

I Year B.Sc. Nursing (PC) Degree Examination – Feb / Mar 2012

**Time: Two Hours**

**Max. Marks: 35 Marks**

## **NUTRITION AND DIETETICS (RS-3 & RS-4)**

**Q.P. CODE: 1732**

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

### **LONG ESSAYS (Answer any One)**

**1 x 10 = 10 Marks**

1.      a) Define Community Nutrition  
         b) Explain the need for community nutrition programme
2.      a) What are the nutritional needs of a pregnant woman  
         b) Plan a menu for a patient with Diabetes

### **SHORT ESSAYS (Answer any Three)**

**3 x 5 = 15 Marks**

3.    Deficiencies of vitamins
4.    Body building food
5.    Under nutrition
6.    Planning diet for lactating mother

### **SHORT ANSWERS**

**5 x 2 = 10 Marks**

7.    Steaming
8.    Food preservation
9.    Vegetable soup
10.    Balanced diet
11.    Functions of Vit. B12

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