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MICROBES IN HUMAN WELFARE

Microbes are diverse- protozoa, bacteria, fungi and microscopic plants viruses, viroids and also prions that are proteinaceous infectious agents. Bacteria and fungi can be grown on nutritive media to form colonies, which can be well by necked tubes and very useful in study of microorganisms.

Microbes in household products

a. Microorganisms like Lactobacillus and other commonly called lactic acid bacteria [LAB] grow in milk and convert it to curd. A small amount of curd added to fresh milk as inoculum or starter contain millions of LAB, which multiply at suitable temperature and convert milk into curd.

b. The dough is used for making foods such as dosa and idli is fermented by bacteria. The puffed-up appearance of dough is due to the production of CO₂ gas. The dough used for making bread is fermented using baker's yeast (*Saccharomyces cerevisiae*). Microbes are also used to ferment fish, Soyabean and mung bean shoots to make foods.

Microbes in industrial production

A number of products like beverages and antibiotics involve use of microbes. Production on large scale requires growing microbes in very large vessels called fermenters.

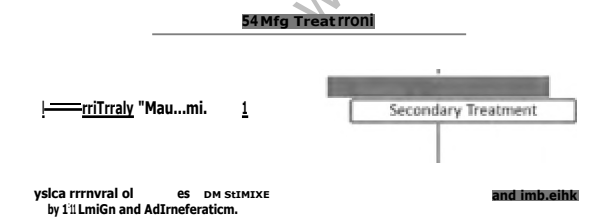
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(a) **Fermented Beverages**- yeast (*Saccharomyces cerevisiae*) is used for production of beverages like wine, beer, whisky and rum. Wine and beer are produced without distillation whereas whisky, brandy and rum are produced by distillation of the fermented broth.

(b) **Antibiotics**: they are chemical substances produced by some microbes and can kill or retard the growth of other microbes. Penicillin was first antibiotic to be discovered. Antibiotics have greatly improved our capacity to treat deadly diseases such as plague, whooping cough, diphtheria and leprosy.

(d) **Chemical, Enzymes and other bioactive Molecules** are commercially produced by microbes. *Aspergillus niger* (fungus) produce citric acid, *Acetobacter aceti* (bacteria) produce acetic acid and *Lactobacillus* (bacterium) produce lactic acid etc. Bioactive molecules like cyclosporine A that is used as an immunosuppressive agent in organ transplant patients is produced by fungus *Trochoderma reesei*.

Microbes in sewage treatment Municipal waste water [sewage], contains large amount of organic matter and microbes which are pathogenic and cannot be discharged into natural water bodies like rivers and streams. Sewage is treated in sewage treatment plant to make it less polluting by using heterotrophic microbes naturally present in sewage. Sewage treatment is done in two stages-



- in primary treatment, floating debris is removed by sequential filtration. grit (soil and small pebbles) are removed by sedimentation.
- Secondary treatment or biological treatment involves passing of primary effluents in large aeration tank to help the growth of aerobic microbes into flocs. These microbes increase the consumption of organic wastes and decrease the BOD (biological oxygen demand) of the effluents.
- BOD is the amount of oxygen that would be consumed if all the organic matter in one litre of water were oxidised by bacteria. It measures the amount of organic matter present in the water. Greater the BOD of water more it is polluted.
- Sludge is passed into large tanks called anaerobic sludge digesters in which anaerobic bacteria digest the bacteria and fungi in the sludge and produce mixture of gas called biogas, which is a mixture of methane, hydrogen sulphide and carbon dioxide.
- The effluents from the secondary treatment plant are released into the water bodies.

Microbial Production of Biogas

Biogas is a mixture of gases produced by the microbial activity that can be used as fuel. Certain bacteria that grow anaerobically on cellulosic material produce large amount of methane along with CO₂ and H₂. These bacteria are collectively called methanogens (Methanobacteria).

Biogas Plant – the excreta of cattle (gobar) is rich in methanogens bacteria and is used for generation of biogas also called as gobar gas.

- Biogas plant consists of a concrete tank in which bio-wastes are collected and slurry of dung is fed.
- A floating cover is placed over the tank that moves upward when gas is produced. The gas produced is removed and supplied through an outlet pipe for consumption.
- The spent slurry is removed through another outlet and used as fertilizer. Biogas plant is more often found in rural areas as large amount of cattle dung is available easily.

Microbes as Biocontrol agent

Biocontrol means use of biochemical method for controlling plant disease and pests. The chemical used as pesticides and insecticides are harmful to human beings and animals.

- Biological control of pests and disease is a method of controlling pest on natural predators rather than chemicals. The organic farmer creates a system where the pests are not eradicated but kept at manageable level by complex system of check and balance within the living and vibrant ecosystem. For example, the Ladybird and Dragonflies are used to get rid of aphids and mosquitoes respectively. On citrus and fruit trees, to control caterpillars bacteria *Bacillus thuringiensis* is used.

Biological control developed for use in the treatment of plant disease is the fungus *Trichoderma*. *Trichoderma* are free-living fungi that are very common in the root systems that control several plant pathogens.

Microbes as Biofertilizers

Biofertilizers are organisms that enrich the nutrient quality of the soil. The main sources include bacteria, fungi and cyanobacteria.

- The root nodule formed by Rhizobium bacteria on root of leguminous plants increase the nitrogen level of soil, necessary for various metabolic processes. Azotobacter and Spirillum are free living bacteria that live in soil and fix atmospheric nitrogen into organic forms.
- Symbiotic association of fungi with angiosperm plants (mycorrhiza) also increase the fertility of soil. Glomus form mycorrhiza that absorbs phosphorus from the soil and passes it to the plant. These microbes also provide benefits like resistance to root-borne pathogens, tolerance to salinity and drought.

Cyanobacteria (Anabaena, Nostoc, Anabaena), an autotrophic microbes found in aquatic and terrestrial environment fix atmospheric nitrogen. In paddy field this acts as important bio-fertiliser. Blue green algae also add organic matter to the soil and increase its fertility.