7. Avery Drug Treatment
- 8. Dipiro Pharmacology, Pathophysiological approach.
- 9. Green Pathophysiology for Pharmacists.

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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

### CLINICAL PHARMACOLOGY AND PHARMACOTHERAPEUTICS (Professional Core - II)

## **Course Objective**

This course is designed to impart knowledge and skills necessary for contribution to quality use of medicines. Chapters dealt cover briefly pathophysiology and mostly therapeutics of various diseases. This will enable the student to understand the pathophysiology of common diseases and their management.

**Course Outcome:** At completion of this subject it is expected that students will be able to understand –

- the pathophysiology of selected disease states and the rationale for drug therapy;
- the controversies in drug therapy;
- the importance of preparation of individualised therapeutic plans based on diagnosis;
- needs to identify the patient-specific parameters relevant in initiating drug therapy, and monitoring therapy (including alternatives, time-course of clinical and laboratory indices of therapeutic response and adverse effects);
- summarize the therapeutic approach to management of these diseases including reference to the latest available evidence;
- Therapy (including alternatives, time-course of clinical and laboratory indices of therapeutic response and adverse effects).
- Pathophysiology and applied Pharmacotherapeutics of diseases associated with following system/diseases with of special reference to the drug of choice.

## UNIT - I

Principles of Pharacokinetics

- 1. Revision of basic concepts.
- 2. Clinical Pharmacokinetics.
  - a. Dose response in man
  - b. Influence of renal and hepatic disease on Pharmacokinetics
  - c. Therapeutics drug monitoring & individualization of drug therapy
  - d. Population Pharmacokinetics.

# UNIT - II

Adverse Drug Reactions, Drug Interactions, ADR monitoring & Pharmacovigilance.

### **UNIT - III**

Pathophysiology and drug therapy of the following disorders.

Schizophrenia, anxiety, depression, epilepsy, Parkinson's, alzheimer's diseases, migraine, hypertension, angina pectoris, arrhythmias, atherosclerosis, myocardial infaraction.

### **UNIT - IV**

Pathophysiology and drug therapy of the following disorders.

TB, leprosy, leukemia, solid tumors, lymphomas, psoriasis, respiratory, urinary, g.i. tract infections, endocarditis, fungal and HIV infection, rheumatoid arthritis, glaucoma, menstrual disorders, menopause.



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### **UNIT-V**

Drug therapy in

- a) Geriatrics
- b) Pediatrics
- c) Pregnancy & Lactation.
- d) Renal & hepatic insufficiency

### **REFERENCES:**

- 1. Clinical Pharmacy and Therapeutics Roger and Walker, Churchill Livingstone publication.
- 2. Pharmacotherapy: A Pathophysiologic approach Joseph T. Dipiro et al. Appleton & Lange.
- 3. Pathologic basis of disease Robins SL, W.B. Saunders publication.
- 4. Pathology and therapeutics for Pharmacists: A Basis for Clinical Pharmacy Practice Green and Harris, Chapman and Hall publication.
- 5. Clinical Pharmacy and Therapeutics Eric T. Herfindal, Williams and Wilkins Publication.
- 6. Applied Therapeutics: The clinical Use of Drugs. Lloyd Young and Koda-Kimble MA
- 7. Avery's Drug Treatment, 4th Edn, 1997, Adis International Limited.
- 8. Relevant review articles from recent medical and pharmaceutical literature.
- 9. Pharmacotherapy: A Pathophysiologic approach Joseph T. Dipiro et al. Appleton & Lange
- 10. Clinical Pharmacy and Therapeutics Eric T. Herfindal, Williams and Wilkins Publication
- 11. Applied Therapeutics: The clinical Use of Drugs. Lloyd Young and Koda-Kimble MA

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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

### PHARMACOKIENTICS AND DRUG METABOLISM (Professional Elective - I)

**Course Objective:** In current methods of treatment which involves individualization of drug therapy, the student should have sound knowledge in pharmacokinetics and the effects of changes in pharmacokinetic parameters on therapeutic efficacy of the drugs.

**Course Outcomes:** Upon completion of the subject student shall be able to (Know, do, appreciate);

- Understand various pharmacokinetic parameters
- Influence of these parameters on efficacy of drugs
- Identify and resolve drug related problems;
- Pharmacogenetics

### UNIT - I

Drug Absorption: Gastrointestinal, percutaneous, and rectal kinetics and factors affecting drug absorption. Absorption kinetics

### **UNIT - II**

Drug Distribution: Plasma protein binding – factors affecting plasma protein binding – Tissue binding – transfer of drugs through biological barriers their therapeutic implication in drug action. Volume of distribution. Reaction of the body to foreign substances: Biotransformation of drugs, phase I and phase II metabolic reactions.

## **UNIT - III**

Elimination of drugs: Concept of renal clearance and excretion of drugs –biological half – life, area under curve.

## **UNIT - IV**

Bioavailability of drug products: Bioavailability tests. Bioequivalence. Compartment models and relevant pharmacokinetic parameters.

# UNIT - V

Pharmacogenetics: Inter racial and individual variability in drug metabolism.

# **REFERENCES:**

- 1. Shargel and Leon. Applied Biopharmaceutics and pharmacokinetics. Latest edition. Publisher: Prentice Hall, London.
- 2. Biopharmaceutics and Clinical Pharmacokinetics by, Milo Gibaldi b. Remington's Pharmaceutical Sciences, By Mack Publishing Company, Pennsylvnia.
- 3. Pharmacokinetics: By Milo Glbaldi Donald, R. Mercel Dekker Inc.
- 4. Hand Book of Clinical Pharmacokinetics, By Milo Gibaldi and Laurie Prescott by ADIS Health Science Press.
- 5. Biopharmaceutics and Pharmacokinetics; By Robert F Notari f. Biopharmaceutics; By Swarbrick
- 6. Biopharmaceutics and Pharmacokinetics-A Treatise, By D. M. Brahmankar and Sunil B. Jaiswal, Vallabh Prakashan Pitampura, Delhi
- 7. Cilincal Pharmacokinetics, Concepts and Applications: By Malcolm Rowland and Thomas, N. Tozer, Lea and Febrger, Philadelphia, 1995.



