

# Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PB) Degree Examination – APRIL - 2015

**Time: Three Hours**

**Max. Marks: 75 Marks**

## MENTAL HEALTH NURSING (RS-3 & RS-4)

**Q.P. CODE: 1743**

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

### LONG ESSAYS (Answer any Two)

**2 x 10 = 20 Marks**

1.
  - a) Define therapeutic communication
  - b) List the phases of therapeutic nurse patient relationship
  - c) List the therapeutic communication techniques with suitable examples (2+2+6)
2.
  - a) What is Obsessive Compulsive Neurosis?
  - b) List the clinical types of OCD
  - c) Explain the nursing management of client with OCD (2+2+6)
3.
  - a) List the different methods of treating a mentally ill client
  - b) What are the levels of preventing mental illness?
  - c) Explain role of a nurse in Preventive Psychiatry (2+3+5)

### SHORT ESSAYS (Answer any Seven)

**7 x 5 = 35 Marks**

4. Define Mental Health Team. Explain the function of each member.
5. Define Somatoform Disorders and explain the nursing management.
6. Briefly explain Process Recording and its importance.
7. Briefly describe how to conduct Mental Status Examination of a client?
8. Define alcohol dependence syndrome. Explain the clinical features of a client in Alcohol Withdrawal State?
9. Define dementia. Explain the stages of dementia.
10. Enlist the types of schizophrenia and explain in detail about paranoid schizophrenia.
11. Define ECT. Explain the management of patient during ECT.
12. Explain the nursing management of a client with suicidal tendency.

### SHORT ANSWERS

**10 x 2 = 20 Marks**

13. Neuroleptic Malignant Syndrome
14. List five symptoms of Mania
15. How will you calculate the intelligence of a mentally subnormal child?
16. Define anxiety
17. List the symptoms of severe depression
18. State five important side effects of Lithium
19. Differentiate echolalia and echopraxia
20. Define crisis
21. What is ADHD?
22. What is Detoxification in substance abuse?

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