

I Year B.Sc. Nursing (PC) Degree Examination – SEP 2016

Time: Two Hours

Max. Marks: 35 Marks

**NUTRITION AND DIETETICS (RS-3 & RS-4)****Q.P. CODE: 1732**

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

**LONG ESSAYS (Answer any One)****1 x 10 = 10 Marks**

1.
  - a) Define nutrition.
  - b) Explain the various methods of assessing nutritional status of individual and community. (2+8)
2.
  - a) Define weaning.
  - b) Discuss the points to be remembered while weaning.
  - c) Prepare a weaning schedule. (2+5+3)

**SHORT ESSAYS (Answer any Three)****3 x 5 = 15 Marks**

3. ICDS programme
4. Write the functions, requirements and deficiency of Vitamin-D.
5. Protein energy malnutrition.
6. Food adulteration and its prevention

**SHORT ANSWERS****5 x 2 = 10 Marks**

7. Micronutrients
8. Dehydration
9. Food hygiene
10. Grilling
11. Dietary sources of Calcium

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