

[LA 421]

MAY 2012

Sub. Code: 2328

**M.Sc (Nursing) DEGREE EXAMINATION
FIRST YEAR****(Regulations for candidates admitted from 2008-2009 Session onwards)****PAPER IV – CLINICAL SPECIALITY – 1****BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING****Q.P. Code: 302328****Time: 3 hours
(180 Min)****Maximum: 100 marks****Answer ALL questions in the same order.****I. Elaborate on:****Pages Time Marks
(Max.) (Max.) (Max.)**

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| 1. Mr. Felix 30 years old admitted with the complaints of catatonic feature. Psychiatrist suggests physical treatment along with the neuroleptics. | | | |
| a) Define E.C.T. with historical perspectives. | 17 | 40 | 20 |
| b) What are the indication and contra indications? | | | |
| c) How E.C.T. works? Explain with side effects complications with nurse's role. | | | |
| 2. Discuss briefly normal reaction and problems related to pregnancy and puerperium. How do you manage these problems? Write a note on pre-marital counseling. | 17 | 40 | 20 |

II. Write notes on:

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| 1. Psycho-social development. | 4 | 10 | 6 |
| 2. Anxiolytic agents. | 4 | 10 | 6 |
| 3. Milieu therapy. | 4 | 10 | 6 |
| 4. Family therapy. | 4 | 10 | 6 |
| 5. Autonomic nervous system. | 4 | 10 | 6 |
| 6. Psychological adaptation to stress and management. | 4 | 10 | 6 |
| 7. Application of techniques that promote assertive behaviour. | 4 | 10 | 6 |
| 8. Psycho immunology and its implications for psychiatric illness. | 4 | 10 | 6 |
| 9. Application of appropriate alternative system of medicine in mental health problems. | 4 | 10 | 6 |
| 10. Nurses role in behavioural therapy. | 4 | 10 | 6 |