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- 8. Dissolution, Bioavailability and Bioequivalence, By Abdou H.M, Mack, Publishing Company, Pennsylvania 1989.
- 9. Biopharmaceutics and Clinical Pharmacokinetics-An introduction 4th edition Revised and expanded by Robert F Notari Marcel Dekker Inn, New York and Basel, 1987.
- 10. Encyclopedia of Pharmaceutical Technology, Vol 13, James Swarbrick, James, Roylan, Marcel Dekker Inc, New York 1996.

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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

## CLINICAL RESEARCH AND PHARMACOVIGILANCE (Professional Elective - I)

**Course Objective:** This subject will provide a value addition and current requirement for the students in clinical research and pharmacovigilance. It will teach the students on conceptualizing, designing, conducting, managing and reporting of clinical trials. This subject also focuses on global scenario of pharmacovigilance in different methods that can be used to generate safety data. It will teach the students in developing drug safety data in pre-clinical, clinical phases of drug development and post market surveillance.

Course Outcomes: Upon completion of the course, the student shall be able to,

- Explain the regulatory requirements for conducting clinical trial
- Demonstrate the types of clinical trial designs
- Explain the responsibilities of key players involved in clinical trials
- Execute safety monitoring, reporting and close-out activities
- Explain the principles of Pharmacovigilance
- Detect new adverse drug reactions and their assessment
- Perform the adverse drug reaction reporting systems and communication in pharmacovigilance

### UNIT- I

Regulatory Perspectives of Clinical Trials: Origin and Principles of International Conference on Harmonization - Good Clinical Practice (ICH-GCP) guidelines Ethical Committee: Institutional Review Board, Ethical Guidelines for Biomedical Research and Human Participant-Schedule Y, ICMR, Informed Consent Process: Structure and content of an Informed Consent Process Ethical principles governing informed consent process

### **UNIT - II**

Clinical Trials: Types and Design: Experimental Study- RCT and Non RCT, Observation Study: Cohort, Case Control, Cross sectional Clinical Trial Study Team Roles and responsibilities of Clinical Trial Personnel: Investigator, Study Coordinator, Sponsor, Contract Research Organization and its management.

## **UNIT-III**

Clinical Trial Documentation: Guidelines to the preparation of documents, Preparation of protocol, Investigator Brochure, Case Report Forms, Clinical Study Report Clinical Trial Monitoring-Safety Monitoring in CT Adverse Drug Reactions: Definition and types. Detection and reporting methods. Severity and seriousness assessment. predictability and preventability assessment. Management of adverse drug reactions; Terminologies of ADR.

### **UNIT-IV**

Basic aspects, terminologies and establishment of pharmacovigilance: History and progress of pharmacovigilance, Significance of safety monitoring, Pharmacovigilance in India and international aspects, WHO international drug monitoring programme, WHO and Regulatory terminologies of ADR, evaluation of medication safety, Establishing pharmacovigilance centres in Hospitals, Industry and National programmes related to pharmacovigilance. Roles and responsibilities in Pharmacovigilance.

### UNIT- V

Methods, ADR reporting and tools used in pharmacovigilance: International classification of



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diseases, International Nonproprietary names for drugs, Passive and Active surveillance, Comparative observational studies, targeted clinical investigations and Vaccine safety surveillance. Spontaneous reporting system and Reporting to regulatory authorities, Guidelines for ADRs reporting. Argus, Aris G Pharmacovigilance, Vigi Flow, Statistical methods for evaluating medication safety data.

### REFERENCES:

- 1. Central Drugs Standard Control Organization- Good Clinical Practices, Guidelines for Clinical Trials on Pharmaceutical Products in India. New Delhi: Ministry of Health; 2001.
- International Conference on Harmonization of Technical requirements for registration of Pharmaceuticals for human use. ICH Harmonized Tripartite Guideline. Guideline for Good Clinical Practice. E6; May 1996.230
- 3. Ethical Guidelines for Biomedical Research on Human Subjects 2000. Indian Council of Medical Research, New Delhi.
- 4. Textbook of Clinical Trials edited by David Machin, Simon Day and Sylvan Green, March 2005, John Wiley and Sons.
- 5. Clinical Data Management edited by R K Rondels, S A Varley, C F Webbs. Second Edition, Jan 2000, Wiley Publications.
- 6. Handbook of clinical Research. Julia Lloyd and Ann Raven Ed. Churchill Livingstone.
- 7. Principles of Clinical Research edited by Giovanna di Ignazio, Di Giovanna and Haynes.
- 8. Textbook of Pharmacovigilance: Concept and Practice. G. P. Mohanta and P. K. Manna. 2016, Pharma Med Press.
- 9. A textbook of Clinical Pharmacy Practice: Essential Concepts and Skills. Second Edition, 2012, University Press

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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

### PRINCIPLES OF DRUG DISCOVERY (Professional Elective - I)

**Course Objective:** The subject imparts basic knowledge of drug discovery process. This information will make the student Competent in drug discovery process.

