

I Year B.Sc. Nursing (PC) Degree Examination – SEP 2016

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS (RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) Define nutrition.
b) Explain the various methods of assessing nutritional status of individual and community. (2+8)
2. a) Define weaning.
b) Discuss the points to be remembered while weaning.
c) Prepare a weaning schedule. (2+5+3)

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. ICDS programme
4. Write the functions, requirements and deficiency of Vitamin-D.
5. Protein energy malnutrition.
6. Food adulteration and its prevention

SHORT ANSWERS

5 x 2 = 10 Marks

7. Micronutrients
8. Dehydration
9. Food hygiene
10. Grilling
11. Dietary sources of Calcium

www.FirstRanker.com