

I Year B.Sc. Nursing (PC) Degree Examination – Sep 2012

Time: Two Hours

Max. Marks: 35 Marks

**NUTRITION AND DIETETICS
(RS-3 & RS-4)**

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) Define malnutrition (b) Explain the various methods of nutritional assessment
2. a) What are the fat soluble vitamins (b) Discuss the sources, functions and deficiency of vit 'A' & vit 'D'

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. High calorie diet
4. Methods of cooking
5. Factors affecting meal planning
6. Functions of protein

SHORT ANSWERS

5 x 2 = 10 Marks

7. Food adulteration
8. B M R
9. Weaning
10. Balanced diet
11. F A O
