

[LI 421] APRIL 2016 Sub. Code: 2328

M.Sc., (Nursing) DEGREE EXAMINATION (Regulations for candidates admitted from 2011-2012 Sessions onwards) FIRST YEAR PAPER IV – CLINICAL SPECIALITY – I BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three hours Maximum: 75 Marks

I. Elaborate on: $(2 \times 20 = 40)$

1. Define Stress. Brief on the concepts of Stress. Discuss in detail about Stress as a transaction between the individual and the Environment. Add a note on various Stress Management techniques.

2. Define Psychopharmacology. Enumerate the characteristics of an ideal Psychotropic Drug. Classify Psychopharmacological Drug. Explain in detail about Anti Psychotic Drugs. Add a note on the role of nurse in Psychopharmacological therapy.

II. Write notes on: $(7 \times 5 = 35)$

- 1. Standards of Psychiatric Nursing.
- 2. Circadian Rhythms.
- 3. Theory of Psychosocial development.
- 4. Therapeutic Communication.
- 5. Normal reactions of women to Pregnancy.
- 6. Guided imagery technique.
- 7. Group therapy.
