

[LM 421] MAY 2018 Sub. Code: 2328

M.Sc. (Nursing) DEGREE EXAMINATION (Regulations for candidates admitted from 2011-2012 Sessions onwards) FIRST YEAR PAPER IV – CLINICAL SPECIALITY – I BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three hours Maximum: 75 Marks

I. Elaborate on: $(2 \times 20 = 40)$

1. a) Define mental health and mental illness. Explain the factors influencing development of mental health.

- b) Rights of mentally ill.
- 2. a) Explain the normal reaction and problems related to pregnancy and puerperium. How do you manage the problems?
 - b) Write a note on genetic counselling.

II. Write notes on: $(7 \times 5 = 35)$

- 1. Psycho-immunology and its implications for psychiatric illness.
- 2. Cognitive development theory.
- 3. Manifestations of low self-esteem.
- 4. Critical pathway of care.
- 5. Individual therapy.
- 6. Mood stabilizer.
- 7. Yoga on mental health.
