

I Year B.Sc. Nursing (PC) Degree Examination – OCTOBER 2015

Time: Two Hours**Max. Marks: 35 Marks****NUTRITION AND DIETETICS**
(RS-3 & RS-4)**Q.P. CODE: 1732**Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary**LONG ESSAYS (Answer any One)****1 x 10 = 10 Marks**

1. a) Define food hygiene.
b) Explain the important method in food hygiene.
2. a) Explain the nutritional problems in India.
b) Discuss the nutritional programmes in detail.

SHORT ESSAYS (Answer any Three)**3 x 5 = 15 Marks**

3. Balanced diet for elderly
4. Supplementary feeding and weaning
5. Food standards
6. Nutritional status assessment

SHORT ANSWERS**5 x 2 = 10 Marks**

7. Micronutrients and macronutrients
8. Food additives
9. Colostrum
10. Rickets
11. Steaming
