

**MARCH 2009****[KU 421]****Sub. Code: 2328****M.Sc (Nursing ) DEGREE EXAMINATION****First Year****(Regulations for candidates admitted from 2008-2009 Session onwards)****Paper IV – CLINICAL SPECIALITY - 1****Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING*****Q.P. Code : 302328*****Time : Three hours****Maximum : 75 marks****Answer All questions.****I. Essays:****(2 x 20=40)**

1. Define stress. Explain psychological adaptation to stress. Discuss nurse's role in the management of stress.
2. Discuss briefly normal reaction and problems related to pregnancy and puerperium. How do you manage these problems? Write a note on premarital counseling.

**II. Write Short Notes on :****(7 x 5 = 35)**

1. Mental Health and Mental illness.
2. Neuro psychiatric disorders.
3. Cognitive development theory.
4. Assertive training.
5. Components of self concepts and its manifestations in low self- esteem.
6. Mental status examination.
7. Electro convulsive therapy.

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