

I Year B.Sc. Nursing (PC) Degree Examination – May 2016

**Time: Two Hours****Max. Marks: 35 Marks****NUTRITION AND DIETETICS**  
**(RS-3 & RS-4)****Q.P. CODE: 1732**

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

**LONG ESSAYS (Answer any One)****1 x 10 = 10 Marks**

1. Define diet therapy. Describe the therapeutic diet in renal disorders. Plan a therapeutic diet for a 60 year old lady admitted in the hospital with Chronic Renal failure. (2+4+4)
2. Explain the need the community nutrition programs. Discuss the methods of assessing nutritional status of individuals and groups in the community.

**SHORT ESSAYS (Answer any Three)****3 x 5 = 15 Marks**

3. Describe the factors to be considered in Menu Planning.
4. Explain the process of introducing Supplementary feeding in infants.
5. Describe the nutritional management of Kwashiorkor and Marasmus.
6. Explain the National Nutritional Anemia Control Program.

**SHORT ANSWERS****5 x 2 = 10 Marks**

7. Define food hygiene.
8. List the macronutrients.
9. Enumerate 4 signs of Vitamin D Deficiency.
10. List any 4 methods of nutrition education.
11. List the advantages of School Lunch Program.

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