

I Year B.Sc. Nursing (PC) Degree Examination – September 2014

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS
(RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Discuss the Nutritional problems and explain the current national nutrition programmes
2. Define Balanced diet. Explain the components of Balanced Diet

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Discuss the routine hospital Diets
4. Food hygiene and its effects
5. Planning for a Balanced Diet
6. Micro & Macro nutrients

SHORT ANSWERS

5 x 2 = 10 Marks

7. Malnutrition
8. Dietary needs of a pregnant woman
9. Nutrition education
10. Supplementary feeding
11. Weaning
