

First year B.Sc. Nursing (PC) Degree Examination – Feb/March 2011

**Time: Two Hours**

**Max. Marks: 35 Marks**

## **NUTRITION AND DIETETICS (RS-3 & RS-4)**

**Q.P. CODE: 1732**

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

**LONG ESSAYS (Answer any One)**

**1 x 10 = 10 Marks**

1. Discuss in detail the importance of Nutrition in Health
2. Discuss the balanced diet and dietary requirements for adolescent girls

**SHORT ESSAYS (Answer any Three)**

**3 x 5 = 15 Marks**

3. Composition of Breast milk & cow's milk
4. Therapeutic diet for the hepatic disorders
5. Prevention of Nutritional anemia
6. Methods of nutritional education for community

**SHORT ANSWERS**

**5 x 2 = 10 Marks**

7. Calorie requirements of toddler, preschooler and school age
8. Iodine deficiency disorders
9. Low cost protein rich food
10. Scurvy
11. PFA Act

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