Course Outcome: Upon completion of the course, the student shall be able to,

- Explain the various stages of drug discovery.
- Appreciate the importance of the role of genomics, proteomics and bioinformatics in drug discovery
- Explain various targets for drug discovery.
- Explain various lead seeking method and lead optimization
- Appreciate the importance of the role of computer aided drug design in drug discovery

### UNIT- I

An overview of modern drug discovery process: Target identification, target validation, lead identification, and lead Optimization. Economics of drug discovery. Target Discovery and validation-Role of Genomics, Proteomics and Bioinformatics. Role of Nucleic acid microarrays, Protein microarrays, Antisense technologies, siRNAs, antisense oligonucleotides, Zinc finger proteins. Role of transgenic animals in target validation.

#### **UNIT-II**

**Lead Identification:** combinatorial chemistry & high throughput screening, in silico lead discovery techniques; Assay development for hit identification. Protein structure Levels of protein structure, Domains, motifs, and folds in protein structure. Computational prediction of protein structure: Threading and homology modeling methods. Application of NMR and X-ray crystallography in protein structure prediction.

### **UNIT-III**

Rational Drug Design: Traditional vs rational drug design, Methods followed in traditional drug design, High throughput screening, Concepts of Rational Drug Design, Rational Drug Design Methods: Structure and Pharmacophore based approaches. Virtual Screening techniques: Drug likeness screening, Concept of pharmacophore mapping and pharmacophore based Screening,

### **UNIT-IV**

**Molecular docking:** Rigid docking, flexible docking, manual docking; Docking based screening. De novo drug design. Quantitative analysis of Structure Activity Relationship History and development of QSAR, SAR versus QSAR, Physicochemical parameters, Hansch analysis, Fee Wilson analysis, and relationship between them.

### **UNIT-V**

**QSAR Statistical methods:** regression analysis, partial least square analysis (PLS) and other multivariate statistical methods. 3D-QSAR approaches like COMFA and COMSIA Prodrug design-Basic concept, Prodrugs to improve patient acceptability, Drug solubility, Drug absorption, and distribution, site specific drug delivery and sustained drug action. Rationale of prodrug design and practical consideration of prodrug design.



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### **REFERENCES**

- 1. Mouldy Sioud. Target Discovery and Validation Reviews and Protocols: Volume 2 Emerging Molecular Targets and Treatment Options. 2007 Humana Press Inc.
- 2. Darryl León. Scott Markelln. Silico Technologies in Drug Target Identification and Validation 2006 by Taylor and Francis Group, LLC.
- 3. Johanna K. DiStefano. Disease Gene Identification. Methods and Protocols. Springer New York Dordrecht Heidelberg London.
- 4. Hugo Kubiny. QSAR: Hansch Analysis and Related Approaches. Methods and Principles in Medicinal Chemistry. Publisher Wiley-VCH
- 5. Klaus Gubernator, Hans-Joachim Böhm. Structure-Based Ligand Design.
- 6. Methods and Principles in Medicinal Chemistry. Publisher Wiley-VCH
- 7. Abby L .Parrill. M. Rami Reddy. Rational Drug Design. Novel Methodology and Practical Applications. ACS Symposium Series; American Chemical Society: Washington, DC, 1999.
- 8. J. Rick Turner. New drug development design, methodology and, analysis. John Wiley & Sons, Inc., New Jersey.

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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

### **ANIMAL CELL CULTURE (Professional Elective - II)**

**Course Objective:** The subject imparts basic knowledge of animal cell culture. This information will make the student Competent in various cell culture techniques and their applications.

**Course Outcome:** Upon completion of the course, the student shall be able to,

- Explain the various types of cell cultures, their requirements and advantages
- Appreciate the importance of the bioreactor, cell lines and their applications
- Explain various culture, preservation and maintenance techniques
- Explain various IVF techniques, embryo cultures and gene transfer
- Appreciate the importance of the role embryo culture in and its applications

### UNIT - I

Introduction to Animal Biotechnology and its applications: History and scope of animal cell and tissue culture, Advantages and disadvantages of tissue culture, Laboratory facilities for tissue culture. Primary and secondary cell lines cell culture environment, Safety measures laminar hood,

#### **UNIT - II**

Basic tissue culture techniques, various types of cultures, Bioreactors, Common cell lines and aseptic methods, Culture media, maintenance and preservation of cell cultures, freezing media, treatment of substrate surfaces.

### **UNIT - III**

Feeder layers on substrate, gas phase for tissue culture, Culture media for cells and tissues, Culture procedures, Disaggregation (enzymatic and mechanical) of tissue and primary culture

## **UNIT - IV**

Cultured cells and evolution of cell lines, Maintenance of culture-cell lines, Tissue culture (slide, flask and test tube cultures), Organ culture, Whole embryo culture, Tissue engineering (artificial skin and artificial cartilage). Cell cultures as a source of valuable products

### UNIT - V

In Vitro Fertilization & Transgenic Animals In vitro fertilization (IVF) in humans; embryo transfer (ET) in humans; superovulation, IVF and embryo culture in farm animals (e.g. cow); embryo transfer in cattle, Gene transfer or transfection (using eggs and cultured stem cells); targeted gene transfer; transgenic animals. (mice, sheep, pigs, rabbits, goats, cows, fish).

### **REFERENCE BOOKS:**

- 1. Introduction to Biotechnology, P.K.Gupta, Kalyani Publishers, second edition.
- 2. Introduction to plant Biotechnology, H.S.Chawala, second ed., PHI
- 3. Plant Biotechnology P. C. Trivedi
- 4. Applied Plant Biotechnology Ignacimuthu
- 5. Animal Biotechnology Babinnk and Philips.
- 6. Biotechnology B. D. Singh.
- 7. Plant Tissue Culture S.S. Bhojwani, M.K. Razdan.
- 8. Biotechnology Fundamentals and Applications Purohis S S
- 9. Biotechnology in the Welfare of Mankind Ali Khan





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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

### **MOLECULAR BIOLOGY (Professional Elective - II)**

**Course Objective:** The subject imparts basic knowledge of molecular biology. This information will make the student Competent in molecular biology DNA topology, mutations and Transcriptions and Translations and Gene expressions.

