

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – APRIL 2015

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS

(RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Define balanced diet. What factors do you consider while planning and plan a one day menu for a pregnant women?
2. a) Define Malnutrition.
b) List the causes for malnutrition.
c) Explain the methods to be followed for prevention of malnutrition.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Growth chart
4. Pasteurization of milk
5. Breast feeding and weaning
6. Integrated Child Development Scheme

SHORT ANSWERS

5 x 2 = 10 Marks

7. Whey Water
8. Basal Metabolic rate
9. Canning
10. Scurvy
11. Dietary sources of calcium
