

**MARCH 2010****[KW 421]****Sub. Code: 2328****M.Sc (Nursing) DEGREE EXAMINATION****First Year****(Regulations for candidates admitted from 2008-2009 Session onwards)****Paper IV – CLINICAL SPECIALITY – 1****Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING*****Q.P. Code : 302328*****Time : Three hours****Maximum : 75 marks****Answer All questions.****I. Essays:****(2 x 20=40)**

1. a) Define theory. (2)  
b) Enumerate the types of theory. (6)  
c) Explain the cognitive development theory in detail. (12)
2. a) Explain the normal reaction to conception, pregnancy and puerperium. (5)  
b) Problems related to conception, pregnancy and puerperium. (7)  
c) Counselling process in premarital, marital and genetic – write in detail. (8)

**II. Write Short Notes on :****(7 x 5 = 35)**

1. Occupational therapy.
2. Explain about the documentation process in problem - oriented recording and focus charting.
3. Effect of herbal medicine on mental health.
4. Psychoanalytic's theory - Freud's.
5. Standards of psychiatric nursing.
6. Explain the stress management.
7. Implications for nursing in psychobiology.

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