Course Outcome: Upon completion of the course, the student shall be able to,

- Explain the various structure and chemistry of DNA, RNA etc.
- Explain topology of DNA, organization of DNA in chromosomes
- Appreciate the importance and mechanism of mutations and their repar.
- Explain various mechanism of DNA replications and Transcription
- Appreciate the importance of gene expression.

### UNIT - I

# Introduction to Molecular biology

**Nucleic acids** - DNA and RNA structure and functions, DNA as genetic material. Griffth, Avery-McCarty-McLeod, Hershy- Chase, Franklin Conrat Experiments

**DNA Structure**: Chemistry of DNA, Forces stabilizing DNA structure, Helix parameters, Forms of DNA (A,B,C,D,T and Z), Watson – Crick and Hoogsteen base pairing, Physical Properties of ds DNA (UV absorption spectra Denaturation and renaturation), Chemical that react with DNA.

# **UNIT - II**

**DNA topology**: DNA supercoiling, Supercoiled form of DNA, Superhelical density, Energetic of supercoiled DNA, Biology of supercoiled DNA (Topological domain of DNA, DNA topoisomerases, Mechanisms of supercoiling in cells, mechanisms of action of topoisomerase I and II, effect of supercoiling on structure of DNA and role of supercoiling in gene expression and DNA replication).

**Organization of DNA into chromosomes**: Packaging of DNA and organization of chromosome in bacteria and eukaryotic cells; packaging of DNA in eukaryotic nucleosome and chromatin condensation assembly of nucleosomes upon replication. Chromatin modification and genome expression.

### **UNIT - III**

**Mutations-** molecular mechanism - types of DNA mutations and its significance. DNA repair - repair mechanisms - need of DNA repairs, DNA recombination – molecular mechanism of recombination-relationship between repair and recombination, SOS mechanism. Proteins and enzymes involved DNA repair and recombination.

**DNA – Protein Interactions**: General features interaction of Helix- turn Helix motif, B sheet, Zn-DNA binding domain etc with DNA.

### UNIT - IV

**DNA Replication**: Mechanism of DNA polymerase catalyzed synthesis of DNA, types of DNA polymerases in bacteria and their role. Initiation of chromosomal DNA replication and its regulation in prokaryotes assembly of replisome and progress of replication fork, termination of replication. Types and function of eukaryotic DNA polymerases initiation of replication in eukaryotes, role of telomerases in replication of eukaryotic chromosomes. Inhibitor of DNA replication (Blocking precursor synthesis nucleotide polymerization, altering DNA structure).

**Transcription**: RNA polymerases, features of prokaryotic and eukaryotic promoters. Strong and weak promoters. Assembly of transcription initiation complex in prokaryotes and eukaryotes and its



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regulation; synthesis and processing of prokaryotic and eukaryotic transcripts. Transport of RNA within eukaryotic cell. Regulatory elements of genes-promoters. Fate of mRNA.

### UNIT 5

**Translation- Synthesis and Processing of Proteome**: Structure and role of tRNA in protein synthesis, ribosome structure, basic feature of genetic code and its deciphering, translation (initiation, elongation and termination in detail in prokaryotes as well as eukaryotes), Post translational processing of protein (protein folding, processing by proteolytic cleavage, processing by chemical modification, inteins). Protein degradation.

**Regulation of Gene expression in prokaryotes and eukaryotes**: Positive and negative regulation. lac-, ara-, his- and trp- operon regulation; antitermination, global regulatory responses; Regulation of gene expression in eukaryotes: Transcriptional, translational and processing level control mechanisms.

**DNA-** transposable elements- types of transposable elements, its importance in variation and evolution. Possible origin of virus, Oncogenes.

### **REFERENCES:**

- Cell & Molecular Biology: Cell and Molecular Biology: Concepts and Experiments, Gerald Karp, John Wiley, NY
- 2. Molecular Cell Biology, H.S. Bramrah, Anmol Publications Pvt. Ltd., New Delhi
- 3. Advanced Molecular Biology, H.S. Bhamrah Viva Books, Pvt. Ltd., New Delhi
- 4. Plant Biochemistry and Molecular Biology, Hans Walter Held, Oxford, NY
- 5. Molecular Biology of the Gene, Watson, Baker, Bell, Gann Levine, Losick, Pearson Education Pvt. Ltd., New Delhi
- 6. Essential Molecular Biology: A Practical Approach, TA Brown, Oxford





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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

## PRINCIPLES OF TOXICOLOGY (Professional Elective - II)

**Course Objective:** The subject imparts basic knowledge of toxicology. This information will make the student Competent in various toxicologies of liver, neuro, kidney etc

Course Outcome: Upon completion of the course, the student shall be able to,

- Explain the various toxicologies
- Explain various toxicologies of lungs, liver, gentic etc
- Appreciate the importance and mechanism of skin and reproductive toxicology
- · Explain various mechanisms and affects of pesticides

# **UNIT - I - Introduction to General Toxicology:**

History of toxicology, classification of toxicology, toxicants exposure, routes exposure and exposure characterization. animal and plant toxins, mechanisms of toxicity, toxicokinetics, biotransformation of xenobiotics.

