

I Year B.Sc. Nursing (PC) Degree Examination – April 2014

Time: Two Hours

Max. Marks: 35 Marks

**NUTRITION AND DIETETICS
(RS-3 & RS-4)**

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) What are the macronutrients (b) Discuss the etiology and management of protein energy malnutrition.
2. a) What is balanced diet (b) Discuss the steps in planning a diet for a pregnant women

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Diabetic diet
4. Nutritional problems in India
5. Food standards
6. Midday meal programme

SHORT ANSWERS

5 x 2 = 10 Marks

7. Poaching
8. Calorie
9. Fiber diet
10. Sources of calcium
11. Scurvy