### **UNIT - II**

Toxicology of the liver, Toxicology of the Lung, Chemical Carcinogenesis & Genetic Toxicology

#### UNIT - III

Neurotoxicology, Cardiovascular Toxicology, Molecular Toxicology & Toxicogenomics, Immunotoxicology, Toxicology of the Kidney

## **UNIT - IV**

Toxicology of the Intestine, Toxicology of the Skin, Reproductive Toxicology & Teratology, Risk Assessment

### **UNIT - V**

Nanotoxicology, Ecotoxicology, Toxicology of Metals, Analytical/Forensic Toxicology, Toxic Effects of Pesticides, Pesticide Regulation at EPA

## **REFERENCE BOOKS:**

- 1. Casarett & Doull's Essentials of Toxicology by Curtis D. Klaassen, John B. Watkins
- 2. Principles of Toxicology by Karen Stine, Thomas M. Brown
- 3. Text Book of Pathology by Harsh Mohan



# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

### RESEARCH METHODOLOGY AND IPR

# **Course Objectives:**

- To understand the research problem
- To know the literature studies, plagiarism and ethics
- To get the knowledge about technical writing
- To analyze the nature of intellectual property rights and new developments
- To know the patent rights

### Course Outcomes: At the end of this course, students will be able to

- Understand research problem formulation.
- Analyze research related information
- Follow research ethics
- Understand that today's world is controlled by Computer, Information Technology, but tomorrow world will be ruled by ideas, concept, and creativity.
- Understanding that when IPR would take such important place in growth of individuals & nation, it is needless to emphasis the need of information about Intellectual Property Right to be promoted among students in general & engineering in particular.
- Understand that IPR protection provides an incentive to inventors for further research work and investment in R & D, which leads to creation of new and better products, and in turn brings about, economic growth and social benefits.

## UNIT - I

Meaning of research problem, Sources of research problem, Criteria Characteristics of a good research problem, Errors in selecting a research problem, Scope and objectives of research problem.

Approaches of investigation of solutions for research problem, data collection, analysis, interpretation, Necessary instrumentations

# **UNIT - II**

Effective literature studies approaches, analysis, Plagiarism, Research ethics

# **UNIT - III**

Effective technical writing, how to write report, Paper Developing a Research Proposal, Format of research proposal, a presentation and assessment by a review committee

### **UNIT - IV**

Nature of Intellectual Property: Patents, Designs, Trade and Copyright. Process of Patenting and Development: technological research, innovation, patenting, development. International Scenario: International cooperation on Intellectual Property. Procedure for grants of patents, Patenting under PCT.

# UNIT-V:

Patent Rights: Scope of Patent Rights. Licensing and transfer of technology. Patent information and databases. Geographical Indications. New Developments in IPR: Administration of Patent System. New developments in IPR; IPR of Biological Systems, Computer Software etc. Traditional knowledge Case Studies, IPR and IITs.



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# **TEXT BOOKS:**

- 1. Stuart Melville and Wayne Goddard, "Research methodology: an introduction for science &engineering students"
- 2. Wayne Goddard and Stuart Melville, "Research Methodology: An Introduction"

### **REFERENCES:**

- 1. Ranjit Kumar, 2nd Edition, "Research Methodology: A Step by Step Guide for beginners"
- 2. Halbert, "Resisting Intellectual Property", Taylor & Francis Ltd ,2007.
- 3. Mayall, "Industrial Design", McGraw Hill, 1992.
- 4. Niebel, "Product Design", McGraw Hill, 1974.
- 5. Asimov, "Introduction to Design", Prentice Hall, 1962.
- 6. Robert P. Merges, Peter S. Menell, Mark A. Lemley, "Intellectual Property in New Technological Age", 2016.
- 7. T. Ramappa, "Intellectual Property Rights Under WTO", S. Chand, 2008

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R19 M.PHARM PHARMACOLOGY

# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

### ADVANDED PHARMACOLOGY - I LAB (Lab - I)

### List of experiments

### Handling of laboratory animals.

- 1. Various routes of drug administration.
- 2. Study of techniques of blood sampling, anesthesia and euthanasia of experimental animals.
- 3. To record the dose response curve of Ach using isolated ileum/rectus abdominis muscle preparation.
- 4. To carry out bioassay of Ach using isolated ileum/rectus abdominis muscle preparation by interpolation method.
- 5. To carry out bioassay of Ach using isolated ileum/rectus abdominis muscle preparation by three point method.
- 6. To carry out bioassay of Ach using isolated ileum/rectus abdominis muscle preparation by four point method.
- 7. Estimation of pA2 value on isolated tissues
- 8. Bioassay of 5-HT using rat fundus strip
- 9. Bioassay of oxytocin using rat uterus

### **REFERENCES:**

- 1. CPCSEA, OECD, ICH, USFDA, Schedule Y, EPA guidelines,
- 2. Fundamentals of experimental Pharmacology by M. N. Ghosh
- 3. Handbook of Experimental Pharmacology by S.K. Kulkarni.
- 4. Drug discovery and Evaluation by Vogel H.G.
- Practical Manual of Experimental and Clinical Pharmacology by Bikash Medhi (Author), Ajay Prakash (Author) Jaypee brothers' medical publishers Pvt. Ltd







# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm I Year I Sem (Pharmacology)

# CLINICAL PHARMACOLOGY AND PHARMACOTHERAPEUTICS LAB (Lab - II)

The students are required to be collect Prescriptions and of clinical details of different patients for their exposure with therapeutic management and other clinical aspects. They are expected to have experience and do a case presentation in the following clinical conditions. The students have to make at least 5 case presentations covering most common diseases. The student should also submit a record of the cases presented. The list of clinical cases presented should include follow-up of the clinical cases mentioned below from the day of admission till discharge and presented in the SOAP (Subjective, Objective, Assessment and Plan) format.

- I. The cases may be selected from the following diseases:
  - 1. Neurology& Psychiatry
  - 2. Oncology
  - 3. Infectious Diseases & Immunology
  - 4. Gynecologic & Obstetric Disorders/ Ophthalmology
  - Cardiology
  - 6. Dermatology
  - 7. Endocrinology
- II. Rational use of medicines in special population (three)
- III. Calculation of Bioavailability and Bioequivalence from the given data (two)
- IV. Interpretation of Therapeutic Drug Monitoring reports of a given patient (three)
- V. Calculation of various Pharmacoeconomic outcome analysis for the given data (two)

### **Assignments**

The students are required to submit a minimum of three written assignments (1500 to 2000 words) selected from the topics on different disease conditions given to them. The students are required to discuss both the clinical and therapeutic aspects in the same.







# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm (Pharmacology)

## **ENGLISH FOR RESEARCH PAPER WRITING (Audit Course - I & II)**

Prerequisite: None

### Course objectives: Students will be able to:

- Understand that how to improve your writing skills and level of readability
- Learn about what to write in each section
- Understand the skills needed when writing a Title Ensure the good quality of paper at very first-time submission

#### UNIT-I:

Planning and Preparation, Word Order, Breaking up long sentences, Structuring Paragraphs and Sentences, Being Concise and Removing Redundancy, Avoiding Ambiguity and Vagueness

#### **UNIT-II:**

Clarifying Who Did What, Highlighting Your Findings, Hedging and Criticizing, Paraphrasing and Plagiarism, Sections of a Paper, Abstracts. Introduction

### UNIT-III:

Review of the Literature, Methods, Results, Discussion, Conclusions, The Final Check.

### **UNIT-IV:**

key skills are needed when writing a Title, key skills are needed when writing an Abstract, key skills are needed when writing an Introduction, skills needed when writing a Review of the Literature,

### UNIT-V:

skills are needed when writing the Methods, skills needed when writing the Results, skills are needed when writing the Discussion, skills are needed when writing the Conclusions. useful phrases, how to ensure paper is as good as it could possibly be the first- time submission

### **TEXT BOOKS/ REFERENCES:**

- 1. Goldbort R (2006) Writing for Science, Yale University Press (available on Google Books)
- 2. Day R (2006) How to Write and Publish a Scientific Paper, Cambridge University Press
- 3. Highman N (1998), Handbook of Writing for the Mathematical Sciences, SIAM. Highman's book.
- 4. Adrian Wallwork, English for Writing Research Papers, Springer New York Dordrecht Heidelberg London, 2011







# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm (Pharmacology)

# **DISASTER MANAGEMENT (Audit Course - I & II)**

Prerequisite: None

### Course Objectives: Students will be able to

- learn to demonstrate a critical understanding of key concepts in disaster risk reduction and humanitarian response.
- critically evaluate disaster risk reduction and humanitarian response policy and practice from multiple perspectives.
- develop an understanding of standards of humanitarian response and practical relevance in specific types of disasters and conflict situations.
- critically understand the strengths and weaknesses of disaster management approaches,
- planning and programming in different countries, particularly their home country or the countries they work in

### UNIT-I:

#### Introduction:

Disaster: Definition, Factors and Significance; Difference Between Hazard and Disaster; Natural and Manmade Disasters: Difference, Nature, Types and Magnitude.

### **Disaster Prone Areas in India:**

Study of Seismic Zones; Areas Prone to Floods and Droughts, Landslides and Avalanches; Areas Prone to Cyclonic and Coastal Hazards with Special Reference to Tsunami; Post-Disaster Diseases and Epidemics

## **UNIT-II:**

# Repercussions of Disasters and Hazards:

Economic Damage, Loss of Human and Animal Life, Destruction of Ecosystem. Natural Disasters: Earthquakes, Volcanisms, Cyclones, Tsunamis, Floods, Droughts and Famines, Landslides and Avalanches, Man-made disaster: Nuclear Reactor Meltdown, Industrial Accidents, Oil Slicks and Spills, Outbreaks of Disease and Epidemics, War and Conflicts.

## **UNIT-III:**

## **Disaster Preparedness and Management:**

Preparedness: Monitoring of Phenomena Triggering A Disaster or Hazard; Evaluation of Risk: Application of Remote Sensing, Data from Meteorological and Other Agencies, Media Reports: Governmental and Community Preparedness.

### **UNIT-IV:**

### Risk Assessment Disaster Risk:

Concept and Elements, Disaster Risk Reduction, Global and National Disaster Risk Situation. Techniques of Risk Assessment, Global Co-Operation in Risk Assessment and Warning, People's Participation in Risk Assessment. Strategies for Survival.

# UNIT-V:

## **Disaster Mitigation:**

Meaning, Concept and Strategies of Disaster Mitigation, Emerging Trends In Mitigation. Structural Mitigation and Non-Structural Mitigation, Programs of Disaster Mitigation in India.



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# **TEXT BOOKS/ REFERENCES:**

- 1. R. Nishith, Singh AK, "Disaster Management in India: Perspectives, issues and strategies "New Royal book Company.
- 2. Sahni, Pardeep Et. Al. (Eds.)," Disaster Mitigation Experiences and Reflections", Prentice Hall of India, New Delhi.
- 3. Goel S. L., Disaster Administration and Management Text and Case Studies", Deep &Deep Publication Pvt. Ltd., New Delhi.

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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm (Pharmacology)

## SANSKRIT FOR TECHNICAL KNOWLEDGE (Audit Course - I & II)

Prerequisite: None

### **Course Objectives:**

- To get a working knowledge in illustrious Sanskrit, the scientific language in the world
- Learning of Sanskrit to improve brain functioning
- Learning of Sanskrit to develop the logic in mathematics, science & other subjects enhancing the memory power
- The engineering scholars equipped with Sanskrit will be able to explore the huge knowledge from ancient literature

### Course Outcomes: Students will be able to

- Understanding basic Sanskrit language
- Ancient Sanskrit literature about science & technology can be understood
- Being a logical language will help to develop logic in students

### UNIT-I:

Alphabets in Sanskrit,

### **UNIT-II:**

Past/Present/Future Tense, Simple Sentences

### **UNIT-III:**

Order, Introduction of roots,

### UNIT-IV:

Technical information about Sanskrit Literature

### UNIT-V:

Technical concepts of Engineering-Electrical, Mechanical, Architecture, Mathematics

### **TEXT BOOKS/ REFERENCES:**

- 1. "Abhyaspustakam" Dr. Vishwas, Samskrita-Bharti Publication, New Delhi
- 2. "Teach Yourself Sanskrit" Prathama Deeksha-Vempati Kutumbshastri, Rashtriya Sanskrit Sansthanam, New Delhi Publication
- 3. "India's Glorious Scientific Tradition" Suresh Soni, Ocean books (P) Ltd., New Delhi.







# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm (Pharmacology)

# **VALUE EDUCATION (Audit Course - I & II)**

Prerequisite: None

### Course Objectives: Students will be able to

- Understand value of education and self- development
- Imbibe good values in students
- · Let the should know about the importance of character

#### **Course outcomes:** Students will be able to

- Knowledge of self-development
- Learn the importance of Human values
- Developing the overall personality

### UNIT-I:

Values and self-development –Social values and individual attitudes. Work ethics, Indian vision of humanism. Moral and non- moral valuation. Standards and principles. Value judgements

### **UNIT-II:**

Importance of cultivation of values. Sense of duty. Devotion, Self-reliance. Confidence, Concentration. Truthfulness, Cleanliness. Honesty, Humanity. Power of faith, National Unity. Patriotism. Love for nature, Discipline

### UNIT-III:

Personality and Behavior Development - Soul and Scientific attitude. Positive Thinking. Integrity and discipline, Punctuality, Love and Kindness.

### **UNIT-IV:**

Avoid fault Thinking. Free from anger, Dignity of labour. Universal brotherhood and religious tolerance. True friendship. Happiness Vs suffering, love for truth. Aware of self-destructive habits. Association and Cooperation. Doing best for saving nature

### UNIT-V:

Character and Competence –Holy books vs Blind faith. Self-management and Good health. Science of reincarnation, Equality, Nonviolence, Humility, Role of Women. All religions and same message. Mind your Mind, Self-control. Honesty, Studying effectively

### **TEXT BOOKS/ REFERENCES:**

1. Chakroborty, S.K. "Values and Ethics for organizations Theory and practice", Oxford University Press, New Delhi



# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm (Pharmacology)

# **CONSTITUTION OF INDIA (Audit Course - I & II)**

Prerequisite: None

### Course Objectives: Students will be able to:

- Understand the premises informing the twin themes of liberty and freedom from a civil rights perspective.
- To address the growth of Indian opinion regarding modern Indian intellectuals' constitutional role and entitlement to civil and economic rights as well as the emergence of nationhood in the early years of Indian nationalism.
- To address the role of socialism in India after the commencement of the Bolshevik Revolution in 1917 and its impact on the initial drafting of the Indian Constitution.

### Course Outcomes: Students will be able to:

- Discuss the growth of the demand for civil rights in India for the bulk of Indians before the arrival of Gandhi in Indian politics.
- Discuss the intellectual origins of the framework of argument that informed the conceptualization of social reforms leading to revolution in India.
- Discuss the circumstances surrounding the foundation of the Congress Socialist Party [CSP]
  under the leadership of Jawaharlal Nehru and the eventual failure of the proposal of direct
  elections through adult suffrage in the Indian Constitution.
- Discuss the passage of the Hindu Code Bill of 1956.

### UNIT-I:

**History of Making of the Indian Constitution:** History Drafting Committee, (Composition & Working), **Philosophy of the Indian Constitution:** Preamble, Salient Features.

### UNIT-II:

**Contours of Constitutional Rights & Duties:** Fundamental Rights Right to Equality, Right to Freedom, Right against Exploitation, Right to Freedom of Religion, Cultural and Educational Rights, Right to Constitutional Remedies, Directive Principles of State Policy, Fundamental Duties.

### **UNIT-III:**

**Organs of Governance:** Parliament, Composition, Qualifications and Disqualifications, Powers and Functions, Executive, President, Governor, Council of Ministers, Judiciary, Appointment and Transfer of Judges, Qualification, Powers and Functions.

# UNIT-IV:

**Local Administration:** District's Administration head: Role and Importance, Municipalities: Introduction, Mayor and role of Elected Representative, CEO of Municipal Corporation. Pachayati raj: Introduction, PRI: Zila Pachayat. Elected officials and their roles, CEO Zila Pachayat: Position and role. Block level: Organizational Hierarchy (Different departments), Village level: Role of Elected and Appointed officials, Importance of grass root democracy.

### UNIT-V:

**Election Commission:** Election Commission: Role and Functioning. Chief Election Commissioner and Election Commissioners. State Election Commission: Role and Functioning. Institute and Bodies for the welfare of SC/ST/OBC and women.



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# **TEXT BOOKS/ REFERENCES:**

- 1. The Constitution of India, 1950 (Bare Act), Government Publication.
- 2. Dr. S. N. Busi, Dr. B. R. Ambedkar framing of Indian Constitution, 1st Edition, 2015.
- 3. M. P. Jain, Indian Constitution Law, 7th Edn., Lexis Nexis, 2014.
- 4. D.D. Basu, Introduction to the Constitution of India, Lexis Nexis, 2015.

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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm (Pharmacology)

# PEDAGOGY STUDIES (Audit Course - I & II)

Prerequisite: None

## Course Objectives: Students will be able to:

- Review existing evidence on the review topic to inform programme design and policy making undertaken by the DfID, other agencies and researchers.
- Identify critical evidence gaps to guide the development.

### Course Outcomes: Students will be able to understand:

- What pedagogical practices are being used by teachers in formal and informal classrooms in developing countries?
- What is the evidence on the effectiveness of these pedagogical practices, in what conditions, and with what population of learners?
- How can teacher education (curriculum and practicum) and the school curriculum and guidance materials best support effective pedagogy?

#### UNIT-I:

**Introduction and Methodology:** Aims and rationale, Policy background, Conceptual framework and terminology Theories of learning, Curriculum, Teacher education. Conceptual framework, Research questions. Overview of methodology and Searching.

# **UNIT-II:**

**Thematic overview:** Pedagogical practices are being used by teachers in formal and informal classrooms in developing countries. Curriculum, Teacher education.

### **UNIT-III:**

Evidence on the effectiveness of pedagogical practices, Methodology for the indepth stage: quality assessment of included studies. How can teacher education (curriculum and practicum) and the scho curriculum and guidance materials best support effective pedagogy? Theory of change. Strength and nature of the body of evidence for effective pedagogical practices. Pedagogic theory and pedagogical approaches. Teachers' attitudes and beliefs and Pedagogic strategies.

# **UNIT-IV:**

**Professional development:** alignment with classroom practices and follow-up support, Peer support, Support from the head teacher and the community. Curriculum and assessment, Barriers to learning: limited resources and large class sizes

### UNIT-V:

**Research gaps and future directions:** Research design, Contexts, Pedagogy, Teacher education, Curriculum and assessment, Dissemination and research impact.

# **TEXT BOOKS/ REFERENCES:**

- 1. Ackers J, Hardman F (2001) Classroom interaction in Kenyan primary schools, Compare, 31 (2): 245-261.
- 2. Agrawal M (2004) Curricular reform in schools: The importance of evaluation, Journal of Curriculum Studies, 36 (3): 361-379.



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- 3. Akyeampong K (2003) Teacher training in Ghana does it count? Multi-site teacher education research project (MUSTER) country report 1. London: DFID.
- 4. Akyeampong K, Lussier K, Pryor J, Westbrook J (2013) Improving teaching and learning of basic maths and reading in Africa: Does teacher preparation count? International Journal Educational Development, 33 (3): 272–282.
- 5. Alexander RJ (2001) Culture and pedagogy: International comparisons in primary education. Oxford and Boston: Blackwell.
- 6. Chavan M (2003) Read India: A mass scale, rapid, 'learning to read' campaign.
- 7. www.pratham.org/images/resource%20working%20paper%202.pdf.

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# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm (Pharmacology)

# STRESS MANAGEMENT BY YOGA (Audit Course - I & II)

Prerequisite: None

### **Course Objectives:**

- To achieve overall health of body and mind
- To overcome stress

### Course Outcomes: Students will be able to:

- Develop healthy mind in a healthy body thus improving social health also
- Improve efficiency

### UNIT-I:

Definitions of Eight parts of yog. (Ashtanga)

### **UNIT-II:**

Yam and Niyam.

## UNIT-III:

Do's and Don't's in life.

- i) Ahinsa, satya, astheya, bramhacharya and aparigraha
- ii) Shaucha, santosh, tapa, swadhyay, ishwarpranidhan

# **UNIT-IV:**

Asan and Pranayam

# UNIT-V:

- i) Various yog poses and their benefits for mind & body
- ii) Regularization of breathing techniques and its effects-Types of pranayam

### **TEXT BOOKS/ REFERENCES:**

- 1. 'Yogic Asanas for Group Tarining-Part-I": Janardan Swami Yogabhyasi Mandal, Nagpur
- 2. "Rajayoga or conquering the Internal Nature" by Swami Vivekananda, Advaita Ashrama (Publication Department), Kolkata



# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M.Pharm (Pharmacology)

# PERSONALITY DEVELOPMENT THROUGH LIFE ENLIGHTENMENT SKILLS (Audit Course - I & II)

# Prerequisite: None Course Objectives:

- To learn to achieve the highest goal happily
- To become a person with stable mind, pleasing personality and determination
- To awaken wisdom in students

### Course Outcomes: Students will be able to

- Study of Shrimad-Bhagwad-Geeta will help the student in developing his personality and achieve the highest goal in life
- The person who has studied Geeta will lead the nation and mankind to peace and prosperity
- Study of Neetishatakam will help in developing versatile personality of students

### UNIT-I:

Neetisatakam-Holistic development of personality

- Verses- 19,20,21,22 (wisdom)
- Verses- 29,31,32 (pride & heroism)
- Verses- 26,28,63,65 (virtue)

### UNIT-II:

Neetisatakam-Holistic development of personality

- Verses- 52,53,59 (dont's)
- Verses- 71,73,75,78 (do's)

### UNIT-III:

Approach to day to day work and duties.

- Shrimad Bhagwad Geeta: Chapter 2-Verses 41, 47,48.
- Chapter 3-Verses 13, 21, 27, 35, Chapter 6-Verses 5,13,17, 23, 35,
- Chapter 18-Verses 45, 46, 48.

# UNIT-IV:

Statements of basic knowledge.

- Shrimad Bhagwad Geeta: Chapter2-Verses 56, 62, 68
- Chapter 12 -Verses 13, 14, 15, 16,17, 18
- Personality of Role model. Shrimad Bhagwad Geeta:

## UNIT-V:

- Chapter2-Verses 17, Chapter 3-Verses 36,37,42,
- Chapter 4-Verses 18, 38,39
- Chapter18 Verses 37,38,63

## **TEXT BOOKS/ REFERENCES:**

- 1. "Srimad Bhagavad Gita" by Swami Swarupananda Advaita Ashram (Publication Department), Kolkata.
- 2. Bhartrihari's Three Satakam (Niti-sringar-vairagya) by P.Gopinath, Rashtriya Sanskrit Sansthanam, New Delhi.